



# *Poinciana Today*

## JUNE 2021

### **PRESIDENT'S LETTER**

by PAT SULLIVAN

Oh, the sweet smell of summer is upon us, plus 90-degree temperatures, humidity, and hurricane season. On the positive side, masks are no longer required when outside, around, or in our Clubhouse.

It has been wonderful seeing more people using the Clubhouse. Card rooms are filling up with people playing canasta, mahjong, and poker. The gym has several people working out each day, and when I'm in the office, I can hear ping pong balls bouncing--music to my ears. Bunco will also be starting up again. Let the dice roll! There are yoga and pilates classes, and chair yoga is now being offered. Don't forget we also have two tables in our Billiard Room.

There's not much news to report about the golf course. The Board is doing its best to find someone who can manage the golf course and bring the grounds back to their original beauty.

I'm sure many of you are planning trips for the summer to spend some much-needed time with family and friends. I am looking forward to family coming south for a visit. I can't wait to see everyone. Safe travels to all, and enjoy your time together.

Inside our newsletter, you will find the results of the survey we asked everyone to fill out. I have also included comments from those who responded. I sure it will make for interesting reading. Thank you to all who took the time to answer.

This is our last issue until October. Wishing everyone a cool and relaxing summer. Stay safe and be well.

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FROM THE EDITOR

by Joyce Graham

This has been a tough year for all of us. As we head into June and the summer months, we all have the opportunity to get out, see friends, travel, and breathe a little easier. We are ready to reenter the world – just a bit more cautiously than in the past.

When I took over the editorial position of this newsletter, I really didn't have an idea of what it entailed. I just knew that it had to be done, I had the time, and I knew it would be a learning curve. Well, it has. But it's also been a great pleasure to work with so many kind, talented people who give of their time to submit articles, pick up newsletters for their buildings, and be so conscientious in what they do.

Thank you to the twenty-two people who contribute to the newsletter – some writing multiple columns. I especially want to thank Toni Mirobelli, who writes the Essex column, and Poinciana Plates and who also contributes the Did You Know items and creates the Word Search. Thomas Leonard deserves a big thank you for offering to write the very interesting Florida Fun Facts articles and always submitting them well in advance of the deadline. Early on, I realized that I needed help proofreading each issue, and Jayne Papoosha and LA Glickman volunteered and have done an excellent job. A huge thank you to Pat Sullivan and Ted Suss who provide continuing support with all things having to do with Poinciana Today. I also want to thank Bob Wollins, who has offered to work with Pat Sullivan (who wears about a hundred hats) to find advertisers for the newsletter and design those ads, when necessary.

I have found that the job I took on because someone had to do it has expanded my world in so many positive ways, and for that, I am profoundly grateful.

Enjoy your summer. Be safe. Be kind.



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## Survey Results

Thank you to all who responded to the Survey. Ninety-two people answered the Survey. Some answered all the questions, while some answered a few.

Here are the results.

- 58 responders live here full time
- 13 three to four months
- 15 five to six months
- 4 six to eight months

**GOLF** - 49 responders play golf, and 19 of them belong to the golf clubs.

**TENNIS** - 27 play tennis

## CLUBHOUSE

- 15 come at least once a week
- 40 come between two and three times a week
- 36 come between four and five times a week

## MEL'S WAY BISTRO

75 have been to Mel's Way

### Monthly visits to Mel's Way Bistro

- 15 visit once a month
- 37 visit between two and three times a month
- 17 visit four times a month
- 19 visit five or more times a month

## BILLIARDS

A total of 16 people say they have been to the Billiard Room

- Visits went from three times a week, two times a week, and once a month

## PING PONG:

A total of 15 people have been to the Ping Pong Room

- 4 people come twice a week
- 3 people come two/three times a month

## LIBRARY

43 people have borrowed books from the Library

## GYM

30 people say they have been to the gym

- 13 visit once or twice a week
- 14 visit 3/4 times a week
- 4 visit 4/5 times a week

## Some people wrote comments on their responses:

- Would like to see more activities like afternoon bingo
- Stop putting money into the golf course
- Golf grounds are in terrible shape
- Horrified at the condition of the golf course
- Close the golf course
- Replace carpet in the card rooms; need new flooring and new carpet in the lobby
- Would like vegan options in Mel's Way
- Would like railing around the bar to assist in getting onto stools
- Loves movies in the afternoon; someone else wants movies at night
- Would like the card room to be open at night
- Furniture at the pool needs to be replaced

## Responses to the comments:

- We are working on the golf course.
- We have put new flooring in the gym, locker rooms, hallway, two offices outside the gym and replaced the carpet in the lobby. We will do more as soon as funds become available.
- Suggestions about Mel's Way have been passed to Melanie and Melyn.
- Tried movies at night, but no one showed up.
- Card rooms are open at night for any card games.
- We are in the process of getting new furniture and umbrellas for the pool.

## COP Unit 39

by Barbara Crespy



Welcome to the hot Florida days! Be sure to stay hydrated and carry water with you in your car. If you're thirsty, you're on your way to dehydration. Our Unit may be returning to active duty in August. We get updates every month. The goal of the Sheriff's office is to make sure we are safe. Always remember to keep your doors and cars locked, with nothing valuable sitting on the seats.

Take care and stay safe.

Lt. Barbara Crespy (215) 813-7053

Captain Jeff Marcus (321) 514-6535

Sgt Deb Lingenfelter (561) 335-9960

## THE AMBASSADOR by The Ladies of the Ambassador

Hope everyone had a wonderful Mother's Day! We are sad that our usual Memorial Day Parade was canceled. It had been a wonderful community effort to remember the men and women who served but are no longer with us.

On a positive note, we had a great turnout for our last barbecue. We celebrated three May birthdays and acknowledged all the birthdays we had not celebrated this past year. Our resident chef, Frank, has left the building! (Just for the summer.) We will start up again in October.

Our residents are again traveling and seeing our friends and families. Pat, Terri, and Carol took a short but memorable trip to Saint Augustine. Lynne has had friends visiting from New York for two weeks (or longer if the airlines are affected by the gas shortage). Annette is patiently waiting for another visit from her granddaughter.

Although our pool is down at the moment, we are lucky enough to be able to go to the main pool at the clubhouse. Now, if only the heat would cooperate. But this is just the beginning of our summer season, so we won't complain – just adjust!

We are saying goodbye to our long-time maintenance man Knolly who is retiring. We wish him the best of luck!

Lastly, please remember to get ready for hurricane season. Listen to the weather bulletins, purchase all the supplies you might need, and check on your neighbors. Wishing all of us a safe summer!



### DID YOU KNOW?

Eleven-year-old Frank Epperson invented Popsicles! Living in San Francisco in 1905, he left a cup of powder-flavored soda water with a stirring stick in it outside after a long day of playing. It froze overnight into a frozen treat. In 1923, he filed for a patent then marketed and sold the popular treat. The frozen confection was initially called "Eppsicles"; however, his children preferred calling them "Pop's Sicles," and that name stuck!

## BARCLAY BITS by Ina Baron

Happy Father's Day to all Fathers, Grandfathers, and Great Grandfathers. Happily this year you will be able to celebrate with your family.

Have you noticed clumps of lint when you empty your lint filter in your dryer? It is because the lint trap needs to be cleaned. It has to be done from the roof and by a professional company.

Condolences to Diane and Jared Matesky on the passing of their dog, Sammy. Welcome new dog, Milo.

Drivers are speeding on Via Poinciana and not stopping at the STOP sign by our Entrance and Exit. Please watch out for these irresponsible drivers. We were almost creamed the other day.

Please do not speed in our parking lot. Common courtesy remains in effect! There are disabled people possibly walking across to their car. SLOW DOWN.

You are missing out if you have not gone to the Special Brunches put on at Mel's. The food is really top-notch as well as the service.

Please remember to pick up masks and rubber gloves that fall out of your cars. Don't let the wind distribute under the hedges. It is unsightly. Thanks for your cooperation.

Have a great and relaxing summer. Stay cool and drink lots of water.

## ESSEX by Toni Mirobelli

Our building sparkles in the sunshine with its refreshed paint. Please help us keep our property looking pristine. Don't leave cigarette butts on the walkways or parking lot. Please put your empty drink containers in the trash dumpster, not in the bushes. If you drop something, please pick it up.

We have enjoyed several "grill nights" and will continue to do so as the weather permits. Watch the bulletin boards for announcements of future nights. Join us for a relaxing couple of hours!

Rainy season and hurricane season are upon us. Now is the time to prepare by making a plan and buying supplies.

The COPS unit is going to resume regular patrols around our community on August 1. Please take a moment and thank them for their volunteer service to protect our area when you see them.

Enjoy summer, be safe!

## CONDO 1 & 2

**Jamison, Kendall, Lenox, Margate,  
Norfolk, Oxford & Princeton.  
by Joy Finer**

June is busting out all over! We hope everyone is enjoying our beautiful weather. We could use a little more rain, but it will be coming. Now that hurricane season is upon us, please do your hurricane prep early. Do not leave things to the last minute.

It is so exciting that we are welcoming new residents to our community almost on a weekly basis. This means you may be hearing construction noises. Please be patient. This only means improvements to Poinciana 1 and 2. If you see a new neighbor, please welcome them to our community. We have so much to offer.

Please be aware of excess noise in your units. If you move furniture often, please put furniture pads on the legs of your pieces. If you have any heavy equipment in your unit, please consider using area rugs. These steps are a courtesy to your neighbors.

The concrete construction has begun on several buildings. Please be aware of construction areas and be careful while on catwalks and stairwells. Please move your cars when requested for your safety. Please check your bulletin boards for all notices. We thank you for your cooperation while we are in a construction mode.

Our association pool at 3663 Via Poinciana is open from sunrise to sunset every day. The Social Committee is planning next season. Send your favorite night or new suggestions to Joy Finer [finerj@bellsouth.net](mailto:finerj@bellsouth.net).

Please continue to recycle following all instructions NO plastic bags in yellow and blue bins.

Our website has been updated, and all pertinent information, required documents, reports, minutes, and updated information can be found by logging into it at [www.poinciana1and2.com](http://www.poinciana1and2.com). All residents are encouraged to join all Board Meetings from Poinciana 1 and 2 and our Community Board. Please check your emails and bulletin boards for details

If you suspect a violation of our Rules and Regulations, please contact the office by email. Please continue to lock your vehicles and set your alarms.

*Condo 1&2 continues top of next column*

If you see any suspicious behavior, please contact the Sheriff at 911 IMMEDIATELY no matter what time of day.

The Club House is open. Enjoy all the activities abiding by all rules. Please continue to support our Golf Course and Mel's Way Bistro. They are both open and adhering to CDC and Palm Beach County guidelines.

Wishing everyone a Happy Fathers Day



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 \*Emergency restoration service for water leaks





## Ladies Social Club By Jackie Rome

Poinciana Ladies Social Club "we are back". We have a new Executive Board as follows:

Jackie Rome – President  
Sandy Wolf – Vice President  
Barbara Crespy – Secretary  
Myrna Teitelbaum – Treasurer

We are busy planning an active season with something for everyone to enjoy. Watch the monthly Poinciana Today for the opening event in October 2021.

Dues have been waived for the current paid up members. All new members for the 2021/2022 season will remain at the \$20.00 membership fee.



## Poinciana Social Committee By Russ Donnelly

I am still looking for volunteers to assist in 2022 functions. I have heard from a few of you but I am looking for more.

Contact Russ Donnelly 561-963-8252  
or rdonn47@yahoo.com.



## by Ruth Cassel

If you like to paint, be crafty, or just hang out with "artists" and share ideas while listening to music, we get together on Mondays, between 1 PM and 5 PM, in the Community Room. Unfortunately, a few of our snowbirds have already left, so there's plenty of room.

Come by and see what we are doing. Everyone's welcome.

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## POINCIANA PLACE CONDOMINIUM 3 Inc.

by Ira Beckoff

Everybody sing-along:

"They paved paradise and put up a parking lot,  
Don't it always seem to go that you don't know  
what you've got till it's gone?"

They paved paradise and put up a parking lot."

Joni Mitchell

Birdie Drive isn't quite a parking lot, but it may as well be one. It took more than 35 years for the Oak trees, Areca palms, and other wandering plants to create our privacy barrier. The Lake Worth Water District has the right to clear the trees and palms that drop fronds or could fall into the canals during a storm. They showed up and pulverized our privacy tree line. Everybody has been asking, "How will we restore our landscaping?" The expense of the replacement landscaping project is not in the current budget. Owners are making suggestions regarding which plants to use and how to fund the project. Maybe our neighbors across Birdie Drive will chip in now that we can now look into their bedrooms. Condominium living means we share the ups and downs.

Tuesday, June 1st, is the start of the Atlantic hurricane season. It ends on Tuesday, November 30th, 2021. It is never too early to begin hurricane preparation. Publix prints a hurricane preparedness booklet every year. They are available free in the store, so keep an eye out for one. They list the basics and lots more information. Start stocking up on bottled water, non-perishable food, an emergency first aid kit, flashlights, batteries, body wipes, toilet paper, an alternate housing plan, and an emergency escape route. Don't forget to have your prescription medicines ready to travel with you. Let us all prepare together; that's condominium living.

As of this writing, we are still collecting money for the roof projects for Buildings A, B, and C. We need to complete the roof repairs before mid-September which is the most active time of the hurricane season. That is why we need all special assessment payments collected as quickly as possible. We all share the burden; that's condominium living.

Wearing Covid-19 masks began in the United States in April of 2020. As I am writing this column on May 14th, 2021, the CDC (Centers for Disease Control and Prevention)

*Poinciana Condominium 3 continues top next column*

announced that: "Americans who are fully vaccinated against the coronavirus may stop wearing masks or maintaining social distance in most indoor and outdoor settings, regardless of size. People can work and party without a mask if they are fully vaccinated".

Poinciana 3, let's begin planning barbecues, parties, food tastings, and social events. Poolside parties under the awning sound great. Let's make plans to get together and celebrate the return of good times; that's condominium living!

Taking a break until October, see you then!

## CARLISLE CHATTER

by Lynn Sands

Summer is here, and with it comes the start of Hurricane Season: June 1st to November 30th. The weather prediction is for above-normal activity, with sixteen to twenty storms, seven to ten hurricanes, with three to five as possible major ones. For those new owners not familiar with Florida hurricane season, you need to prepare supplies before hurricane alerts. Supplies quickly run out once a hurricane warning is in effect store lots of water, foods that require no cooking or refrigeration, flashlights, and batteries.

Carlisle is having a July 4th cookout celebration. Flyers and Signup Sheet are posted near the mailboxes. We'll be serving hot dogs, burgers, buns, cheese, onions, relish, pickles, potato salad, and dessert; all dressings included. The cost is \$10 per person. The deadline for monies is June 27th. Money should be given to Lynn Sands, #105.

Those of you planning on summer travel, continue to wear your face coverings and practice social distancing. We need you to come home safe!

"Poinciana Today" will not be published in the summer months. We will start up again in October.

As of October, each monthly edition of our column, "Carlisle Chatter," will list those Carlisle residents celebrating birthdays in that corresponding month. Summer birthdays will be mentioned in the October issue. For those who have not yet responded to our email request, if you email me your full name and birth month (birth year not to be included), I shall list you in your appropriate birthday month. Birthdays to be Emailed to: gipsee1@yahoo.com or stop by my condo #105.

Enjoy summer! More news to come in the Fall.

## THE DORCHESTER

by Marilyn Siegel

As everyone in our community now seems to have been vaccinated, life has joyfully begun to return to normal. Some of us holdouts have finally allowed ourselves to go out to restaurants. Many of us have enjoyed the reopening of the clubhouse. Hasn't it been great to get back to the gym and return to clubs that offer crafts, knitting, bingo, and cards? We hear the Bunco game is returning on a mid-June Thursday. The group at Talk Time hope you'll give their current events discussion a try on Tuesdays at 10:30 AM.

The most important part of the Dorchester is the people who are our friends and neighbors. The last of our snowbirds have headed north. Della Spadafora has chosen to move to a different town; her classy style and generous smile will be missed. At the same time, we welcome Jorge and Elvira Gonzalez as new owners.

In April, our Italian Covered Dish Luncheon went so well that we are now planning to have a good, old-fashioned July 4th BBQ. Stay tuned for the details. Since we can again have social get-togethers at the pool area, we can also have a Community Board Meeting. The meeting is being planned as this article goes to print. It will start with a "Coffee Social" and hopefully be well attended. Good-bye Zoom!

The Board would appreciate volunteers willing to help water flowers on the weekends or work on future social events. Just say the word!

Work around the building this past month included the Soft Power Wash, the replacement of the North Elevator hoistway and doors, and the installation of new flush hallway mount buttons on each floor. It looks good and is a pleasure to have the elevator working. Future work will most likely include the repair or replacement of some fire sprinkler relief valves and the replacement of some failed water flow devices and painted sprinkler heads. The long-awaited flowers to beautify the area are also scheduled to be planted very soon.

Happy Father's Day to all our Dads and Granddads. We also look forward to a Happy July 4th. Wishing everyone a good summer. Please remember to stay well!

## IMPERIAL 8 & 9

by Board of Directors

Hopefully, everyone had a great Memorial Day holiday with their families. Due to Covid-19, we could not have the beautiful parade that we hold each year to honor our Veterans. I'm sure we will be out in force next year. Meanwhile, we should fly our flags proudly and thank our veterans for all they have done and the freedoms that they have preserved for us.

Our Governor and the CDC have changed the rules regarding Covid. It is now clear that the masks will not be mandatory in many stores, etc. Most of us have had our vaccines and can live our lives once again. Therefore, the rules have been relaxed, and we certainly appreciate it.

We are in the process of making repairs to our pool and the surrounding area. We will happily open our pool again to all once these repairs have been completed.

We want to thank all those who followed the rules that were imposed by the CDC and helped keep our owners safe.

We know it was not easy, but we do want to thank you all. I'm sure we will all be happy to use our pool once again to enjoy ourselves with family and friends.

Hopefully, we will be able to continue our BBQs beginning in September. Our Board is planning a wonderful Meet and Greet for all our newcomers and for those of us who have made this our home.

We are still in the process of changing our bank, and all our accounts will be at Anchor Bank. We will notify each of you when this is to begin.

It's been a slow news month, but the Board is working diligently to finish projects and make sure our buildings are getting the attention they deserve after 40 years. As those of you who were homeowners know, maintaining your home is very important.

Building 9 had the joint expansion work completed. It certainly was a messy affair, and a special thanks to Brian and Elsa, who kept up with the cleaning and maintenance.

Please stay safe and healthy.  
Have a wonderful June.

## The Patio Homes by Ruth Ruttkay

The dog days of summer are soon to be here. It's already plenty hot. Just a reminder to water your lawns and if you see our landscaping crew, Carlos and Marcelino, offer them a cold drink of water. I know they would appreciate it.

Several of our residents are leaving for the north, and although they have taken home security precautions, it's always a good idea for all of us to be vigilant. If you see anything suspicious and your smartphone is nearby, take a picture and call the police. We have a great community, and we want to keep it safe.

Although there will be no Memorial Day at the clubhouse this year and no parade, remember our pool is open, and our grill is available every Wednesday.

WELCOME to Kani Nicodemus, a new owner, to our community. We hope to see you soon and hope you will be happy in your new home! This is a great place to live!

Don't forget to check out the website [www.poinciana.club](http://www.poinciana.club). Updates regarding the Clubhouse activities will be posted. There are many events at Mel's Way Bistro, and be sure to visit the Golf Club.

Best wishes to all for good health and safe summer!



## SIT AND STITCH by Joan Needle

We are continuing to do all sorts of needlework throughout the summer. We meet in the Terrace Room on the second floor of the Clubhouse every Wednesday from 1:00 PM to 3:00 PM.

Hope to see you there!

For further information call:  
Luanne at (561) 670-2334 or  
Joan at (561) 649-8960

## CSI Upcoming Events for June

Please note that Kara Martin will have office hours on the day of the events

**June 2nd- Mom's Meal 11:00am - 12:00pm**  
(Hospitality Room)

**June 11th- "Activate the Brain" 11:00am - 12:00pm**  
(Hospitality Room)

**June 15th- "Navigating the Medicare Maze"**  
Donuts & Coffee 11:00am - 12:00pm (Comm. Room)

**June 20th- Painting 10:00am - 11:00am** (Comm. Room)

**June 24th- Phone Scam Safety with PBSO**  
11:00am - 12:00pm (Community Room)

**June 25th- "Learn how to iPhone and Android"**  
11:00am - 12:00pm (Community Room)

**RSVP REQUIRED - CALL (561) 603-7712**

Located at 3536 Via Poinciana, Lake Worth FL 33467

## POINCIANA PLATES

by Toni Mirobelli

Butter beans? Lima beans? Dried lima beans? Large limas? Pocketbook beans? Mule ears? They are all varieties of lima beans. They can be green, speckled, white, cream-colored, dried, or fresh. Many people will say they don't like lima beans, but you can make delicious recipes with the large, cream-colored bean known as butter beans. Here's one to try for your summer meals

### BBQ Butter Beans

2 - 15 ounce cans butter beans  
¾ cup brown sugar  
½ cup ketchup  
½ onion, chopped  
Salt and pepper  
1 teaspoon Worcestershire sauce  
3 slices bacon, diced

Mix all ingredients (except bacon) in a bowl and put in greased casserole dish. Sprinkle the top with the diced bacon and bake uncovered at 350 degrees for 1 ½ hrs.

I double this recipe (and you will want to also!)  
Enjoy this dish hot, warm, or cold!

## POINCIANA PLACE TOWNHOMES

by Michael Reardon

A few years ago, if you talked about unmasking, you would probably be referring to the worse thing that could happen to Batman or the Lone Ranger. Today you are, of course, talking about the "post-covid" freedom to breath unhindered again. I cannot express my relief fully at putting my mask in my pocket and keeping it there as I go for my morning walk! Free, Free, Free at last! to paraphrase the words of Martin Luther King.

This week (May 15th), the CDC changed its guidance for fully vaccinated Americans, no longer recommending masks indoors or outdoors, including in crowds. CDC Director Rochelle Walensky announced, "If you are fully vaccinated, you can start doing things that you had stopped doing because of the pandemic. Anyone who is fully vaccinated can participate in indoor and outdoor activities, large or small, without wearing a mask or physical distancing." This past weekend I was able to hug my daughter and son, whom I had not seen in person in over a year! Yes, we Zoomed every week, but it just isn't the same. My son and his wife waited until we were all together to tell us they were expecting a baby. Woo-hoo! Pat and I are going to be grandparents for the first time!

We now feel we can safely go out for dinner or lunch. Everyone I talk to in our community report that they have had their Covid vaccination and are interested in getting out and about. Several owners are planning a Community Pool Party, and by the time this article is published, you may have already joined new and old friends at the pool to celebrate our new freedom. People are scheduling medical appointments that had been delayed and putting trips to destinations near and far on calendars. Simple things that felt unsafe pre-vaccination now feel possible, petting a neighbor's dog, sharing a conversation at the pool, stopping at Dunkin Donuts for a cup of coffee. If you are like me, there remains some hesitation I still carry my mask with me whenever I leave my home. After a year of constant warnings and tales from friends and neighbors of those who had been deathly sick or had passed, it seems that the "new normal" includes some caution. I may be certain that my vaccinations give me a level of immunity from Covid, but I don't know about you.

What is my obligation to keep others safe? What is the role of the HOA in safeguarding its members? I do not have a certain answer to these questions but feel that we are in this together, so we must find ways to support each other.

So, as I think about un-masking, I am reminded of an article I read recently that talked of all the masks we wear. The article suggests that most of us go through our entire lives wearing a series of masks. We have different masks for different purposes and occasions. The "perfect" mask of someone who is always strong, positive, and together; the professional mask for today's meeting; the expert mask that we put on when teaching or advising; the flexible and energetic one we put on when selling our ideas or our goods. Our masks become so comfortable we lose awareness that we are wearing them. We wear these masks to protect ourselves; we wish to be taken seriously; we want to hide our fears and weaknesses; we don't want others to know how we really feel.

The article stuck with me because I had read it the morning after a difficult HOA Board meeting. I had an insight where I realized that I felt like a duck in a pond: Appearing to all eyes calm and commanding on the surface while underneath, I was paddling like mad. My point is, I guess we could all benefit from taking off all of our masks and just breath.

Our next Board Meeting will be held virtually on the Zoom platform at 7 PM on June 8th, 2021. Among other issues, we will discuss the progress in replacing the hedge at the western end of our community. A link will be sent to all our residents that have given their permission to be contacted via email. If you are not currently receiving email announcements from the Board, you may sign up by going to our website: [www.pptha.org](http://www.pptha.org) and selecting "join our email notification list a."

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*Poinciana Place Townhomes continues top of next column*



## POINCIANA TENNIS by Kathy Graves

Our tennis play is pretty much down to year-round residents now, as the count has been dwindling since March. Most of our seasonal players have headed north, but a few lingered longer than usual this year. So now we have to appeal to all still here to come out faithfully to support at least two or more courts this summer even as it gets hotter.

We welcome new player Richard Lee of Imperial to our group.

Our stackable plastic sitting chairs have been cracking/breaking intermittently for some time now and then have to be discarded - our 20+ count is now down to eight chairs. So we will need to seriously be thinking of getting all new sturdy ones this fall.

I've decided to end each of our future articles with a tennis joke and start with this one. Of course, this is the last issue until October. So any of you tennis players who would like to submit a funny tennis joke to me, I'll hold on to them until the next publication.

In the meantime, we invite all Poinciana residents to join us on the courts for organized play on Mondays, Wednesdays, and Fridays at 8:00 AM.

**Today's joke:** How many tennis players does it take to change a light bulb?

**Answer:** None because they all say, "What do you mean it was out? It was in."

## Talk Time

by Joan Needle

Come join us as we discuss local, national and international events every Tuesday at 10:30 AM in the Hospitality Room in the Clubhouse lobby.

For further information, call Harvey at (561) 596-6769

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**SHERIFF'S OFFICE**  
RIC L. BRADSHAW, SHERIFF



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Prime Rib Special  
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Fish fry & shrimp dinner  
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\$5 martini menu



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\$3 beer \$4 wine \$4 house cocktails  
Crabcake Dinner \$22

Dance to music by:  
June 3 rd This is Us  
June 10th Leiza Michaels  
June 17th The Sax Man  
June 24th th Latin Night  
w/ Oscar 5-8pm



June 8th & 22nd

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FRI & SAT 6-9PM

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FRIDAY JUNE 11<sup>TH</sup> SOUNDSATIONS  
SATURDAY JUNE 12<sup>TH</sup> REMINISCE  
FRIDAY JUNE 18<sup>TH</sup> WHITESTONE  
SATURDAY JUNE 19<sup>TH</sup> CRUZIN  
FRIDAY JUNE 25<sup>TH</sup> IT TAKES TWO  
SATURDAY JUNE 26<sup>TH</sup> BROOKLYN'S BEST



IT TAKES TWO

Cruzin



Angelo w/

REMINISCE



BROOKLYN'S BEST



WHITESTONE



ENCORE

## FLORIDA FUN FACTS

by THOMAS LEONARD

### THE CONCH REPUBLIC

What is it? Have you ever heard this expression before? What is a conch, anyway? The Conch is a beautiful shell found near the seashore, and there is a living organism inside. Usually, this meat is removed, and kitchen cooks prepare a delicious chowder often served at many South Florida and Caribbean restaurants.

In April 1982, the U.S. Border Patrol set up a checkpoint roadblock on U.S. 1 to stop traffic in illegal drugs and immigration. It was near Skeeter's Last Chance Saloon. The resulting traffic backups had an impact on business and tourism throughout the Keys. Key West Mayor Dennis Wardlow, and Skeeter himself, attempted to obtain an injunction in Federal Court to stop this checkpoint. The main argument was that Rt. 1 was not the border. Their efforts were denied. This called for drastic action, and the residents of the Keys were ready.

Florida was the third state to succeed from the Union in 1860, and Key West residents were ready to take action again. The Succession Ceremony took place on Mallory Square. Mayor Wardlow read a Proclamation of Succession to a large crowd. The proclamation was wildly accepted and cheered. A loaf of Cuban bread was broken over the head of an actor dressed in a Navy uniform. A large number of water balloons were fired onto the adjacent Navy Base. After this warlike behavior, the mayor promptly "Surrendered" to a U. S. Navy Admiral. The "War" was over, and the Conch Republic was born. The Border Patrol was soon recalled, and the checkpoint ended.

### THE HANGING TREE

Today, there is a popular restaurant and local watering hole in Key West on Greene Street known as Captain Tony's Saloon. In the distant past (the mid- 1800's), the building located there served as an ice house and a morgue. The tree was in the adjacent courtyard, which on occasion served as the location of an open-air court of law. Pirates and other criminals were brought to justice. After trial, sentences were announced. In capital offenses, the defendants were hanged from the tree. In the 1980s, during an extensive renovation, the floorboards were ripped up. The skeletons of over a dozen people were found, including the headstone for Elvira Drew.

*Florida Fun Facts continues top next column*

### HAVANA OR BUST

In 1978 "Sonny" McCoy was challenged to take his ten-year-old single slalom water ski and cross the 100 miles of open water to Havana, Cuba. He was a graduate of the University of Florida, an Engineer, and an Air Force veteran. He was 50 years old. He accepted the challenge and departed into calm seas.

Later he encountered five-foot swells but continued on until he was met by a Cuban Patrol Boat that escorted him into Havana's harbor. He served as the Key West mayor for ten years and died at the age of 92 in September of 2020.



### YOGA & PILATES

Yoga and Pilates – Community Room

Chair Yoga – Terrace Room

by Ruth Cassel

Yoga is an excellent exercise that can help us age more gracefully. Regular practice helps to build strength, stamina, and flexibility.

Mat yoga with Shannon is offered on Monday and Wednesday at 10 AM. In order to limit contact due to Covid, the cash price is \$10. A contactless payment option is available online with discounted class prices as low as \$5 at <https://withribbon.com/u/shannonsyogaspot>

Chair yoga is wonderful for those who have movement restrictions, are not comfortable touching the floor, or just have cranky joints. It is excellent for managing stress and improve overall health. Chair Yoga will be held on Tuesdays at 10 AM. If you are interested in attending an in-person chair yoga class, text Shannon at 832-715- 0146 ASAP.

#### Pilates

Pilates classes have resumed on Monday and Wednesday at 9 AM. Pilates builds core strength, especially in the lower back and belly. This workout will surely get your blood pumping. The cash price is \$10. Sign up online for discounted prices

Please bring your own mat and any blocks or towels you will need for both mat yoga and Pilates. There is no sharing of equipment.

SUMMER

N O I T A V R E S E R W P G E  
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 O T H E P U Y Q M N E I U M O  
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 Y O M E L B C S C B C T C X R  
 Z S S K R O W E R I F N Y H D  
 A E X A N E H A V U E E S M W  
 H R B C Z Z G L E N A M C O A  
 Q S E A S O N R A L Y E I U L  
 G R D L U T O C U Z H S N N K  
 T S K N L C I J X B Y U C T V  
 I T I N E R A R Y P M M I A I  
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# HURRICANE PREPAREDNESS

*Florida's hurricane season begins June 1 and runs through November 30. It is important to plan ahead so you are safe in an emergency. Prepare now for the risks associated with stormy weather and be prepared to act on that plan when alerted by emergency officials.*

## **HERE ARE A FEW TIPS TO HELP YOU PREPARE IN THE EVENT OF A STORM:**

- **A disaster supplies kit**  
*(first aid kit, water, canned food supply, etc.)*
- **Bring in anything that can be picked up by the wind**  
*(bicycles, lawn ornaments, patio furniture, etc.)*
- **Close windows, doors and hurricane shutters\***
- **Fill your vehicle's gas tank and any gas cans you may have**
- **Obey evacuation orders**
- **Pet owners should have plans to care for their animals**

Visit [www.nhc.noaa.gov/prepare/ready.php](http://www.nhc.noaa.gov/prepare/ready.php) and [www.ready.gov/hurricane](http://www.ready.gov/hurricane) for additional information.

\*Please refer to the Association Rules as to when hurricane shutters may be closed.

# 2021 Atlantic Hurricane Season Names

Season Begins June 1

- |                  |                 |               |
|------------------|-----------------|---------------|
| <b>Ana</b>       | <b>Henri</b>    | <b>Odette</b> |
| <b>Bill</b>      | <b>Ida</b>      | <b>Peter</b>  |
| <b>Claudette</b> | <b>Julian</b>   | <b>Rose</b>   |
| <b>Danny</b>     | <b>Kate</b>     | <b>Sam</b>    |
| <b>Elsa</b>      | <b>Larry</b>    | <b>Teresa</b> |
| <b>Fred</b>      | <b>Mindy</b>    | <b>Victor</b> |
| <b>Grace</b>     | <b>Nicholas</b> | <b>Wanda</b>  |



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- Paper Towels or Napkins
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- Light Bulbs
- Needles



### Yellow Gets

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- Flattened
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