



Poinciana Today

JANUARY 2022

PRESIDENT'S MESSAGE

by **PAT SULLIVAN**

"Be so happy loving your life that you have no time for hatred, regret or fear." What a wonderful New Year's resolution.

I hate to repeat myself, but it is such a pleasure to see more and more people using the golf course. Our Ladies' and Men's club play several times a week as do several other groups from the surrounding area. As a reminder to all our residents, there is **NO WALKING** on the golf course unless you are playing golf. It is not a park; please enjoy the view from your lanai. Thanks.

The response to our community charity event was wonderful. The representatives from Meals on Wheels and the Homeless Veterans appreciated all the donations. Thank you to everyone who contributed requested items, checks and their time to make this such a rewarding and successful undertaking.

Twenty-twenty one was a busy year at the clubhouse. The executive board members moved into a new office, new flooring was installed on the second floor, new carpeting on the steps, new chairs for the card rooms, a new rowing machine was installed in the gym, new post and chain fencing around the entrance to the clubhouse was completed, the walls at the entrances on Lake Worth Road, and near Pinehurst were painted, new lighting was added, and landscaping was completed. At our pool we have new furniture and umbrellas, privacy screening around the fence, and beautiful palm trees that sway in the breeze. The tennis courts also have new seating for the players to relax and catch their breath before the next match.

On Sunday, January 9th, residents are invited to a free concert at the Poinciana Room at 2 p.m. Come and listen to the soulful sounds of Ebonie Paris. The entertainment committee is working on several events for the upcoming months. Check the article inside this Newsletter and your bulletin boards for dates and times.

President's Message continues page 2

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President's Message continues from front page

Our next Community Board meeting will be Monday, January 17 at 7 p.m. in the Community Room. Everyone is invited. Come and listen to what is being planned for the upcoming year.

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FROM THE EDITOR

by Joyce Graham

Inspiration

“Something that makes someone want to do something or that gives someone an idea about what to do or create: a force or influence that inspires someone”. Miriam Webster Dictionary

I am so proud of this community and the response to our Holiday Charity Event. A huge thank you to everyone who donated clothes, food, personal care items, sleeping bags, quilted and crocheted lap blankets, and money. Thanks also to Melanie and Melyn at Mel's Way for designating our charity for the November Bingo game and donating to the cause. Also, thanks to Pat Sullivan, Toni Mirobelli, Deb Lingenfelter, Jayne Papoosha, and Jan Chamberlain, who helped shop for all the items, packed up everything for the VA, and put together all the bags for Meals on Wheels. Thanks to the ladies who work in the Activity Office who received the items and to Roni for moving everything up and down the floors in the Clubhouse for storage and packing!

We were able to donate 40 bags of items for recipients of the Meals on Wheels program in Palm Beach County. The individuals who received these bags are enrolled in the program, and many do not have any family or live below the poverty line. Debbie Emerick, the Director, was overwhelmed by the donation. Poinciana Community Group will be featured in their next newsletter.

The drive for items for the Homeless Veterans was equally successful. We delivered an SUV and a carload full of boxes that included food, gift cards, clothes, personal items, and sleeping bags. The delivery timing was spot on as the veterans were scheduled to come to the VA the following day to pick up items for the holidays. We were assured that all the items would be handed out the next day.

Your participation in this charity inspires me to continue volunteering and finding ways to help others. My deepest thanks for all you have done to enrich the lives of those in need this holiday season. Hopefully, this will become a yearly event.

Bless you all!
Be safe, be kind.



OUR CITIZEN OBSERVER PATROL UNIT NEEDS YOUR HELP!

The men and women of our unit are proud of their service to the Poinciana area for over 25 years. We are actively seeking volunteers to become part of our team! To explain a bit further, C.O.P. stands for Citizen Observer Patrol, a volunteer Program for the Palm Beach County Sheriff's Office. And the name tells you just what our volunteers do... Our volunteers observe and report to 9-1-1 anything that seems to need the attention of the Sheriff's Department. Examples include suspicious persons, vehicle accidents, found property, graffiti, and more.

REQUIREMENTS:

If you'd like to become a part of this rewarding and productive community unit, the process is rather simple: You will need to attend Basics 1 and 2 (2 full days), ½ day of computer class, and then Field Training – usually up to 4 half-day sessions. Once you've completed your training, you'll be issued a uniform shirt, and any other equipment you might need for a specialty unit – radio, bicycle, etc.

FOR MORE INFORMATION, PLEASE CONTACT:
(Jeff Marcus 561-247-9596)

LAST MONTH'S HOLIDAY CHARITY DRIVE DONATIONS
BENEFITTING ROTH MEALS ON WHEELS & THE VA



THANK YOU ALL
FOR YOUR CONTRIBUTIONS

The AMBASSADOR by Patricia Herrera

Happy New Year to one and all! Many of us are glad to put 2021 in the rear-view mirror as it began with the promise of the COVID-19 vaccines and what we hoped would bring us back to normalcy. It seems it's taking a bit longer than we hoped, but that's the nature of this insidious virus. We need to keep vigilant and continue to do all we can to stay safe. Additionally, we lost a few dear, well-loved residents last year, and they will always be sorely missed.

December was busy for many of us with holiday shopping and parties. Geez, it was exhausting. Pat took a terrific trip to the Gaylord Opryland Hotel in Nashville. Shirley and Frank went to Massachusetts to spend Christmas with their family. Pat and Al stayed a bit closer to home and went to Naples to visit with friends.

Now back to 2022. A new year brings us hope for what lies ahead of us in our beautiful, stately Ambassador. There are many good things to look forward to in 2022. Ok, so we need a new roof. It's one of the necessary evils to keep us all dry and out of the rain, and I, for one, am all for it. Oh, and a reminder to update your banking information to accommodate the increase to our monthly maintenance, another necessary evil.

Boy, where are the good things in 2022? Well, they are all around us in our beautiful community. Just looking out our front doors or balconies, the wildlife around us is astounding, the birds, ducks, turtles, and iguanas. Plus, our grounds are kept pristine. Look for the beauty within yourself and others. Why not resolve to get more active or involved? Join one of our many clubs, work out in our gym, swim in our heated pools, do volunteer work, visit a neighbor who may be alone, or simply take a walk. Enjoy the warm weather. It sure beats being up north!

Our annual meeting will be held in the Community Room at the Clubhouse on January 18th. We will announce the new board and review the bids for our roof. Please make every effort to attend this very important meeting.

There is a **Left, Right, Center Tournament** on Sunday, January 23rd, at the Clubhouse. This game is loads of fun, takes absolutely no skill, and there's food, so why not join? Look for the details on our bulletin board in the lobby. Our poolside barbecues continue Monday nights,

The Ambassador continues top of next panel

weather permitting, at 5 p.m. Bring your food to be cooked by one of our chefs. Side dishes, plates, and utensils are on you. And don't forget the \$1.00 donation per person, which goes towards gas and, eventually, a new grill. Speaking of Monday nights, on January 17th at 4 p.m., we will hold a "Wine and Cheese Meet and Greet" poolside for our new neighbors and to welcome back our snowbirds. The wine and cheese are on us, so come on down! All Ambassador residents are welcome. And why not stay for our barbecue at 5 p.m.?

In closing, here is a quote from Thomas Dreier, "If we are ever to enjoy life, now is the time, not tomorrow or next year. Today should always be our most wonderful day."



BARCLAY BITS by Ina Baron

I hope everyone had a Happy Hanukkah, Merry Christmas, and Happy New Year. The Barclay continues to remain fairly quiet. People are moving out, and new ones are moving in. Renovations are going on—the smell of paint is in the air. Our atrium has been decorated for the holidays by Eva Mirek and Kate Krebbs. Colored lights ring the atrium, and cardinals and doves are perched in the tree and outdoor shrubs.

Some of our residents have headed north to celebrate the holidays with family, while others have arrived to get away from the cold weather. Our BBQs have started again with the Ambassador. We have a new grill which is working out very nicely. Bring the food you want to be cooked and add your drink and side dishes. We ask for a dollar per person to build up our reserves again for gas tanks and perhaps a new table or two.

Remember to get your booster shot. I have noticed that people are starting to wear their masks again in stores and restaurants with the Omicron Variant. Probably a good idea to be safe than sorry.

With people being here and doing laundry, it is in the interest of safety that we consider having our dryer vents cleaned out. If dryers have not been used for a while, the lint buildup can be a fire hazard. Be smart, be safe.

CARLISLE CHATTER

by Lynn Sands

Carlisle welcomes in the New Year and the arrival of our snowbirds. Our first 2022 social event is our Annual New Year's Day Brunch and Chinese Auction. This meetup is welcomed by many of our Carlisle residents. Food is delicious; the gift exchanging is always fun.

Happy Birthday wishes to Carlisle January babies: Carmel Barresi, Giovanna Governali, Estelle Schaff, Sheila Weiner, Luis Gallegos, Gerrardo Pecchia. Congrats Guys! Any Carlisle resident who has not provided me with their birthday month, please email me at gipsee1@yahoo.com or knock on my door, #105. There is also a birthday signup sheet posted by the mailboxes. Speedy recovery wishes to Ed Weiner, who recently underwent hip surgery. Ed has been a long-time board member and active in the Carlisle community.

Carlisle Chatter continues top of next panel

Let me know of any family news that you wish acknowledged in our "Poinciana Today" column. Planning on any travel in the next few months? Our readers would be most interested in discovering new travel opportunities suggested by you.

If you have not yet received your COVID booster, let's make it happen! We need to keep ourselves and our community safe.

Our pool area looks wonderful with our new seating and matching umbrellas. Kudos to our Board of Directors for doing a great job in keeping our grounds and pool area looking beautiful.

Our Social Committee is planning some terrific meetups for the 2022 season. Look for the posters and signup sheets by our mailboxes. We anticipate a good reception to these special events.

Wishing that 2022 brings health and happiness to ourselves and our loved ones.

FREE SHOW



R&B singer, Ebonie Paris will present a free show in the Poinciana Room on Sunday, January 9, 2022, at 2 p.m. All are welcome!

CONDO 1 & 2 by Joy Finer, President

What a crazy 2021! We are into a New Year and hope all will be better for everyone during 2022. Tuesday Grill Nights are back, and we encourage everyone to attend starting at 5 pm. The Social Committee has a great lineup of events for 2022.

Poinciana 1 and 2 Social Calendar of Events
Saturday, January 1 - New Year's Day Continental Breakfast from 10:00 – 11:30am Poolside. No Cost. Reservations Required - RSVP Joy Finer at finerj@bellsouth.net or call or text at 786-417-7317. **Tuesday, January 18 – Our Third Annual Pizza Night**, which is in place of our Grill Night. Reservations are required and are due by Thursday, January 13. The cost is \$5.00 per person and must be paid in advance. Your payment is your reservation. Please give an envelope with your name, building and apartment number, phone number, and money to Paula Gilkey (Princeton 509) or Phyllis Tillema (Oxford 611) by Thursday, January 13. **Tuesday, February 15 – Valentine's Day Ice Cream Social** – Dessert Following Grill Night - No cost. **Tuesday, March 22 – International Night** which is in place of Grill Night.

Watch your Bulletin Boards for all updates. Please let the committee know if you have any ideas for a special night. It will be great to see everyone this season. Remember to invite any new residents so they get to know their neighbors.

Remember that our Annual Meeting will be held on January 20, 2022, at 7 pm. Please try to attend. It will be great to see everyone in person. It's been a long time. You have received your new payment books or notice of autopay in the mail by now. Please review all the information and update the office of any pertinent changes.

The painting on the Margate building has been begun. Please be aware of construction areas and be careful while on catwalks and stairwells. Please move your cars when requested for your safety. Please check your bulletin boards for all notices. We thank you for your cooperation while we are in construction and painting mood.

Hint of the Month:

Safety is our number one concern for all residents. Please make sure you lock your cars and do not leave any valuable inside. If you see something, say something. Any suspicious behavior, please contact the Sheriff at 911 IMMEDIATELY no matter what time of day.

Condos 1 & 2 continues top of next panel

Our association pool at 3663 Via Poinciana is open from sunrise to sunset every day. Our website is continually updated, and all pertinent information, required documents, reports, minutes, and updated information can be found by logging into it at www.poinciana1and2.com

We are so looking forward to enjoying a great 2022 Season. Happy New Year to Everyone!

THE DORCHESTER by Marilyn Siegel

The Dorchester's Annual Holiday Party made a spectacular return to our poolside. We had a great turnout of current and past residents, happily welcoming back Sandra Leib, if even for just this one evening. Everyone liked the main courses and side dishes made by Mel's Way. Some additional sides, desserts, and a few beverages were provided by regular partygoers. Ron Jones provided the electronics for the evening of music. Andrea Ford led us through some harmonizing of holiday songs; we were surprisingly good! The Social Committee kept us organized and somewhat well-behaved.

As 2021 comes to an end, we are happy to welcome new residents, Thomas Davidson and Mary Davidson.

Our Board Meeting focused on finances. The 2022 Budget was finalized, a community vote determined that the Reserves will remain partially funded. A Board vote was then held affirming the installation of a modernized mailbox system. This has been discussed for a long time and is finally going to be done. Insurance rates were discussed with the community. The cost of our current insurance is sure to increase substantially. With hopes to secure better rates or just guarantee continued coverage, it may become necessary to install more fire detectors in each unit, with hard-wiring a costly possibility. The Board should know by the end of December if this will be required. Again, we may also have to replace our existing roof to protect our insurance coverage. This is a considerable and otherwise unnecessary expense but will not be known until later in the 2022 Board year. The Dorchester's end-of-year Board meeting was not the happiest experience but was a necessary update to the owners.

With hope that you have all had a wonderful holiday season and wishing everyone a Happy New Year - let's all stay well in 2022!

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ESSEX

by Toni Mirobelli

The Essex budget meeting and annual meeting with the election of officers were held on December 15th, 2021. The Essex 2022 Board of Directors are as follows: Joyce Graham, President, Harvey Grodensky, Vice President, Jan Chamberlain, Secretary, Toni Mirobelli, Treasurer, and Phyllis Stacy, Director.

We have received one bid for replacing mulch with stones around the back of the building, which was over \$8,700. We are in the process of gathering other bids and deciding what we can afford to do. Jan Chamberlain and Phyllis Stacy are shopping for new lounge chairs for the pool to replace worn chairs. We hope that we can complete these projects depending on the costs.

There will be a Meet and Greet social event on Sunday, January 16th, from 3:00 to 5:00 p.m. at the pool. Details will be posted on the bulletin boards. Please join us for an opportunity to meet our new neighbors and see old friends. The Social Committee will be meeting in January to plan events for the upcoming months. If you are interested in being on the committee, please contact Joyce or Toni. Grill night will be continued on Thursday nights, weather permitting. Please see the bulletin boards for notices regarding grill nights and social activities.

2021 was another less than a wonderful year. As we enter 2022, let's do so by thinking positive and doing what we can to make our world a better place.....do a random act of kindness, say good morning to a stranger, teach a child something, watch the sunset, read, learn, help someone do a chore, reach out to a lonely neighbor, be happy!

To each of you and your family, have a happy, healthy, and safe new year ahead!



The Patio Homes by Ruth Ruttkay

Wishing all a very Happy and Healthy New Year! Some good news, construction of our new fence at the pool is scheduled to start during the first week of this month...looking forward to getting this matter resolved as a start of the new year.

Board elections will be held later this month at the Annual Homeowners meeting. Remember to vote by mail-in ballot if you are unable to attend the meeting.

IMPERIAL BUILDINGS 8 & 9

by Dorothy Coustakis

Happy New Year to all! When you read this, the holidays will be almost over. We sincerely hope that each of you have made some wonderful memories with your families or with your neighbors here at Poinciana.

Thanks to all of you who are participating in our Tuesday BBQ's. We have had three highly successful BBQ's. We've made new friends, welcomed new neighbors and had a great time doing it. Of course, food was great! We want to thank those short order cooks who worked hard to make the hot dogs and hamburgers. Thank you to Lou Rodino, Tony Iacovangelo and Michael Ezratty. Ann Ezratty and Kathy Iacovangelo are always helping whether it be with the BBQ or with stuffing envelopes for our mailings. We will be posting a January schedule for our Tuesday night BBQ's. We hope to see new faces and our snowbirds returning.

Our new accounting firm is Victory Accounting Firm. They will be handling payments and estoppels. Payments can be made online or mailed with the coupon. Coupons should be received during the first week of January. There is a new P.O. Box number that will be on the coupon. All payments are to go Victory Accounting. We will introduce them and explain the new process at the Annual Meeting.

Condo associations exist with a series of rules that are for EVERYONE! We are all expected to follow these rules to live a harmonious life here. If you see someone who doesn't belong, please let the Board know. You can drop a note in the office mailbox. We do not use your name.

Some reminders for the new year. Walk your dogs on the walkway near the road on Via Poinciana. It is a violation of the rules to walk them on our property. If you think that a unit is being used as an Airbnb, please let us know. The Board will investigate this. This is our home, and we want to respect our neighbors and keep our home safe.

Have a happy and, most of all Healthy, New Year. Welcome 2022 – it's going to be great!

HAMLET by Russ Donnelly

I hope everyone's holidays were filled with great memories and happiness. Hopefully, we are on our way to a new healthy, and prosperous New Year to be enjoyed by all.

By the time you read this, we will be heading to our Annual Meeting at Mel's Way on January 9, 2022 and completing our voting for the 2022 Board. Your attendance and opinions are most important for the Hamlet to succeed. Remember living in a condo depends on getting along with your neighbors and participating in the matters that may affect your daily life, and not participating is not an acceptable option. Most residents are here for the long run, and, as such, your participation is not only necessary but wanted and considered necessary. It is essential so that the Board can know and service your needs.

Because of the many rising costs, we should consider some cutbacks in spending this year. These cutbacks will give us a realistic view of where we are going in 2022. The Hamlet has always stayed in front of issues that bring concerns to our residents, and this will continue. We will always strive for the highest standard on our building's needs.

The Hamlet has always been a leader in participation in Poinciana functions. I hope I can count on you to continue your support as we proceed into the New Year. Support from Poinciana residents is needed to continue their availability.

See you all at our Annual Meeting.

CSI January Events

RSVP REQUIRED - CALL (561) 603-7712

1/14

Mom's Meals

11:00 AM – 12:00 PM
Hospitality Room

1/19

Memory Screening

10:00 AM – 2:00 PM
Appointment Required
Hospitality Room

POINCIANA PLACE CONDOMINIUM 3 A, B and C by Ira Beckoff

Happy New Year 2022! Now that the holidays and New Year's parties are over, we expect that more residents will return to Poinciana 3 on Birdie Drive. Welcome back to all!

The day before New Year's Eve, we had our first community get-together at the BBQ grill poolside. The grill was turned on for all to use, but everything else was "BYOE," bring your everything. More party details will be reported next month.

On December 7th, we had a board meeting that included an update on the 2022 budget. We have had an increase in our monthly maintenance assessment. The amounts are \$475 per month for a two-bedroom and \$410 per month for the one-bedroom units. Most of the increases result from a 20% to 30% increase in our association insurance policies. Similar increases have been reported in condo and homeowners' associations throughout Florida and other states.

Another topic of interest was a request for more social events for our community. We hope that more returning owners will volunteer to be party organizers and helpers.

The Annual Members Meeting is scheduled for Wednesday, January 13th, 2022, at 3 p.m. under the awning poolside. No election of board members will take place because no one submitted a request to be a candidate for the board. The 2021 board will become the 2022 board.

Please try to recycle correctly. If you don't know for sure if an item belongs in the yellow or blue recycle bins, please throw it into the large dumpster. When In Doubt Throw It Out. Please break down cardboard cartons before you put them into the yellow bins. Thanks.

Are you an early morning swimmer? The pool is opened at 7 a.m. when staff is here. If you wish to swim earlier than 7 a.m. or use the pool on the weekend, ask a Board member for the combination to the gate locks, and you can let yourself in. Thanks.

Until next month!

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BINGO

Poinciana Community Group

2022 SCHEDULE

WEDNESDAY JAN. 19TH, 2022 7p.m. Community Rm

WEDNESDAY FEB. 23RD, 2022 7p.m. Community Rm

WEDNESDAY MAR. 16TH, 2022 7p.m. Community Rm

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Poinciana Social Committee by Russ Donnelly

I hope this finds everyone healthy and happy after the New Year. We are in the process of setting up the 2022-2023 season shows, and the lineup will be more than satisfactory for our future attendees. We will be presenting the lineup soon, and season tickets will go on sale before this season ends. Our priority is to deliver quality shows at a reasonable price. We are currently looking for venues for December 2022 and January, February, and March 2023. The season will be limited to four main shows and will be sold in a bundle for the season, with a Poinciana resident discount. Performances will be open to guests, with the price to be determined. Unfortunately, we have limited entertainment this year because of lingering Covid concerns.

I want to thank everyone who attended **Evening with Sinatra**. There was nothing but great responses from the attendees, and it was really a great bargain. You can't beat dinner and a show for \$39.50, including gratuities.

There will be a free show at the Clubhouse in the Poinciana Room on Sunday, January 9, 2022, at 2 p.m. featuring R&B singer **Ebonie Paris** and all are welcome. After the free show, our next planned events are the **Left/Right/Center Tournament** on Sunday, January 23, 2022, at 5 p.m., and the annual **Night at the Races**, which has gotten off to a great start this year because all the horses have already sold out! **Night at the Races** will be held on Sunday, February 27, 2022 at 5 p.m. I am trying to secure a show for March 2022 to close out the season and give you a preview of the quality for the 2022-2023 season.

The social committee has scheduled **Bingo** for January 19, February 23, and March 16. **Bingo** will be held in the Community Room at the Clubhouse at 7 p.m. Prize minimums will be guaranteed at \$15.00 a game, and the coverall will reward a guaranteed \$150.00 minimum. There will be 8 games per session, including the coverall. The cost will be \$10.00 for 4 Bingo cards. I hope we can get as good a response as we did for our December game.

Social Committee continues top next column

Because of Covid concerns, packaged snacks will be available at break time. We have a new set of games to be offered, and I'm sure everyone will be pleased.

Please remember to keep these venues on the calendar because we need your support and attendance. Hope to see many of you at the free show featuring R&B singer Ebonie Paris and then Bingo, the Left/Right/Center Tournament, and Night at the Races. Tickets are available in the Activity Office, Good Luck!



POINCIANA PLATES

by Toni Mirobelli

It's a New Year! For many of us, after the holiday parties, family meals, cookies, cookies, cookies, and cookies our thoughts go to trying some healthy meals. Try this one pan recipe with healthy ingredients for a nutritious meal ready in minutes with easy clean-up!

ONE PAN ORANGE SALMON WITH SWEET POTATOES AND BROCCOLI

Ingredients:

- 2 sweet potatoes
- 1 head broccoli
- 2 tablespoons olive oil
- 1 small naval orange
- 3 tablespoons orange marmalade
- 1 teaspoon reduced sodium soy sauce
- ½ teaspoon sriracha (optional)
- 4 4-ounce salmon filets
- 1 tablespoon sesame seeds (optional)

Directions:

1. Heat oven to 400° degrees.
 2. Scrub sweet potatoes, cut lengthwise into quarters, then slice into ½ inch pieces. Cut the broccoli into florets. Cut the orange into segments.
 3. Arrange the vegetables on a large baking sheet and drizzle with olive oil, mix to coat. Season with salt and pepper.
 4. Place the orange segments on top of the vegetables. Bake for 10 minutes.
 5. In a small bowl, combine the marmalade, soy sauce and sriracha. Remove the baking sheet from the oven and push vegetables to the sides of the pan. Place the salmon on the pan and slather each filet with the marmalade glaze.
 6. Return the pan to the oven and bake another 10 minutes or until the salmon is cooked to your liking. Sprinkle the salmon with sesame seeds.
- Enjoy!



POINCIANA LADIES SOCIAL CLUB by Jackie Rome

And just like that, it's 2022. Hopefully, we can put 2021 behind us and start enjoying ourselves again. Our first two events showed us everyone is ready and can't wait for more. The holiday will be over by this newsletter, but the party looks like it will be perfect.

Before I list the next three events, we would like to remind everyone for all events, there will be 8-10 people at a table. Would you please write the names of the people you wish to sit with on an envelope or enclose a paper with your check and include your entree choice. If you don't have anyone to sit with, please let us know so that we can find a table for you

On Thursday, January 18th at 11:30 a.m., we are having a Fashion Show. The theme for the day is A Girls Day Out with fashions by Anthony's. We will start with hors d'oeuvres on each table. Entrees will be a choice of either a BLT salad with a choice of crispy or baked chicken or a Greek salad with baked chicken. The dessert will be Tiramisu. Lunch also includes iced tea and coffee. The price is \$30 for members and \$35 for non-members. The chairperson is Mindy Dorffman. To make a reservation, please call Mindy at 561-328-8977 or 954-778-2212.

The annual **Membership Luncheon** will be held on Wednesday, February 16th, at 12:30 p.m. in the Poinciana Room. Choices are Roast Chicken with Honey Glaze and Herbs, Broiled Salmon with Potatoes and Veggies, or Eggplant Parmesan with Penne. All entrées include a green salad, rolls, a choice of chocolate layer cake or a mini vanilla sundae, iced tea, and coffee. We are proud to present the Fred Astaire dancers to give us a beautiful demonstration that will include some audience participation. The cost is \$32 for members and \$35 for non-members. Please call Fran Fox at 561-439-8446 or Sandi Wolf at 561-360-3072 for reservations. The deadline for sign-up is February 8th.

On Tuesday, March 15th we will have a **Tea Luncheon** at Serenity at noon. The ladies always enjoy this event. The cost for members is \$32, and the cost for non-members is \$35. Limited parking is available, so we recommend car-pooling. The cutoff date for sign-up is March 1st.

Ladies Social Club continues top of next panel

Also, in March, we will do the **Sugar Cane Tour**. We have a tentative date of March 2nd. The trip is limited to 24 people. There will be a small bus, and you must be vaccinated and wear masks on the bus. Call Sandi at 561-360-3072 for reservations. I went two years ago, and I thought it was wonderful!

Well, until next month hope to see you all at these events.

Seeing that the year is almost over, I'd like to thank all the women on the Ladies Social Club board for all they do. I want to thank Mel's Way for making things as easy as possible, the women in the office, and the ladies I usually drive crazy every month, Joyce Graham and Pat Sullivan, for being so helpful. And last our everything maintenance guy Roni! Until next year!



COPS by Barbara Crespy

Welcome to 2022!

I hope you've stayed safe during the holidays. We at Unit 39 hope you had a Happy New Year.

It was brought to our attention that there was an attempted car break-in. It wasn't a break-in and robbery because the doors were unlocked! The Sheriff's officers checked the other cars in the parking lot and found seven unlocked cars!

YOU MUST LOCK YOUR CAR AND LOCK YOUR CONDO DOORS!

We have been informed that our patrols must stop at 10 p.m. for our safety, so if you see something at any time, call 911.

We've lost two members and are now desperate for more volunteers! Remember, it's only a 3-hour commitment per week, with one monthly meeting. Those 3 hours can be split up so that no one must patrol for 3 hours straight. We need you!

Take care and enjoy our wonderful Florida winter, Lieutenant Barbara Crespy. 215-813-7053
Captain Jeff Marcus. 321-514-6535
Sargent Debbie Lingenfelter. 561-335-9960



Night at the Races

SUNDAY, FEBRUARY 27th, 2022 at 5 P.M.

\$20.00 Ticket Includes:

ADMIT ONE

* Admission and Entry for Door Prizes

* Wine and Beer

* Sandwiches , Salads , and Snacks

ADMIT ONE

* **Purchase and Name Your Horse \$12.00 each**

This includes entry into Private Horse Owners Drawing

WINNING PRIZE \$200.00

Winning Horse Owners Purses Are \$70.00

per Race OPEN WAGERING ON TEN RACES



Tickets Available at The Front Office Nov. 1, 2021 (off Lobby)

For Information Call

Russ Donnelly at 561-963-8252 or Poinciana Front Office at 561-439-4733

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TO ALLOW ADEQUATE PROCESSING TIME FOR FILM AND PROGRAMS.

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of existing system, and labor

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MAINTENANCE CHECK UP.....\$79

Duct sanitize
(up to 7 vents)\$295

Rotobrush duct clean with interior and viral
whole house treatment
(up to 6 vents) 1000 sq ft..... \$395

*Additional cost from larger units and added
vents will apply

*Emergency restoration service for water leaks



LIC: CAC1815439



January 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3 7:30A-Men's Golf 8A-Ladies Golf 8A - Tennis 9A-Pilates 10A Yoga 1P-Arts/Crafts 1P-Ceramics	4 9:30A-Chair Yoga 10:30A-Talk Time	5 7:30A-Men's Golf 8A - Tennis 9A-Pilates 10A Yoga 1P-Sit & Stitch	6 12:30-Bridge 2P-Movie "Bad Boys for Life"	7 7:30A-Men's Golf 8A-Ladies Golf 8A - Tennis 9:30A-Chair Yoga	8 9A-Yoga
9 2P-FREE Concert Ebonie Paris	10 7:30A-Men's Golf 8A-Ladies Golf 8A - Tennis 9A-Pilates 10A Yoga 1P-Arts/Crafts 1P-Ceramics	11 9:30A-Chair Yoga 10:30A-Talk Time	12 7:30A-Men's Golf 8A - Tennis 9A-Pilates 10A Yoga 11A-Book Club 1P-Sit & Stitch	13 12:30-Bridge 2P-Movie "Five Feet Apart" 7P - Bunco	14 7:30A-Men's Golf 8A-Ladies Golf 8A - Tennis 9:30A-Chair Yoga 11A-CSI "Mom's Meals"	15 9A-Yoga
16	17 7:30A-Men's Golf 8A-Ladies Golf 8A - Tennis 9A-Pilates 10A -Yoga 1P-Arts/Crafts 1P-Ceramics 7P - Community Board Meeting	18 9:30A-Chair Yoga 10:30A-Talk Time 11:30A-Ladies Social Club Fashion Show	19 7:30A-Men's Golf 8A - Tennis 9A-Pilates 10A Yoga 10A-CSI Memory Screening 1P-Sit & Stitch 7P-Bingo	20 12:30-Bridge 2P-Movie "F9: The Fast Saga"	21 7:30A-Men's Golf 8A-Ladies Golf 8A - Tennis 9:30A-Chair Yoga	22 9A-Yoga
23 5P-Left-Right-Center Tournament	24 7:30A-Men's Golf 8A-Ladies Golf 8A - Tennis 9A-Pilates 10A Yoga 1P-Arts/Crafts 1P-Ceramics	25 8:45A-AARP Driving Class 9:30A-Chair Yoga 10:30A-Talk Time 11A-Charity Bingo @Mel's Way Bistro	26 7:30A-Men's Golf 8A - Tennis 9A-Pilates 10A Yoga 1P-Sit & Stitch	27 12:30-Bridge 2P-Movie "Let Him Go"	28 7:30A-Men's Golf 8A-Ladies Golf 8A - Tennis 9:30A-Chair Yoga	29 9A-Yoga
30	31 7:30A-Men's Golf 8A-Ladies Golf 8A - Tennis 9A-Pilates 10A Yoga 1P-Arts/Crafts 1P-Ceramics	Community Board Meeting Monday, January 17th @7:PM Clubhouse Community Room				

Activities Office Hours - Monday - Friday 10-1

Wednesdays ONLY 10-1 AND 4-6

Please support your Golf Course & Bistro

POINCIANA SPECIAL

BUY A \$50 GIFT CARD
PAY \$40 CASH ONLY

PROMO GIFT CARDS
CANNOT BE USED ON HOLIDAYS
OR SPECIAL EVENTS

Mel's Way Bistro

Poinciana Country Club

HOURS OF OPERATION
TUES-THURS 12PM-8PM
FRI & SAT 12PM-10PM
\$20 MIN PP REQUIRED AFTER 5PM

HAPPY HOUR

TUES-SAT
12PM-6PM
\$4 HOUSE WINES &
HOUSE MIX DRINKS
\$3 DOMESTIC BEER

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Tuesday

Prime Rib Special
\$21.95 w/2 sides
KARAOKE night
5-8pm
With Ray the DJ
\$4 house wines



Wednesday

Fish fry & shrimp dinner
\$16.95 w/ fries & slaw
Live music 5-8 pm
\$5 martini menu



Thursday Ladies Night

\$3 beer \$4 wine \$4 house cocktails
Crabcake Dinner \$22.95

Thursday Jan 6 th
Join us to celebrate
January Birthdays
With Leiza Michaels
Spin the wheel and
complimentary cake

\$20 min pp required

Dinner & Dancing

Fri & Sat 6-9 pm \$20 MIN PP REQUIRED

SATURDAY JAN 1 ST **HAPPY NEW YEAR W/** *Cruzin*

FRIDAY JAN 7 TH **JOEY & THE PARADONS**

SAT JAN 8 TH **BROOKLYN'S BEST**

FRIDAY JAN 14TH *Angela* **Reminisce**

SAT JAN 15 TH **Mel's B-Day** W/ Ivan & Lola

FRIDAY JAN 21 ST **JOEY & THE PARADONS**

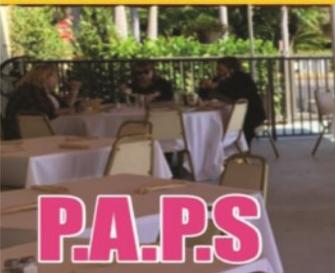
SAT JAN 22 ND **SOUNDSATIONS**

FRIDAY JAN 28 TH *Johnny T*

SAT JAN 29 TH Angelo with Reminisce

Charity BINGO & Lunch

TUESDAY
Jan 11th & Jan 25 th
Doors open at 11 am



\$20 PP INCLUDES LUNCH, 5 GAMES OF BINGO, BEVERAGE TAX AND GRATUITY
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\$10 PITCHERS AT BAR ONLY

OF COORS LIGHT, BUD, BUD LIGHT, YUENGLING

\$16 COMBO (6) WINGS & A PITCHER OF BEER



THE POINCIANA GOLF CLUB

by Paul Grillo

GOLF TIP OF THE MONTH

Here at Poinciana Golf Club, your short game is even more important than at other courses. With its small, quick greens, your short game will get a true test, and if you're not prepared, your scores will increase very quickly! The following are a few tips on improving your short game and lowering your scores.

1. Soften Your Hands for Chip Shots

A common mistake most golfers make is having too tight a grip. But the truth is that your grip can make or break your round –especially your short game. When it comes to chipping, you've got to keep your hands soft. On a scale of 1-10 (with 10 being the lightest), aim for a grip around 4-5. This will ease the tension in your arms and wrists. Then you can focus on a basic chipping stance, which includes keeping your chin high and your back straight.

2. Allow Your Body to Rotate

Because chipping and pitching involve short shots, you may not feel the need to move your entire body. But if you want to connect solidly with the ball, it's vital to rotate your body forward during your swing. Start by swinging the clubhead back. Kick your right knee towards your left knee as a sort of a "trigger" for your downswing. This will free up your entire right side and help your body rotate smoothly through the swing.

3. Find the Right Tempo

Another rookie mistake around the green is coming at the ball with too much speed. Yes, you need that speed and power off the tee. But for your golf short game, it's a different story. Don't overthink it. Ease your grip, soften your hands, and take a deep breath. Count off "one and" in the top of your backswing, followed by "two" in your downswing. Here, the idea is a gentle acceleration--not rushing the ball like a linebacker.

4. Take Advantage of the Bounce

Are you working on your pitch shots? To get the ball close to its target, take advantage of the natural bounce as it hits the green.

Make sure your hands are lined up with the clubhead. Press them forward like you would with a chip shot. This will ensure your club doesn't get stuck in the grass.

5. Focus on Your Left Arm

When it comes to chipping and pitching tips, this one could be the most important! Remember that your control comes from your left arm when you chip. Aim for a dimple on the back of the ball and try to hit it with the center of your clubface.

Let your left arm, hand, and wrist lead the way through your backswing and all the way through the contact with the ball.

Practice, Practice, Practice

In summary, there's no such thing as spending too much time on your golf short game. It may not feel as thrilling as hitting a long drive off the tee. But we guarantee your scores will be lower once you put these short game tips into effect.

The Poinciana Golf club is OPEN every day, beginning at 7 a.m. Please call (561) 439-4721 or go to www.poincianagc.com for tee time reservations. We look forward to seeing you on the golf course!

Golf Tips by Jack Gale

PGA Master Professional and Poinciana Resident

Bunker Shots

Every golfer's favorite shot is the bunker shot. Not really, but this shot is not as difficult as most make it out to be. First, a good sand wedge or lob wedge is an important part of the equation. These clubs have a wider sole which has bounce on it. Bounce means that the rear of the sole is actually lower than the leading edge of the sole. This design serves similarly to the rudder on an airplane adding lift to get the ball up and out of the bunker. Using a pitching wedge instead of a sand or lob wedge will not give you the proper loft or bounce on the club.

We should set up our body open to the line of the shot, which means to aim our stance and body left of the hole. We should also open the face of the wedge, which means to aim the club to the right. This will add loft to the club and add bounce to the sole. We want to imagine that the ball is sitting on a dollar bill, and we want to enter the club at the back of the bill and come out at the front of the bill. Therefore, in a properly struck bunker shot, we never hit the ball but take out a piece of sand with the ball on top of it. The length of our backswing is relative to the length of the shot. Be sure to be aggressive and swing through the shot.

Never decelerate! Be sure to watch the PGA Tour players on television to see the splash of the sand and how they use the sole of the club to get the ball up and out.

Enjoy our newly renovated course, which has greens as good as any in the area.



LADIES GOLF LEAGUE by Pat Murray

Hello again from Ladies Golf! Our membership is growing with the return of our ladies from northern places. We haven't seen some of them for two years, so big hugs were in order.

Our **Welcome Back Brunch** and meeting will be held on January 12, 2022, at Mel's Way Bistro. Our annual **Charity Steal Bingo** is coming on February 20 at 1 p.m. Admission is \$10, along with your wrapped gift worth \$10-\$15. Refreshments are included. Please call Pat at 732-742-6845 for a table. This event is open to all.

We have had fun playing some interesting golf games (Thanks to Karen), and it is not too late to become a member. I would love to hear from you.

POINCIANA TENNIS by Kathy Graves



What a beautiful day as I write this article in mid-December. The holidays will have come and gone by the time you are reading this. We hope that everyone had a wonderful, fun-filled, and peaceful holiday season with family.

We held our annual pre-season pizza party at the tennis courts on Friday, December 3, at 11 a.m. with 22 in all attending. The attendees include four players who had to leave before the photo was taken, plus Willie who took the photo. We all had a really good time, and it was great to finally socialize a little. Besides the Pizza Hut pizzas, we had a huge vegetable salad, cookies, donuts provided by Victor, and drinks.



Pizza party at the tennis courts on December 3rd

We welcomed back in December more of our seasonal players: Dianne Kling, Margate; Jean-Guy Charron, Hamlet; Peter Reese, Barclay; Raimo Tiainen, Birdie A; Guy Williams, Barclay; Gary Wilcher, Carlisle

January's joke: What do you call a woman standing in the middle of a tennis court?

Answer: Annette



SIT AND STITCH

by Joan Needle

As Luanne and I see more new residents in the Poinciana community, we encourage anyone who is interested in any needle craft (embroidery, needle point, crocheting or knitting) to join us every Wednesday afternoon from 1 p.m. to 3 p.m. in the Terrace Room on the second floor of the Clubhouse.

We practice our crafts and assist anyone who needs help. We look forward to seeing you then.

For further information call:
Luanne at (561) 670-2334
Joan at (561) 649-8960

SAFE DRIVER CLASS

By Toni Mirobelli

AARP SAFE DRIVER CLASS – JANUARY 25, 2022

Important Note: The CDC County Covid Tracker currently shows Palm Beach County's Covid status to be SUBSTANTIAL. If this level remains the same or higher, AARP will require that the Safe Driver Class scheduled for January 25, 2022, be canceled. This is out of an abundance of caution for the well-being of the participants and instructor. If this occurs, Toni Mirobelli, the instructor, will telephone all those registered for the class to inform them. In the meantime, if anyone registered has any questions, please call Toni at 814-207-2200. If it becomes necessary to cancel the class, it will be rescheduled when it is safe.

Essex resident and AARP volunteer, Toni Mirobelli, will instruct an AARP Safe Driver class in the clubhouse on Tuesday, January 25, 2022. The course has been updated with new participant workbooks and videos. Participants should arrive by 8:45 a.m., and the class will begin at 9:00 a.m. and end at 3:00 p.m. Cost is \$20 for AARP members and \$25 for non-members. Class size will be limited to 25 people and walk-ins cannot be accommodated – registration is required. Attendees may bring lunch for a half-hour lunch break. There will also be morning and afternoon breaks.

Upon class completion, participants will receive a certificate to present to their automobile insurance companies. It is HIGHLY RECOMMENDED that you verify with your insurance company before registering for the class to ensure they offer an insurance discount for this course.

To register for the course, or if you have any questions, please call Toni Mirobelli at 814-207-2200 by December 22, 2021.



YOGA AND PILATES

by Ruth Cassel

Yoga is an excellent exercise that can help us age more gracefully. Regular practice helps to build strength, stamina, and flexibility.

Mat yoga with Shannon is offered on Monday and Wednesday at 10 a.m. Starting on January 8th, the class will be a Saturday class at 9 a.m. The cash price is \$10. A contactless payment method is available at ribbon.com/u/shannonsyogaspot. Using this payment method will enable you to get discounted prices.

Chair yoga is wonderful for those who have movement restrictions, are uncomfortable touching the floor, or have cranky joints. It is excellent for managing stress and improving overall health. Chair yoga is offered on Tuesdays at 9:30 a.m. Classes will also be offered Fridays at 9:30 a.m. beginning January 7th.

Pilates classes are on Monday and Wednesday at 9 a.m. Pilates builds core strength, especially in the belly and lower back. This workout will surely get your blood pumping. The cash price is \$10, but using the website ribbon.com/u/shannonsyogaspot, will offer a variety of packages and discounts.

For mat yoga and pilates, please bring your own mat or materials such as blocks or towels that you might need. There is no sharing of equipment. Please silence your phone during class.

Concerned about Covid? Class size is limited; the instructor is masked and vaccinated. Most of the students are vaccinated as well.



Attention Bunco Players!

Bunco is the second THURSDAY of each month at 7 PM in the Community Room.

Admission Fee is \$5.00 and a small, unwrapped gift for the Loser Bag.

Reservations Required. Please call Mindy Dorffman (561) 328-8977 or (561) 778-2212

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K	E	I	I	Z	H	O	V	S	N	T	S	N	S	H	BRAINSTORM	IDEAS	ORIGINAL
H	R	T	W	R	E	L	C	O	I	S	O	P	N	A	CHEER	IMAGINE	POETRY
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L	A	Y	S	L	H	T	T	O	I	T	I	I	R	I	FATHER	INVENT	VISION
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WORDS CAN GO IN ANY DIRECTION.
WORDS CAN SHARE LETTERS AS THEY CROSS OVER EACH OTHER.

Talk Time

by Harvey Grodensky

Current Events are what we talk about; local, national and international happenings! All points of view are welcomed, so come join us and add your opinions. We meet on Tuesday morning at 10:30 a.m. in the Hospitality Room of the Clubhouse lobby.

For further information call:
Harvey at (561) 596-6769 or
Linda at (516) 779-4602



By Ruth Cassell

For years, before our hiatus, the art group was a painting class where we each painted in our own style while listening to jazz. We were artists at differing levels of abilities, and we developed close friendships while we helped each other with ideas and materials and shared personal stories during our creative process.

It's been a long while since we met (thank you, Covid). Many of our group members are no longer here, but the few who are left would like to reestablish ourselves and expand our group to create art and do handicrafts. We will start meeting on Mondays in the Community Room from 1-4 p.m. in January starting on the 3rd.

All painters and crafters are welcome. We each bring our materials, a plastic cloth to protect the tables and our own cleaning materials. We look forward to meeting new creative people and making this a great inspirational group.

If you have questions, please email me at rcassell44@aol.com.



DUPLICATE BRIDGE

by John De Maria

The Bridge Club is starting on January 6th in the Terrace Room from 12:00 p.m. - 3:30 p.m. We will be meeting every Thursday. Please contact John DiMaria 1-561-642-3265 if you are interested



THE HAPPY BOOKER
LA Glickman

We decided our club needed a proper name identifying our book club. Members were asked to submit suggestions and out of sixteen names, The Happy Booker was selected. Very apropos. We are happy and we love books. Thank you, Mary, for that suggestion.

We dissected and analyzed "The Silent Patient." If you like thrillers you may want to read this book. It is a cliffhanger. Some members stated, once they started reading the book, they couldn't put it down. So be prepared!

Our next meeting will be January 12, 2022, between 11 a.m. and 12:00 p.m. in the Terrace Room. We have distributed "News of the World" by Paulette Jiles.

"If there's a book you really want to read but it hasn't been written yet, then you must write it."
Toni Morrison

If you think you would like to participant in this fun group contact: LA Glickman 954-997-7757 or email: glickmanla46@gmail.com for additional information.



Ceramics
by Ida Roth

Ceramics is starting up again on January 3rd from 1 p.m. to 4 p.m. in the Ceramics room on the second floor of the Clubhouse. It will be held each Monday. For more information, please contact Ida Roth at 330-998-2437.

DID YOU KNOW

.....that Saturday at 1:00 p.m. has heavier traffic than weekday rush hours....and that the top ten most dangerous cities for pedestrians in the U.S. are all below the Mason-Dixon line, the majority of which ARE IN FLORIDA.



- Left - Right - Center -

L R C

TOURNAMENT

SUNDAY JANUARY 23RD, 2022 5 P.M.

\$20,00 p.p.

DONATION AND ENTRY FEE

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- TURKEY - ROAST BEEF - HAM SUBS. / WITH CHEESE
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- FOR YOUR SPECIAL REQUESTS OPEN CASH BAR

SEATING 8 or 10 PER TABLE

CHIP VALUE \$1 each, 3 CHIPS REQUIRED PER GAME PER PARTICIPANT, WINNER TAKES ALL!

THERE WILL BE THREE ROUNDS OF PLAY

ALL TABLE WINNERS WILL QUALIFY FOR THE FINAL PRE TABLES, WINNERS QUALIFY FOR THE FINAL TABLE THE WINNER WILL TAKE ALL PLUS GET GRAND PRIZE.

PRIZE TO BE DETERMINED (BASED ON ATTENDANCE)

EXAMPLE : BASED ON 100 PARTICIPANTS, GRAND PRIZE WOULD BE \$300.00 PERCENTAGE OF PROCEEDS TO GO TO ST JUDES HOSPITAL FOR CHILDREN

FLORIDA FUN FACTS by Thomas Leonard

Rescued Garden: Have you ever maintained a garden with various flowers, rose bushes, evergreens, trees, etc.? A local landscape garden designer, Fernando Wong, had long been curious about an overgrown garden estate on Palm Beach's No. 8 South Lake Trail. It was in such an abandoned state it was reverting into a jungle. The garden and home were built in 1938. Two years ago, he was hired to draw up plans to rescue and revive the garden with the owner's original plan, Charles Clarke. Wong was obsessed with the beauty of a large Kapok Tree planted over 100 years ago. This massive tree with many Banyans and Royal Palms is featured in his new English-Style Garden. His work is now completed, and it is the subject of a Town and Country magazine article. Why not take a look and see it for yourself?

Presidential Library: President Richard Nixon kept a Florida home on Key Biscayne Bay for many years. At the end of his life, he was interned with his wife, Pat, at the library in Yorba Linda, California. Visitors find a 1912 home built by his father, Frank Nixon, on an adjacent eight-acre farm of orange trees. It is a tiny cottage. This was the family home for ten years. The farm was sold to the school district when the Nixon's moved to Whittier. The school district has now deeded the home to the library. President Nixon lies at rest about 50 yards from his childhood home.

Extra Space Needed? Are you anticipating friends and relatives as guests this winter? Of course, we have limited space in our apartments, and if you need extra bedrooms, you may want to consider some nearby accommodations. There is a Hampton Inn at Lake Worth Avenue by the Turnpike. There are other accommodations adjacent to the Wellington Mall. But if you'd prefer a higher standard, consider The Colony Hotel, the famous "Pink Hotel" was built in 1922 at 155 Hammond St. The owner, Sarah Wetenhall, recently renovated the hotel, and she asked Aerin Lauder, granddaughter of Estee Lauder, to bring a touch of modern freshness to the old-school whimsy decor. Aerin wrote a book on the history of Palm Beach in 2019 and recently opened a decorating shop on Mizner Street. Could you use a touch of modern freshness in your home? Or, perhaps, some "old school whimsy." A consultation with Ms. Lauder may fit your needs!



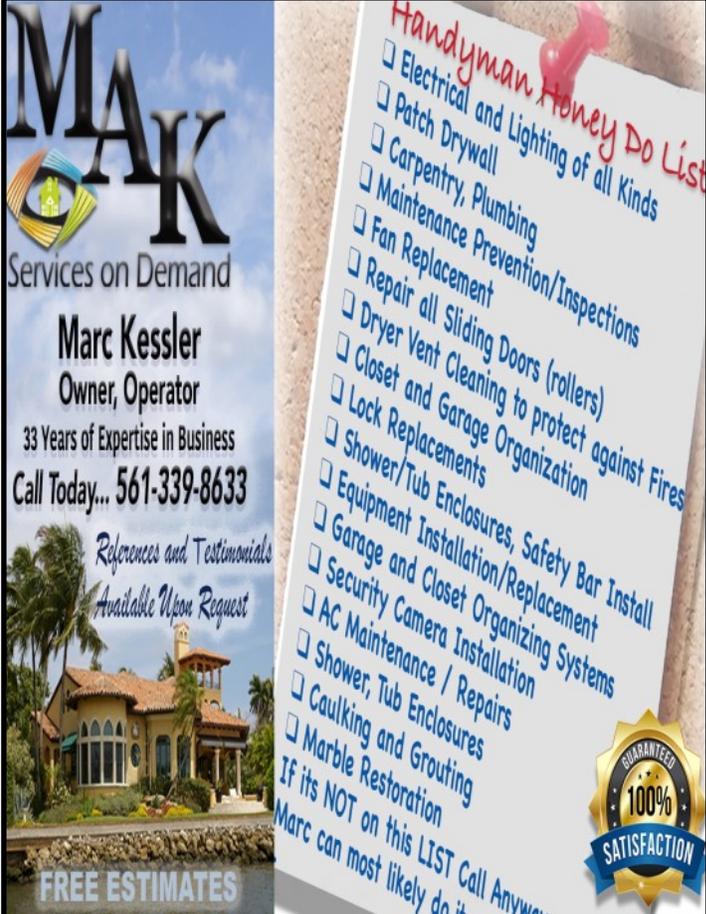
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