



Poinciana Today

MARCH 2022

MESSAGE FROM THE PRESIDENT by **PAT SULLIVAN**

"To be happy in March, you must let go of what has gone, be grateful for what remains, and look forward to what's coming next."

Things are happening at the clubhouse. We hope to start construction of the new kitchen and storage area for the Community Room this month. When this is complete, we move on to the new flooring for the second floor and a new rug for the steps. Sidewalls will be outfitted with new carpet at the bottom, and new soundproofing panels will be installed in the Community Room.

I wanted to mention some things I see every time I am over at the clubhouse. As I walk around, I observe the volunteers at our office who offer their time and expertise to their neighbors and try to answer their questions or point others in the right direction. I see neighbors bringing friends over for lunch at Mel's who might be unable to get out by themselves. I see others in the card rooms teaching people to play bridge, canasta, mah-jongg, or any other game you can think of.

We also have a great Board of Directors at Poinciana. Do we always agree? Of course not! What we do is respect the right of every individual to think for themselves and express their feelings on matters that are brought up. A big "thank you" to all who volunteer their time in the service of others.

I also want to thank everyone for their kindness after my recent surgery. Thank you for the cards, for the phone calls, the food, and all the well wishes.

Happy Saint Patrick's Day to all. Good luck, the best of health, and may happiness be yours today and every day thereafter.

POINCIANA COMMUNITY GROUP **BOARD OF DIRECTORS**

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FROM THE EDITOR

by Joyce Graham

"Plans are nothing; planning is everything."
Dwight D. Eisenhower

Recently I had difficulty getting in touch with a dear friend. Both her home and cell phones had been disconnected. Given the current pandemic, I feared the worst. I wrote a note to her sister, and two days later she called. I was fully prepared to hear that Peg had gotten Covid and died. I wasn't prepared to hear that she had been diagnosed with Alzheimer's and was now in a Memory Care Facility.

Peg and I had met in college when we were 18 years old. An English major with a great passion for the works of Lord Byron, Keats, and Shelley, she wasn't afraid to travel the world on her own but was scared to death to drive! She was a city girl and had lived in center city Philadelphia since graduating from college. She was a volunteer at the library and had a wickedly sharp wit.

The most surprising thing about Peg was that she had made no plans for the inevitable. She had no will, trust, medical directives, and no one else on any of her bank or investments accounts. She had ignored the fact that she may not always be able to care for herself. It took months for her sister to be appointed her guardian, access her financial accounts, and set up a placement in the Memory Care facility. Peg is now well cared for due to her sizable estate, but as bright as she was, she wasn't prepared for illness and refused to acknowledge the inevitable end of her own life.

When my mother passed away, I spent several months organizing her estate and putting everything into a notebook. When I finished, I made a similar notebook with all my papers, directives, account information, passwords, etc., so that my family wouldn't have to search for things once I go.

If you feel that you have organized all your papers, good for you! If you haven't, I'd like to recommend several books that may help you. The first one is **What To Do With Everything You Own** by Marni Jameson. This book is written in a friendly, sometimes amusing way to help you with advice on what to do with the artwork, cherished items, and all the stuff you have in your house that you think you'll get to someday. There are forms and checklists in the Appendix to help you get organized. This book will soon be available in our library. We've included a set of the forms so that you won't be tempted to write in the book or keep it!

From the Editor continues top of next page

From the Editor continues from previous page

Another book that is worth reading is **The Gentle Art of Swedish Death Cleaning** by Margareta Magnusson. It also provides ideas and strategies for getting rid of the things you really don't need and tips for organizing your estate. Both are excellent resources.

None of us know how much time we have left. What we can be sure of is that we've planned for the inevitable and that we know that all our cherished possessions will go where we want them to and that, if the unexpected happens, our family will know what to do. As bright as Peg was, she certainly didn't do any planning for the future.

In this issue, be sure to read Lynn Sand's reflections on turning 82 years old. Toni Mirobelli has another great recipe and has created another fun Word Search on planning. Both Vincent Grillo Sr and Jack Gale have written valuable tips for improving your golf game.

Enjoy March!
Be safe, be kind.



BARCLAY BITS

by Ina Baron

The Barclay has been doing some needed repairs on the roof and sides of the building. One of the next projects coming up is fixing the Catwalks.

We had our annual Election Meeting, and we have a new Board of Directors. President/Treasurer is Miriam Valdez; Vice President is Bruce Mustello; Secretary is Katie Kribbs; Directors at Large are Tony Damico and Rudie Cerbone.

The Barclay is saddened by the passing of long-time resident Annette Moore. Annette was an avid card player and active in Hadassah. May she rest in peace.

To residents using the elevator - please do not hold the door open too long as it turns on a very loud noise when the door closes, which is hurtful to those who wear hearing aids. A gentle reminder – with the warm summer months coming, please remember to rinse out cans, bottles, and jars so that we do not have critters invading the trash rooms. Also, if you use the shopping carts, please remember to return them promptly to the first floor so that others can use them. In addition, please do not leave any trash in the shopping carts. Thank you.

Our BBQs on Monday night with The Ambassador are getting quite popular. Come on out and meet your neighbors!

The AMBASSADOR

by Annette Weinberger and Shirley Cyr

February has been a busy and exciting month. We've enjoyed cheering on our teams while watching the Olympics and the Super Bowl. A few of us even won a little money on the Super-Bowl squares!

We had our budget meeting and like most have had an increase in our monthly HOA. The good news is that we've picked a roofing company and will be getting a new roof with a 20-year warranty. Work should start in about a month or so. Our landscapers have been cleaning and adding flowers and mulch. Everything looks so nice. (So much better than snow and ice!) More good news... the pool heater is fixed!

When the weather allows we're enjoying our Monday night BBQ's with the Barclay. Thanks to Chef Al who's doing a great job at the grill.

Annette Weinberger had a family visit with granddaughter Brittny and her 3 children who flew in from Kansas. Sister-in law Sybil and other family members flew in from New York. Sandi Wolf flew to Charleston for her grandson Nicholas's graduation from the Navy Nuclear School. He will be heading to Japan this month. Congratulations, Nicholas and thank you to all who serve our great country.

If you want your dryer vent cleaned, please check in the lobby, we'll post a name and phone number. The birds like to nest in the vents so your dryer will not work properly and could cause a fire. This is the homeowner's responsibility.

Wishing you all a Happy St. Patrick's Day.



Attention Bunco Players!

Bunco is the second THURSDAY of each month at 7 PM in the Community Room.

Admission Fee is \$5.00 and a small, unwrapped gift for the Loser Bag.

Reservations Required. Please call Mindy Dorffman (561) 328-8977 or (561) 778-2212

CARLISLE CHATTER

by Lynn Sands

Time does fly; It's March already! Our snowbirds will soon be leaving us for the northern spring weather.

Due to the Coronavirus, our Social Committee only hosted events poolside this winter. Hopefully, next winter, we can once again enjoy restaurant meetups.

Our second poolside event was a Potluck dinner. The food was delicious as usual. It is always fun to meet our neighbors and greet new owners. Everyone had a great time. Our next event will be a Sangria Party. Posters announcing this will be up near the mailboxes shortly. Our Social Committee looks forward to a good turnout.

Next month Carlisle will be voting for a new Board. Voting sheets will be sent out shortly. If you have never run for the Board, consider doing so. It is a wonderful way to assist in our budget decisions and to keep the Carlisle in good working order.

Happy Birthday wishes to Carlisle March babies: Bruce Walker, Eileen Sadof, Ed Weiner. Congrats Guys! Any Carlisle resident who has not provided me with their birthday month, please email me at gipsee1@yahoo.com or knock on my door, #105. You will receive birthday wishes in your corresponding "Poinciana Today" edition.

Happy St. Patrick's Day.

R&B! Jazz! Motown!
Experience her soulful expressions!

FREE
EVENT

EBONIE PARIS

Poinciana Gold Club
3536 Via Poinciana, Lake Worth, FL 33467
Sunday, March 6th at 2 pm

THE DORCHESTER

by Marilyn Siegel

February got off to a cold start, but it was warmed up one Friday night by a Hot Soup Potluck dinner out at the pool. Several of our residents made very satisfying soups. Others brought salads, bread, and assorted desserts. It was a great evening.

Zona and Marilyn co-chaired the event and would like to thank the Social Committee and others who did most of the heavy lifting in setting up and breaking down the party area. In March, we plan to have a Game and Snack Night which should be a lot of fun. Dorchester residents, please be on the lookout for the sign-up sheets out by the elevator.

The January 20th New Board Organizational Meeting did not have a sufficient quorum and could not elect a 2022 Board of Directors. On January 26th, another meeting was called, and the problem was resolved. We elected a five-member board. The new Board members are:

President - Bernard Jessen

Vice President - Jerry Ann Vitale

Secretary - Maria Jimenez

Treasurer - Robert Ford

Director - Phil Antico.

Andrea Ford, the past President, graciously thanked the past members of the 2021 Board and each of the residents who volunteered for the many projects that keep our building a safe and happy place.

The County of Palm Beach is requiring the Dorchester to install new smoke alarms in each unit. Three to four smoke alarms per unit are now required based on the number of bedrooms. Except for the hard-wired hall smoke alarm, each smoke alarm must have a lithium battery with a ten-year warranty. The board has purchased 144 smoke alarms and is making an installation schedule to accomplish this task. Once installation is complete, the County Fire Marshall will do an inspection. The Fire Marshall will give us a license to complete ongoing elevator modernizations if everything meets code. Yes, receiving permits for the elevator work has caused the county to assess what other work needs to be done to bring our building up to the current code. And speaking of the ongoing work, new Air Conditioning was installed in the North Elevator Control Room.

As Spring returns, we wish everyone a joyful St. Patrick's Day. Please remember to stay well.

Gramercy by Babette Abner Harpster

Activities and events are in full swing at the Gramercy, just as they are on the Poinciana Golf Course! In January, we had our annual meeting and are excited to announce the Gramercy Board of Directors: President Paul Labbe, Vice President Eduardo Pazmino, Treasurer Norm Bolduc, and Secretary Silvana Jakob. Other members on the Board are Donna O'Brien, Delia Pena, and Jeannette Palacio.

Many of our residents enjoyed meeting and greeting the new Board and visiting with neighbors at our first 2022 Meet and Greet Happy Hour last month. The following day we had our first Board of Directors meeting, which was well attended with residents signing up for the Financial, Social, and, or, Building and Grounds committees. All committees are off to a great start.

A monthly pizza party is planned for the third Thursday of each month, beginning with a BYOB Happy Hour at 5:00 pm. A theme party is planned for the first Sunday of each month, starting with a BYOB Happy Hour at 5:00 pm. We pulled out the grill for the February party, which was a barbeque of hamburgers, hot dogs, and all the fixings with dessert in special honor of those who celebrated birthdays in February. Details, including sign-up sheets, will be at the mailbox on the bulletin board for future parties and events. Gramercy residents need to get their dancing shoes out for upcoming salsa and line dancing, as well as minds tuned up for Happy Hour Trivia presented by Phil and Sandy.

The Social Committee is gathering birthdays and anniversaries of our neighbors. Any resident who has not provided their birthday or anniversary date, please email your special day to Paul at plab@outlook.com or drop it off at Paul and Claudette's door #206. If you would like to receive timely information concerning Gramercy news, please provide your email or telephone number to Paul as well.

A special welcome to Tom Taylor, who recently moved to the Gramercy from Illinois, as well as to Janice and Ian Dillion, who hail from Jamaica, NY.

Our condolences to George Homan on the passing of his wife, Nora. Our thoughts and prayers are with George and their family.

Don't forget to wear your green on the 17th, or you might get pinched!

CONDO 1 & 2 by Joy Finer

March is upon us. How time flies when we are enjoying our Florida weather (Ranging from 43-83 degrees)! All had a great time at our two special grill nights - Pizza Night and our Valentine's Ice Cream Social with a record attendance.

Upcoming!

On Tuesday, March 22nd, we will have an International Night held in place of Grill Night. Watch your bulletin boards for the details. Please let the Social Committee know if you have any ideas for a special night. It has been great seeing everyone this season. Remember to invite any new residents so they get to know their neighbors

The construction on the facades of the Jamison and Kendall buildings is well underway. Please be aware of construction areas and be careful while on catwalks and stairwells. We thank you for your cooperation while we are in construction mode.

Reminders of the Month:

- Hot water heaters should be replaced every ten years
- Dryer vents to the outside should be cleaned each year.
- Metal reinforced washing machine hoses should be used to avoid damages to your condo.
- A/C filters should be changed monthly to avoid excess wear and repairs on your system.
- Your condo should be checked each week if you are away.
- Water should always be turned off when you are away.
- Toilets are for toilets paper, and human waste only. NEVER use wipes of any kind.

Safety is our number one concern for all residents. Please make sure you lock your cars and do not leave any valuable inside. If you see something, say something. Any suspicious behavior, please contact the Sheriff at 911 IMMEDIATELY no matter what time of day.

Our association pool at 3663 Via Poinciana is open from sunrise to sunset every day. Our website is continually updated, and all pertinent information, required documents, reports, minutes, and updated information can be found by logging on to www.poinciana1and2.com. Please ensure the office has all your updated information, including email addresses, current mailing addresses, and contact phone numbers.

ESSEX

by Toni Mirobelli

The Essex grounds look beautiful thanks to our new landscape, mowing, trimming, and laying mulch. Flowers have been planted along the walkways leading to the pool and around the circle at the entrance. There are more improvements coming soon!

The Social Committee has begun planning events. A Meet and Greet party will be held on Sunday, March 6. Please come, meet all your new neighbors and Make Your Own Sundae! Check the bulletin boards for details. The always popular Chinese dinner will be held on Sunday, April 10. Again, please watch the bulletin boards for more information later in March. If you would like to join the Social Committee, please see Toni Mirobelli. It is enjoyable to plan and help at these events, and you will get to know your neighbors.

The bulletin boards are a great source of information. Poinciana Community events are posted as well as Essex events. We also post the Month End Summary on the boards. It only takes a few minutes to check everything out, and we encourage you to do so and stay in the know!

Please remember that large boxes should be broken down and put next to the dumpster. When large boxes are put in the dumpster, trash piles up and blocks the trash chutes, which then causes trash to spill all over the floor.

A reminder that Daylight Savings Time begins at 2:00 a.m. on Sunday, March 13. Spring your clocks forward one hour.

If you have not yet placed the new blue parking stickers on your vehicle(s), please do so.

SPRING: A LOVELY REMINDER OF HOW BEAUTIFUL CHANGE CAN TRULY BE.

DID YOU KNOW

a one-way trip on the Trans-Siberian Railway (the longest railroad in Russia and in the world) would take seven days, during which passengers would pass through eight different time zones and cross 3,901 bridges.

HAMLET

by Russ Donnelly

This will be the last newsletter of the season for many of you. We will again be saying goodbye to our snowbird friends and neighbors in April. Things here at the Hamlet have been on the quiet side, for the most part, just residents enjoying their days and the company of their neighbors.

A few changes have occurred recently. New signs have been placed on the Gramercy and the Hamlet border. These signs are to aid in the enforcement of a No Dog Walking policy on Hamlet property by some residents of the Gramercy. We have partitioned a path to 10th Ave North on the border of our buildings to provide the dog walkers with a way to 10th Ave North so that they may bypass walking their animals on our property. We thank you in advance for using the provided path.

Also, the Board has voted unanimously to have combination locks installed at our pool. Sadly, recent unauthorized people using our facilities have deemed this action necessary.

The Board also held a special meeting to elect a President and appoint officers. Russ Donnelly was elected President. Joe Malka will serve as V.P. in charge of Maintenance. Shelda Bannon is now Treasurer, and Barbara Crespy is Secretary. The three remaining Directors are Allen Zinn, who will assist Joe Malka with maintenance, and Harvey Tabachnick, Pool and Wayne Farrow will do miscellaneous oversight. Our commitment to the Hamlet is stronger than ever. Thanks for your trust.

Finally, the Left, Right, Center, Tournament is coming up on Sunday, the 13th of March at 5 pm, and Bingo is on Wednesday the 16th, 7 pm. I am counting on your support, and thanks in advance. Welcome to our new residents, the Buncher's 318 and Miguel Guerra 414.



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IMPERIAL BUILDINGS 8 & 9

by Dorothy Coustakis

Our Annual Meeting was held on January 28th. The Board members are as follows: Dorothy Coustakis, President; Michael Appel, Vice President; Bruce Lapidus, Treasurer; Tony Iacovangelo, Secretary; Michael Ezratty, Director. We want to thank Lou Rodino and Gary Rubenstein for their many years of service on the Board.

Four owners volunteered to be on the Fines Committee. This will give us the opportunity to fine and collect monies from people who do not follow the rules and regulations. Please be aware that when you receive a notice of infraction, it will be followed by a final notice and then an appearance before the Committee. Thankfully, we have very few people who break the rules.

We want to thank Frank Bellito for his generous donation to buy a new cart for 3959 Building 9. He researched and found a cart with rubber wheels that will not make the horrible sound late in the evening and holds up to 300 pounds. Please make sure to return it to the proper place after use.

We have updated our Calendar on the Website to include the BBQ dates. Please join us and enjoy the company of our neighbors and meet and greet some of the new owners. Unless notified, the BBQs will be a "Bring Your Own Food and Drinks." If you would like further information, please email us.

We will begin our monthly meetings by the pool again. We will post the dates and times. By the time this is published, we hope to have a meeting and a schedule for any upcoming meetings.

You can now make online payments on our Website for maintenance fees. It is secure and simple to use. There are three ways to make payments: Send in the coupon by mail; Mail to the Bank with the coupon; and my personal favorite, use the Website to make the payment. You can set it up on the Website to send you a reminder when payment is due. We hope these changes make it easier. Please do not place your payments in the office mailbox. It will be sent back to you. Only use the PO Box number that is on the coupon. The old PO Box is no longer operational.

Have a wonderful March. Stay safe and healthy.

PATIO HOMES

by Ruth Ruttkay

We are sad to inform you that Bob Alpern passed away on January 17, 2022. He was 94 years old. You may remember Bob from his active support of the Men's Club. He was an avid golfer, card player and served as a past member of our Board. He will be missed by all who knew him. Condolences go out to his wife, Marilyn.

Our Annual Homeowner's Meeting and Board Election was held recently. Mary Anne Pirozzi and Sheila Eastman were re-elected. Kim Joseph was also elected. The roles are:

- MaryAnne Pirozzi, President
- Sheila Eastman, Vice President
- Paul Ferretti, Treasurer
- Kim Joseph, Secretary
- Pat Patrick, Member at Large

I will continue as our representative on The Poinciana Community Group. Congratulations to our re-elected and newly elected Board Members!

I would also like to thank Myranne Feinstein for working with me in preparing the ballots for delivery and accepting the early Ballots before the meeting. Also, thank you to Kani Nicodemus, JoAnne, and Norman King for tabulating the election results with me.

The 2022 budget was approved as submitted. If you are interested in receiving a copy of the 2022 Budget, please reach out to Paul Ferretti, Treasurer.

Best wishes to all for good health, and stay safe!

CSI Events at Poinciana Clubhouse

RSVP – 561-603-7712

Health Fair

Wednesday, March 2, 10 am – 12 pm

Light Exercise & Seminar

Friday, -March 4, 11 am – 12 pm

Bingo

Wednesday, March 9, 1 pm – 2 pm

Free Memory Screening

Wednesday, March 16, 10 am – 2 pm

MUST RSVP

Onspot Mobile Dermatology

Thursday, March 17, 8 am – 5 pm

WE NEED TO TALK

by Toni Mirobelli

AARP Volunteer Instructor and Essex resident

“Dad, there’s something I would like to talk to you about.”

“Mom, got a few minutes? We should talk about something soon.”

“Mom? Dad? We need to talk.”

Many adults have been in this scenario talking to their parent(s) about a difficult and sensitive topic - whether or not the parent should continue to drive. My sisters and I had this conversation with our Mother. It did not go well. My mother had complete loss of sight in one eye and was in the early stages of Alzheimer’s Disease but still insisted she was quite capable of driving. I wish I had known then what I know now as an AARP Safe Driving Instructor and as an Instructor/Facilitator for We Need to Talk, a free AARP program which is also available online.

Responsible adults plan for their future – for education, insurance, trusts, wills, retirement, etc. Since transportation is part of our daily lives, it only makes sense to plan for the time when we may not be able to drive, to make plans to fill that gap in our abilities.

- decrease in confidence when driving
- other drivers honking horns at them more often
- near misses, hitting curbs, scrapes, or dents on the vehicle
- riding the brakes, confusing the gas and brake pedals, increased irritation, aggression, or agitation while driving, failure to notice signs or signals
- difficulty going in reverse, using bad judgment making left turns, getting ticketed

There are many people in a person’s life who may notice issues in an older person’s driving – a family member, friend or neighbor. Who, then, would be the best person to broach this topic? A spouse may be the answer but surveys have shown that many married couples would not want to have this discussion with their spouse. Many elderly drivers think that their physician should have the final decision. A doctor can assess vision, hearing, cognitive and motor skills but is not able to notice actual driving issues. In surveys, it has been determined that men would prefer to share their driving concerns with adult sons and women with their adult daughters.

Some adults who live alone often are comfortable talking with a close friend. It may be very helpful to have someone who has already limited or stopped their driving to discuss how they have managed the change in lifestyle.

Sometimes an adult will recognize warning signs in themselves. It is important to be honest then in assessing their own driving experiences and begin to make appropriate decisions for their safety and the safety of others. This would be a time to seek support from a relative or close friend to assist in making the transition to alternative transportation. Older drivers who have driven for many years fear loss of independence, don’t want to be a burden to anyone, and have worries about loss of social activities. It is so important to express to the older driver that particularly in this day and age, there are so many alternatives available: riding with family, friends, and neighbors; public transportation; ridesharing, buses, vans provided by churches or healthcare providers to name a few.

It is best to plan the conversation at a good time and place, when the individual is calm and willing to listen. Be sympathetic and supportive as this is a major life change. Plan to have several conversations if necessary and provide reasoning why it really might be best to avoid driving (night driving, heavy congested roads, risking injuries, etc.) One very significant point is that the person could save a substantial amount of money by not having to own and maintain a vehicle. (Think about costs of the vehicle itself, gas, tolls, oil changes and other regular maintenance, tires, insurance, and licenses and registrations.)

There is no doubt this is a sensitive and difficult discussion and decision. By planning these conversations and showing understanding, this transition from driving to alternative transportation can be done in a way that leaves the elder driver feeling good about their choice.

If you have any questions or would like to discuss AARP’s We Need to Talk program, please feel free to contact me at tmirobelli@gmail.com or 814-207-2200.

We need to talk continues top of next column



Pizzeria

641-0200

DELIVERY AVAILABLE AFTER 5:00 P.M.

5815 Lake Worth Road
Greenacres, Florida

Monday - Thursday
11:00 A.M. to 8:00 P.M.

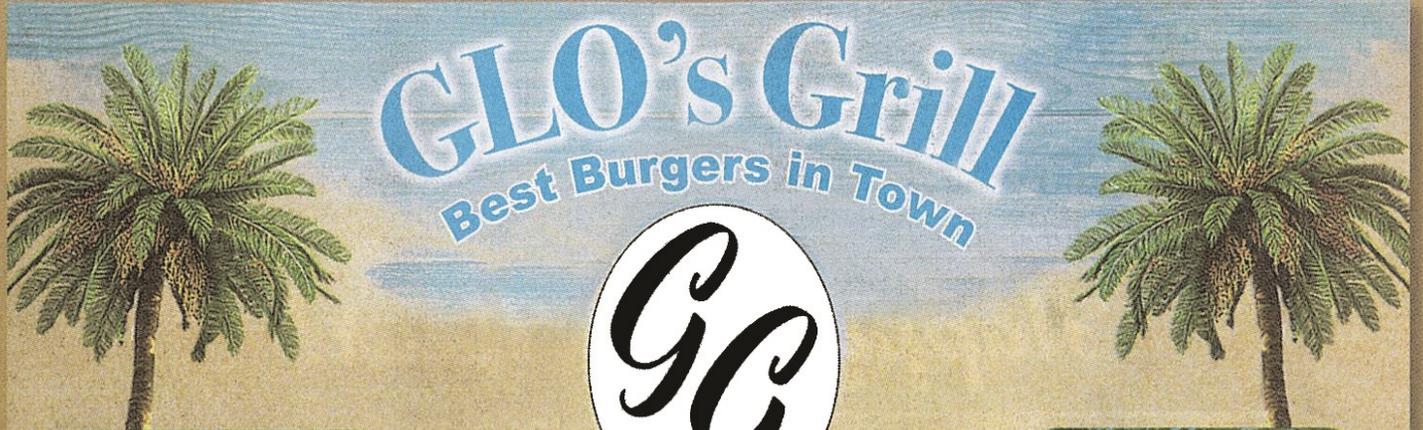
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PEEPING TOM from The Sheriff's Department

There has been a suspicious incident in the Covered Bridge community. Since this neighborhood is not too far from Via Poinciana, the sheriff's department wants to keep you informed. A possible "peeping Tom" was reported several times earlier this month in Covered Bridge between the hours of midnight – 4 am. Unfortunately, the victims were unable to provide a detailed description of the suspect.

Please remind your residents to always report any suspicious person(s) they might observe within the Poinciana Community and the surrounding developments. The Palm Beach County Sheriff's Office non-emergency number for delayed incidents is 561-688-3400, or they can call 911 if the suspicious incident is actively occurring. A resident may request to remain "anonymous" with our communications dispatcher, or request to speak with a Deputy over the phone if they do not feel comfortable with law enforcement interaction at their home.

Thank you and stay safe!



FREE MOVIES, POPCORN, BOTTLED WATER

Thursdays @2:00 – Poinciana Clubhouse Community Room

March 3rd – "Ordinary Love"

Romantic Drama starring Lesley Manville & Liam Neeson

March 10th – "Richard Jewell"

Drama/Biography starring Sam Rockwell & Kathy Bates

March 17th – "Jumanji: The Next Level"

Sci-Fi Adventure starring Dwayne Johnson & Jack Black

March 24th – "No Time to Die"

Action Thriller starring Daniel Craig & Rami Malek

March 31st – "The Courier"

Espionage Thriller starring Benedict Cumberbatch & Merab Ninidze

A REFLECTION ON TURNING 82 by Lynn Sands

Is it really March 2022? Have I really reached the age of 82? Becoming older and sometimes forgetful, yet the events of my childhood remain fresh in my mind.

My earliest memory is living in Williamsburg, Brooklyn, New York (as then an only child) in a three-story walk-up on the second floor. It was just one bedroom which I shared with my parents. I can still remember the location of all the bedroom furniture. My crib was positioned against the righthand side wall as you entered and behind a window that faced the front of the building. At nighttime, I would stand up in my crib and look out; I could see across to the street corner where a restaurant with neon-colored flashing lights said "Canton." It was the first letters I learned, even before my own name. I would watch those lights until I was tired and then lay down in my crib to sleep.

It was the very beginning of World War Two; one evening Aunt Mary who was just nineteen was visiting us. I heard a voice in the street crying, "lights out." All the outside lights went off, including "Canton." My aunt grabbed me under my parents' bed. I was frightened and started to cry. Aunt Mary told me to be very quiet.

When I was around seven years old, I recalled the incident and asked my mother what that night was about. I was told there had been an unidentified plane flying in our airspace. All residents were cautioned to take cover until it was determined not to be an enemy plane. It was finally identified as an American plane, and cautions were lifted.

As I entered adulthood and again thought back to that night, I realized how lucky I was to be born in the USA. Had I been a child of 2 years living in England, I would not have cried because nighttime air raids would have become a regular part of my daily routine. Had I been a Jewish child of 2 years living in Nazi Germany, I would not be likely to be here now telling this story.

I remember a time when we were all on the same side against common enemies to our democracy, when a small child was able to cry when her normal routine was disrupted, when it didn't matter what political party we agreed with, and I long to see that time again.



-Left - Right - Center-

L R C

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Poinciana Social Committee by Russ Donnelly

We are approaching the end of Season 2021 - 2022 and have managed to glide our way through the temporary restrictions, and hopefully, we can complete our amended schedule. The only remaining items on March's agenda is Bingo on the 16th of March at 7 pm in the Community Room and the Left, Right, Center tournament that, because of a scheduling error, will have to be re-scheduled for the third time to Sunday, March 13th, 5 pm. in the Community Room. I sincerely hope this does not cause any confusion, and I am really sorry. I have been working on entertainment for the 2022-2023 season and hope to have them finalized sometime before the end of this month. Thanks for your patience and support.



Chi Gong Mind, Body, Spirit Hygiene Class by Alexander Galvez

The Chi Gong Mind, Body, Spirit Hygiene Class offers participants and students an integrated set of exercises to allow balance, harmony and tranquility of their mind, body, spirit connection through ancient Tai Chi exercises and practices.

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Alexander Galvez offers the class. He is a Level 1 certified Tai Chi instructor for over ten years under the 6000-year tradition of Taoist Qi Gong and Tai Chi lineage of master Mantek Chia.

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For more information, please contact Alexander at 917-992-8237.

POINCIANA TENNIS by Kathy Graves



We've been enjoying good weather and good turnouts, for the most part, this season so far. However, we all are still hoping and waiting to get back to "normal."

Our club likes to socialize, so the times have put a damper on inside gatherings. Thus, we have several outside socials planned that started Friday, February 18. We will be holding a pizza party at the courts following regular play and will serve pizzas from Pizza Hut, vegetable salad, drinks, and dessert.

Our seasonal players usually start heading north, some as early as the end of March and then throughout April. We want to get in as many as possible outside socials before then. Hopefully, two weeks after this one, we'll hold another outdoor gathering of maybe some ordered sub platters or something similar.

We're pleased to announce that Guy Boileau of Dorchester will be interim Vice President for the club.

March tennis joke: Why did the man buy nine rackets?

Answer: Because tennis too many.

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March 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 9:30A—Chair Yoga 10:30A—Talk Time	2 7:30A—Men's Golf 8A - Tennis 9A—Pilates 10A Yoga 10A—CSI Health Fair 1P—Sit&Stitch	3 12:30—Bridge 2P—Movie “Ordinary Love”	4 7:30A—Men's Golf 8A—Ladies Golf 8A - Tennis 9:30A—Chair Yoga 11—CSI “Feel Better Fitness”	5 9A—Yoga
6	7 7:30A—Men's Golf 8A—Ladies Golf 8A - Tennis 9A—Pilates 10A Yoga 1P—Arts/Crafts 1P—Ceramics	8 9:30A—Chair Yoga 10:30A—Talk Time	9 7:30A—Men's Golf 8A - Tennis 9A—Pilates 10A Yoga 11A—Book Club 1 - CSI Bingo 1—Sit & Stitch	10 12:30—Bridge 2P—Movie “Richard Jew- ell” 7P - Bunco	11 7:30A—Men's Golf 8A—Ladies Golf 8A - Tennis 9:30A—Chair Yoga	12 9A—Yoga
13	14 7:30A—Men's Golf 8A—Ladies Golf 8A - Tennis 9A—Pilates 10A -Yoga 1P—Arts/Crafts 1P—Ceramics	15 9:30A—Chair Yoga 10:30A—Talk Time 11A—Charity Bingo @Mel's Way Bistro	16 7:30A—Men's Golf 8A - Tennis 9A—Pilates 10A Yoga 10A—CSI Free Memory Screening 1P—Sit & Stitch	17 8A—CSI On- spot Mobile Dermatology 12:30—Bridge 2P—Movie “Jumanji: The Next Level”	18 7:30A—Men's Golf 8A—Ladies Golf 8A - Tennis 9:30A—Chair Yoga	19 9A—Yoga
20	21 7:30A—Men's Golf 8A—Ladies Golf 8A - Tennis 9A—Pilates 10A Yoga 1P—Arts/Crafts 1P—Ceramics 7P - Communi- ty Board Mtg	22 9:30A—Chair Yoga 10:30A—Talk Time	23 7:30A—Men's Golf 8A - Tennis 9A—Pilates 10A Yoga 1P—Sit & Stitch 7P—Bingo	24 12:30—Bridge 2P—Movie “No Time to Die”	25 7:30A—Men's Golf 8A—Ladies Golf 8A - Tennis 9:30A—Chair Yoga	26 9A—Yoga
27 5P—Left-Right - Center	28 7:30A—Men's Golf 8A—Ladies Golf 8A - Tennis 9A—Pilates 10A Yoga 1P—Arts/Crafts 1P—Ceramics	29 9:30A—Chair Yoga 10:30A—Talk Time 11A—Charity Bingo @Mel's Way Bistro	30 7:30A—Men's Golf 8A - Tennis 9A—Pilates 10A Yoga 1P—Sit & Stitch	24 12:30—Bridge 2P—Movie “The Courier”	Community Board Meeting Monday, March 21st @7:PM Clubhouse Community Room	

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\$4beer \$5wine \$5house cocktails

Crabcake Dinner \$24.95

Thurs March 3rd DJ-Oke
With Ray your Dj Open mic night

Thurs March 10th. Leiza Michaels
We celebrate March Bdays

Thurs March 17th
We celebrate St Pattys Day With
Ray your Dj

Thursday March 24th Disco Night
With Leiza Michaels

Thurs March 31 st Latin Night
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MARCH 5TH REMINISCE

MARCH 11TH CRUZIN

MARCH 12TH BROOKLYN'S BEST

MARCH 18TH SOUNDSATIONS

MARCH 19TH JOEY & THE PARADONS

MARCH 25TH JOHNNY T

MARCH 26TH CRUZIN

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POINCIANA GOLF CLUB GOLF TIP OF THE MONTH by Vincent Grillo Sr.

The golf season at Poinciana is now in full swing! Thank you to all who have played this year, and we hope you are enjoying the golf course. The following is our golf tip of the month from our retired PGA Golf Professional father, Vincent Grillo, Sr. We hope to see you soon!

Hello, Vinnie Grillo Sr. here again. Last month I promised to tell you about the most important aspect of the Game of Golf — the mental aspect. In learning to perform any kind of physical act efficiently, you must acquire a clear mental picture of just what it is that you are trying to do. Next, you must acquire a positive method to enable you to do it. Being human, you can never hope to wield a golf club perfectly. Only a machine can attain perfection in performance. But if you understand what IS right in wielding the club, you need not be discouraged from trying to achieve machine-like precision as nearly as you can. To do this requires long hours of patient practice. But first, you must understand just what you hope to achieve by practice.

I ask you to regard the golf stroke as one single action. Your only purpose is to move the club-head to strike the ball. From the time the club is started back from the ball until the ball has been struck, you are performing a single action. You learn to perform the action more easily by conceiving it as a unit than you possibly can by thinking of it in terms of component parts.

The action of striking the ball is a single performance, whether you make a short putt, a mashie shot, a mid-iron drive, or a full drive. Necessarily, when the object is to hit the ball a long way, the scope of the action is greater than for a lesser stroke. But in its conception and until making it, the stroke is the same in each.

Therefore, my first purpose in creating a mental picture or pattern of what you must try to do is to realize that the correct stroke in golf is a single, unified action. Fix this in your mind. There is a saying that one picture is worth ten thousand words, but you must know how to study this picture. So always visualize the stroke as one action.

Golf Tip of the Month continues top of next column

The principle of the single, continuous performance is true for all types of players — old and young, short and tall, stout and thin. It applies to women golfers quite as readily as to men. Even for those who become consistently good, styles differ. But all good golfers are alike in the essentials. They differ only in minor details. Next month, I will tell you about actually striking the ball while having this mental picture to guide you.



STRATEGY ON A HOLE By Jack Gale

PGA Master Professional and Poinciana Resident

Golf holes play differently from person to person, day to day, and as simply by changing the tee and flagstick position.

Here are some of the factors which you need to think about:

1. How long is the hole which we are playing?
2. How far can I usually hit my driver or, in the case of a par three or fairway shot, how long do I need to carry my shot? (Certainly, these questions depend on your ability level).
3. How are the weather conditions affecting me - into, down or crosswind, warm or cold, dry or rain, etc.?
4. What are the turf conditions where my ball will land -firm or soft.?
5. Should I attempt to carry the bunker or play to the side of it based on my sand skills?
6. Is the flagstick on the front, middle, or back of the green?
7. Are we teeing up farther back or further up than normal?
8. When on the green, are you putting down or uphill, down, into or cross-grain, or are the greens slow, fast, or average?
9. If from the fairway, what type of lie do I have - uphill, downhill, side-hill, tight or sitting up?
10. If I choose to lay up, what length shot to the green is best for me?

These are factors that we need to consider on every shot that we play. This added concentration can improve your scoring daily. Get out on our course and support our new course operators, The Grillo Family.

I look forward to seeing you on the course, and around our community.



LADIES GOLF LEAGUE
by Pat Murray

Hello again from Ladies Golf! Yes, you saw us out there on the course when the thermometer read 45 degrees on those cold days in January. Hopefully, we can put those days in the history books, put away our earmuffs, and look forward to good golfing weather.

February and March are always exciting months for the Poinciana Ladies Golf League because it's tournament time. Our ladies will be playing for low gross and low net prizes. We wish them all the best.

Stay tuned for the announcement of the winners. According to our scorer Suzanne Swartz, we have already logged in numerous birdies and chip-ins. Good job, girls! We will celebrate all our winners at our luncheon at the end of March.

Unfortunately, we had to cancel Steal Bingo which was scheduled for Feb. 20th. The response was not as strong as hoped due to lingering covid concerns. We will try again next year.



SIT AND STITCH
by Joan Needle

We encourage anyone who is interested in any needlecraft (embroidery, needlepoint, crocheting, or knitting) to join us every Wednesday afternoon from 1 pm to 3 pm in the Terrace Room on the second floor of the Clubhouse.

We practice our crafts and assist anyone who needs help. We look forward to seeing you then. You may call us to verify our meeting if the Covid situation is uncertain. We are presently spacing our seating arrangements.

For further information call:
Luanne at (561) 670-2334
Joan at (561) 649-8960



YOGA AND PILATES
by Ruth Cassel

Yoga is an excellent exercise that can help us age more gracefully. Regular practice helps to build strength, stamina, and flexibility.

Mat yoga with Shannon is offered on Monday and Wednesday at 10 am and on Saturday at 9 am. The cash price is \$10. A contactless payment method is available at ribbon.com/u/shannonsyogaspot. Using this payment method will enable you to get discounted prices. Chair yoga is wonderful for those who have movement restrictions, are uncomfortable touching the floor, or have cranky joints. It is excellent for managing stress and improving overall health.

Chair yoga is offered on Tuesday and Friday at 9:30 am.

Pilates classes are on Monday and Wednesday at 9 am. Pilates builds core strength, especially in the belly and lower back. This workout will surely get your blood pumping. The cash price is \$10, but using the website ribbon.com/u/shannonsyogaspot, will offer a variety of packages and discounts.

For Mat Yoga and Pilates, please bring your own mat or materials such as blocks or towels that you might need. There is no sharing of equipment. Please silence your phone during class.

Concerned about Covid? Class size is limited. The instructor is masked and vaccinated. Most of the students are vaccinated.



CERAMICS
by Ida Roth

Come join us for Ceramics every Monday from 1 pm to 4 pm in the Ceramics room on the second floor of the Clubhouse.

Talk Time

by Harvey Grodensky

Current Events are what we talk about; local, national, and international happenings! All points of view are welcomed, so come join us and add your opinions. We meet on Tuesday morning at 10:30 am in the Hospitality Room of the Clubhouse lobby. Feel free to check a number below to verify changes due to Covid. Our seating arrangements will be well spaced.

For further information call:
Harvey at (561) 596-6769 or
Linda at (516) 779-4602



By Ruth Cassell

The art group is meeting again on Mondays between 1 pm and 4 pm in the Community Room at the Clubhouse. A few artists moved, so they no longer meet with us, but luckily we've had interest from several new folks.

A collagist and a colored pencil sketcher joined us last week. One of the new members, Al, demonstrated how to do an acrylic pour. It was fascinating and calming to watch how the paint would move. Unfortunately, it requires a lot of material that need to be carried in each time as we do not have a permanent art space. I hope we can convince Al to share more of his creations.

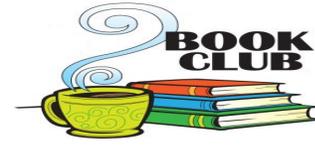
Most of us are still painting with acrylics, but we welcome anyone who wants to join us to share ideas and conversation.



POINCIANA LADIES SOCIAL CLUB by Jackie Rome

The Ladies Social Club of Poinciana had our February meeting, and we decided to cancel the season. We regret this decision, but we feel that because COVID is still causing major health problems, and we would rather be safe.

Stay well, be careful, and we'll start the next season with only good events and memories.



THE HAPPY BOOKER LA Glickman

We finally hit a dud. "Founding Mothers" by Cokie Roberts was a disappointment. If you enjoyed reading historical textbooks while in school or out, then you will enjoy this book.

We did learn that women played a much larger part in the Revolutionary War than previously thought. Why didn't they teach us about this in school? We also learned that some of the founding fathers weren't all that spick and span. They were human. Actually, it was refreshing to learn that real people with all their inspiration and faults were able to found this great country of ours.

Did you know that women sometimes spent years in the encampments along with their husbands? Did you know that Benjamin Franklin spent 15 years in Europe away from his family? Would you believe that a 16-year-old female was left in charge of several plantations while her family returned to Antigua? She introduced Indigo to America and had the 3rd largest American export. Did you know a woman disguised herself as a soldier and was only found out after being severely wounded? Did you know about the women spies that helped save lives and win the war? If any of these interest you, I suggest you take a look at HBO's "TURN." We won the war, but it wasn't easy.

Our next meeting will be on March 9, 2022, between 11 am and 12 pm in the Terrace Room. We have distributed "The Rose Code" which is historical fiction.

If you think you would like to participate in this fun group, contact: LA Glickman at email: glickmanla46@gmail.com for additional information.



DUPLICATE BRIDGE by John De Maria

The Bridge Club meets every Thursday in the Terrace Room from 12:00 p.m. - 3:30 p.m. Please contact John DiMaria 1-561-642-3265 if you are interested in participating.

FLORIDA FUN FACTS by Thomas Leonard

ESTEE LAUDER

Josephine Estee Meritzer was born in 1906 and grew up in Queens, New York. She attended Newport High School. Her father owned a hardware store. Her mother helped spark her interest in personal beauty and health care. This led her to work with her uncle, John Sholtz, a chemist, in his laboratory and help him develop creams, lotions, rouge, and fragrances for women. She was a natural salesperson and promoted their products in small New York retail shops. She would later create her own company.

In the 1930's she married Joseph Lauder, who had a business in New York's garment district. They would have two sons: Leonard and Ronald. By 1953 she was the wealthiest self-made woman executive in America.

In the 1930's they bought a home in Palm Beach near the Breakers Hotel. And for the rest of her life, she spent part of the year in this residence. However, she feared a future expansion of the Breakers Hotel property would compromise her peace and quiet. So, she bought an adjacent undeveloped property as a buffer to ensure her privacy.

After she died in 2004, her eldest son, Leonard, acquired her home. The undeveloped property was given to her youngest son, Ronald. Ronald and his wife, Jo Carol, had a large home built for themselves and their children. One of those children was a young girl named Aerin Lauder, born in 1970.

AERIN LAUDER:

Aerin went to the University of Pennsylvania, concentrating her studies on both business and communication. She would later work in the family business as the Style and Image Director. She would also start her own brand of products under the name of AERIN. These include cosmetics, fashion, interior designs, and furniture. They can be found at Neiman-Marcus, Bergdorf Goodman, and Amazon. She has her store locally on Metzner Avenue, just off Worth Avenue. There is another location in Palm Gardens. Recently, she joined others to improve The Colony Hotel's interiors on Hammond Avenue.

Aerin married Eric Zinterhofer in 1996. They have two children, Jack and Will. They have had the same apartment in Manhattan for over twenty years, and their local home is at 1063 North Ocean Blvd. in Palm Beach.

Florida Fun Facts continues top of next column

In 2019 she wrote and published a book, "Palm Beach," with the history and status of people, homes, businesses, restaurants, clubs, and places of interest.

She is very proud of her grandmother, Estee Lauder, and appreciates all that has been passed down through the years. Presently four generations of the Lauder family own homes nearby.

As for Aerin herself, I'm reminded of that adage, "The apple doesn't fall far from the tree." The "tree" was started with Estee working with her uncle long, long ago.



POINCIANA PLATES by Toni Mirobelli

STICKY BUN BREAKFAST RING

Ingredients:

1 tube Pillsbury Grands Buttermilk Biscuits

3 tbsp butter, melted

½ cup pancake syrup

1/3 cup packed light brown sugar

½ tsp cinnamon

Optional: ¼ cup chopped pecans or almonds

Instructions:

Spray a fluted pan with non-stick spray. Combine the melted butter and syrup in a small bowl and set aside. In another bowl, combine the brown sugar, cinnamon, and nuts (if desired). Place about half of the syrup mixture in the bottom of the fluted pan. Sprinkle half of the brown sugar mixture on top of the syrup mixture. Then lay the biscuits in the pan, overlapping pieces closely together to form a ring. Top with remaining syrup and sugar mixtures. Bake at 375 degrees for approximately 20 – 25 minutes or until golden brown. Cool for one minute in the pan, then invert onto a serving platter and enjoy!

Serve this for breakfast, brunch, card club or dessert.

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A	P	E	A	O	O	K	G	A	O	O	F	N	J	I	ADVISE	DATE	INTEND
D	Y	V	R	I	R	I	T	E	H	A	O	A	Y	F	AIM	DISCUSSION	MANEUVER
N	C	U	G	T	G	E	T	T	A	I	L	Y	R	F	AMBITION	DRAFT	METHOD
E	O	E	E	A	A	X	E	A	S	D	A	S	H	D	ARRANGE	EDUCATION	OBJECTIVE
L	N	N	T	C	N	M	C	I	R	M	V	P	V	E	ASPIRATION	ENVISION	ORGANIZE
A	T	A	A	U	I	R	V	T	B	I	A	I	L	I	CALENDAR	FUTURE	PREPARE
C	E	M	I	D	Z	N	R	I	N	R	P	U	S	D	CHOREOGRAPH	GOALS	TARGET
E	M	Z	M	E	E	U	T	S	G	Q	V	S	Z	E	CONSULT	IDEA	TRUST
R	P	U	H	X	S	I	U	O	L	L	I	W	A	A	CONTEMPLATE	INSURANCE	WILL
A	L	T	F	T	O	R	E	C	O	N	S	U	L	T			
P	A	E	G	N	A	R	R	A	F	U	T	U	R	E			
E	T	X	U	N	O	I	S	S	U	C	S	I	D	P			
R	E	O	C	H	D	N	E	T	N	I	M	F	R	V			
P	D	E	C	O	B	J	E	C	T	I	V	E	B	S			

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WORDS CAN SHARE LETTERS AS THEY CROSS OVER EACH OTHER.

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Our numbers are dwindling, so I will ask for your support once again. It's a 3-hour commitment each week, and we are flexible.

Remember, it is extremely important to keep your car doors locked. If you have an alarm on your car, keep it activated.

Please be aware of your surroundings, and make sure there's nothing suspicious going on. I appreciate your help in all that we do. Take care and stay safe!

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Cpt. Jeff Marcus. 321-514-6535
Sgt. Deb Lingenfelter. 561-335-9960

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Garbage Disposal (replacement - 1/2 HP)	Included
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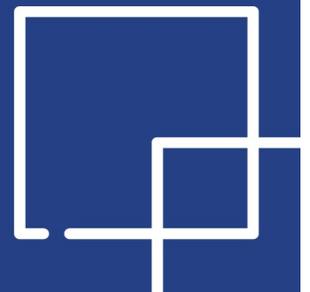
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