



Poinciana Today

MAY 2022

MESSAGE FROM THE PRESIDENT by PAT SULLIVAN

"All things seem possible in May." E. Teale
"Do one thing every day that scares you." E. Roosevelt

By the time you read this, the Community Room will be finished. We have new flooring, new walls and soundproofing, storage for the chairs and tables and a new, more efficient kitchen. Please come to our first board meeting on October 17 to see all the changes.

I must ask for your help with the pool umbrellas. About three months ago I ordered two new umbrellas and this month I have to order two more. Please remember to **CLOSE** the umbrella when you leave the pool area. If it gets windy, **Close** the umbrella. Thank you.

Everyone is invited to our Memorial Day celebration on May 30, 2022. Seating will be under the tent in the parking lot and on the patio outside the entrance to the clubhouse. The parade will start at 10:45 am.

We have asked all board members and presidents to let us know of any deceased veterans in their buildings so their names can be read at the ceremony. We also need someone to be Ms. Liberty and Uncle Sam and march with the parade participants. Any veterans who need a ride for the parade (we have ten golf carts available), let us know. All messages can be left in Pat Sullivan's mailbox at the lobby office.

Afterward, everyone is invited to Mel's Way for lunch. The cost is \$12 per person. You get a hot dog and hamburger, salads, and a drink (iced tea and lemonade). It is wonderful that we have this time to remember those who made the ultimate sacrifice.

Until then, may you always have "Love to share, cash to spare, tires with air, and friends who care."

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with the word "**Subscribe**" in the Subject line.

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CONGRATULATIONS

**To Linda Succi, the newly crowned
Ms. Florida Senior America 2022!
Best of luck to Linda who will now
compete in the Ms. Senior America
2022 National Pageant to be held in
Hershey, PA, September 5th - 10th, 2022.**

FROM THE EDITOR**by Joyce Graham**

"Everything has to come to an end, sometime."
L. Frank Baum, The Marvelous Land of Oz

And so, the season ends. This is our last newsletter until October. Here at Poinciana, we have slowly worked our way back to a semblance of normalcy. Our activities started, stopped, and started again. Many of them are going to continue through the summer months to the delight of those who live here year-round! There are also three new exercise groups that will go throughout the summer, Water Works at the Poinciana Clubhouse pool, Latin Dance Chair class and Chi Gong, both in the Community Room.

Many groups ended the season with banquets and celebrations. The Poinciana Today Newsletter contributors met for a luncheon and brainstorming session. We hope everyone had a good time! Thanks to all of you for your wonderful ideas!

I had announced at the lunch that I was going to begin a writing group over the summer. I've decided to hold off until the fall and spend time this summer working on my own writing. I discovered the most amazing app called Dabble that helps you organize all the elements of your novel in one place. I'm going to play with this throughout the summer and spend some time digging into some family history.

Speaking of history, LA Glickman has volunteered to gather the history of the Poinciana Community. There are so many great stories about the community and what it was like in the beginning and how it has evolved. Please get in touch with her if you have stories about the community, especially the beginnings! Thomas Leonard has written a wonderful article about the rich history of the Fontainebleau in Miami. Toni Mirobelli has another great recipe to try – Peach Cobbler. Please make sure to get your tickets for our Memorial Day Celebration and tickets for the 2022-23 Showtime.

I hope you all have a wonderful summer. Spend a bit of time preparing for hurricane season. Spend the rest of your time relaxing and enjoying your life!

Be safe. Be kind!

The AMBASSADOR by Patricia Herrera

It's hard to believe that our winter season is over. Where does the time go? We've had lots of visitors over the last few months, which always brightens up our lives.

Most recently, my niece and her friends stopped in for a quick 3-day getaway from the cold and dampness of a NY Spring. They had a ball soaking up the sun and simply being able to eat outdoors. Sandi's brother and his wife also arrived to enjoy the same. And Frank and Shirley vacationed with their children and grandkids in Orlando.

Our new roof should be well underway by the time this is published. This is a project many months in the making, and a thank you goes out to all our board members for moving it along.

We want to welcome our most recent homeowners, Robert and Celia, and John and Katrina. We hope you enjoy it here as much as we old-timers do.

Most of our snowbirds have flown back home. We will miss you and look forward to your return. Keep in touch!!

Memorial Day is one of America's most solemn holidays when we remember the sacrifice of our dedicated service members who gave their lives for the freedoms we enjoy every day. It's also one where our entire community comes together to honor those souls with our Memorial Day Parade and festivities. I'm happy to report that our annual parade is back after two years, so I hope to see you all there. This will be a first for me, and I'm looking forward to celebrating with you. I've always liked the saying, "Home of the free, because of the brave." This seems even more poignant this year as the war in Ukraine rages on, and we remember how fortunate we Americans truly are.

Well, summer is nearly upon us. For those near and far, I hope you enjoy every minute of it. Let it be a peaceful season, weather-wise. Psst, you see, I am not mentioning the H-word. Bye for now!!

BARCLAY BITS by Ina Baron

Before continuing, I would like to apologize for not writing an article last month. I could hardly use my right arm after a bad fall, a concussion, and injuring my right shoulder. I am just now starting to get mobility in my arm.

Things are starting to quiet down a bit with several of our snowbirds heading north. We had a somewhat eventful month. Our building was power washed, and now we can repair some of our problem areas along the catwalks. The landscapers did some major pruning with the coming of Hurricane season.

Eva M. had her daughter from Canada here for the past three weeks. Josephine M. had her sister here for a few weeks, and new owners have moved in several units. Being the smallest building in the complex, we have been having Wednesday Happy Hour with everyone bringing their own glass of wine, and snacks are optional.

I hope that everyone who celebrated Easter had a spiritual day and that those who celebrated Passover have had their fill of Matzah. To those who celebrate Ramadan, I hope you had an easy fast. Mother's Day is coming next, so Happy Mother's Day to all the Mommies and Grandmas out there.

Summer is coming, but that does not mean that we must let our guard down. Make sure you lock your cars and that there is nothing of value to be seen through the windows.



HAMLET by Russ Donnelly

It's May, and it's that time of the year again when we say goodbye to our snowbirds. Most of them will be going to their summer residences by this reading. We bid them a safe and healthy farewell until next year.

For all our full-time residents, we will again be able to experience how it is to drive without all the traffic, which is something that most of us look forward to as a small consolation after losing our friends for the summer months.

This is the last newsletter until October. I wish you all well during the summer months. Enjoy your summer!

CARLISLE CHATTER

by Lynn Sands

It's official! Spring has arrived up north, and our snowbirds have flown away. We hope they have enjoyed the Easter and Passover holidays with their families.

This winter has been a short and busy one at the Carlisle. We were involved with meetings regarding our needed roof repairs and increased insurance costs. We managed to jam in some social pool outings, including Brunch, Dinner, and Cocktail Parties.

COVID has seen a decreased risk, and many residents are planning travel opportunities this year. Most of us have received a few COVID home testing kits that will be useful before and after any travel events.

This writer is planning some fun summer vacations. My son has purchased a second home on the Jersey shore, where I will stay and enjoy my family for a couple of weeks, followed by a week on Sanibel Island. Then hopefully, off to Boston to visit Tobi Zimmerman, former Carlisle resident and Board President, and following up with a trip through Maine and a boat ride to Nova Scotia.

Happy Birthday wishes to Carlisle May babies: Marc Anmuth and Barbara Haley. Congrats Guys!

If you wish to receive Birthday wishes on your corresponding "Poinciana Today" edition and have not yet provided me with your information, email me at gipsee1@yahoo.com or knock on my door, #105. Your birth year is not necessary.

Remember to vote for Carlisle 2022-2023 Board Members! This meeting is scheduled for Monday, May 2nd at 4 pm. For those Carlisle owners that cannot attend in person, you can attend remotely. Follow the instructions sent to you and use the code provided.

Have a wonderful spring and stay well.



CONDO 1 & 2

by Joy Finer, President

We hope everyone enjoyed these past few months. Now that hurricane season will be upon us soon, please start your hurricane preparation early. If you are leaving for the summer, please have someone check your unit on a regular basis. Do not leave things to the last minute.

The Social Committee is planning next season. Send your favorite night or new suggestions to Joy Finer finerj@bellsouth.net.

It is so exciting that we are still welcoming new residents to our community almost every week. This means you may be hearing construction noises. Please be patient. This only means further improvements to Poinciana 1 and 2. If you see a new neighbor, please welcome them to our community. We have so much to offer. Please be aware of excess noise in your units. If you move furniture often, please put furniture pads on the legs of your pieces. If you have any heavy equipment in your unit, please consider using area rugs. Keep all television and music at a reasonable sound level. These steps are a courtesy to your neighbors.

Check your bulletin boards for all notices and activities. Continue to recycle, following all instructions - NO plastic bags in yellow and blue bins. Our association pool at 3663 Via Poinciana is open from sunrise to sunset every day. Our website has been updated, and all pertinent information, required documents, reports, minutes, and updated information can be found by logging into it at www.poinciana1and2.com. All residents are encouraged to join all Board Meetings from Poinciana 1 & 2. Please check your emails and bulletin boards for details.

If you suspect a violation of our Rules and Regulations, please contact the office by email. Please continue to lock your vehicles and set your alarms. If you see any suspicious behavior, please contact the Sheriff at 911 IMMEDIATELY, no matter what time of day.

Wishing everyone a Happy Mother's Day and Father's Day in June.

See you in October.

THE DORCHESTER by Marilyn Siegel

Social events took a break in March but returned in late April with a poolside brunch. Meanwhile, we wish safe travels to all our snowbirds who will soon be leaving us to head north for the warmer months.

Sadly, I must note the passing of a long-time resident, Barbara Demetropoulos. Her sons, Mark, Greg, and Michael, guaranteed Barbara was never alone as she valiantly battled against an unforgiving illness. Their family's love will endure in the memories of all who knew them.

The past six weeks began with an Assessment to pay for continued elevator upgrades and the installation of new mailboxes. And then, an April 1 Board meeting was called to specifically address the need to replace our roof to secure continued insurance coverage for our building. The total price for replacing the roof is beyond anything we imagined, and yet it is essential to have our insurance renewal. The building also requires a new paint job. These combined prices are out of our budget range and are causing the Board to apply for a loan. Everyone at the meeting accepted the need to do the work. The finances and payment schedule are unfortunate, but we know the Board has worked hard to obtain the best possible estimates and a timely work schedule. Mid-month, we had lithium battery smoke alarms installed in every Dorchester bedroom to meet current county codes. Whew!

This is the last issue until next fall, and we hope that everyone enjoys a happy Mother's Day and Memorial Day in May and a happy Father's Day in June. Enjoy your summer, and remember to stay well!

New Activity Office Hours

Please make note of the new hours for the Activity Office.

May 2nd until May 31st

Monday through Friday – 10am to 1pm

June 1st until September 2nd

Monday through Friday - 10am to 12pm

Office will be closed on the following holidays:

Memorial Day - May 30th, July 4th, and Labor Day - September 5th

Anyone who is interested in volunteering at the office, please leave a note in the cubby hole labeled Room Reservations outside the office. Thank you

ESSEX

by Toni Mirobelli

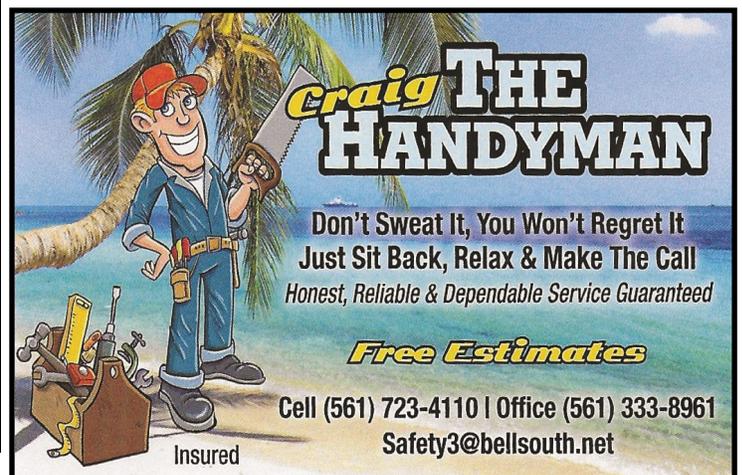
The Essex Social Committee hosted a Chinese dinner on April 10th that was very well attended. Everyone enjoyed delicious hot food followed by ice cream sundaes and cookies baked by Joyce Graham. We are not having an event in May as the Clubhouse has the Memorial Day festivities. We encourage you to attend and pay honor to Veterans. We are planning a Wings and Beer event in June. Please watch the bulletin board for the date and sign-up information.

Congratulations to Essex resident Deb Lingenfelter, a volunteer with the Palm Beach County Sheriff's Department Citizen Observer Patrol. Deb received awards for good conduct and five years of service to the community. Please talk to Deb if you are interested in becoming a volunteer with the COPS unit. They have different types of volunteer activities available.

It is time to prepare for hurricane season as we say goodbye to our snowbirds. Please be sure to plan and get any supplies you may need. As you know, many things are in short supply and difficult to find.

As this is the last newsletter until Fall, please take a moment to thank Joyce Graham when you see her. She is the editor of this newsletter and has many other responsibilities as President of Essex and Vice President of Poinciana Community Group. Few people realize the amount of time it takes to prepare the newsletter. We are fortunate to have Joyce - she gives the majority of her time to the well-being of our community.

Have an enjoyable summer and stay well!
Remember - sunsets are proof that no matter what happens, every day can end beautifully.



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GRAMERCY by Phyllis Elrich

This is the last edition for the season, and our time here at The Gramercy has been filled with get-togethers and new friendships. Our pizza parties were more than just pizza. They were times of chatting, smiling, and laughing. Our BBQs brought us entertainment as well as hamburgers and franks. The Salsa night was pot-luck's great night, filled with various cultural foods and dancing. I have short videos filled with laughter and some very creative dancing! Next season will have more ideas to bring us together with food and smiles. Thank you to all who planned, contributed to, cleaned up, and entertained.

Now that the summer months are coming, we may have to deal with more heat, but the friendships we have made will keep our smiles coming. Our snowbirds may be in other places, but those remaining here will pick up the slack when we can and continue to bring events to us. Keep in contact with us "snow friends." We will be ready to party when you return!

On our home front here, we would like to welcome Yamel, who keeps our building in great shape. She always has a smile while she takes care of our home. Thank you for being here.

We have even been graced with more bench donations. In addition to the two benches on the first floor, Linda and Rich Rosen donated a bench near the east elevator on the 4th floor, while Sandi and Phil donated one on the 4th floor, west end. Thank you so much. Sandi and Phil are also willing to donate the statue that was placed in the garden. We are looking for feedback on the statue. Does it stay, or should it go? Let a Board member or Committee member know so a decision may be made.

Great news about our elevators. The annual elevator inspection was performed, and both passed without any mechanical issues or additional cost. A wind mitigation was performed at the Gramercy, and a new report is now available. Many insurance companies will provide a homeowners insurance discount, so check to see if your insurance company does.

That's it for now. Keep cool. Keep hydrated. Enjoy the memories from this season and look forward to the next.

IMPERIAL BUILDINGS 8 & 9 by Dorothy Coustakis

We bid a fond farewell to our snowbirds and await their return in the fall. Safe travels to our friends.

On March 24th, a meeting with owners and Board Members was held at the pool to address concerns that were brought to our attention. It was one of the most successful meetings we have had with over 50 of our owners in attendance. Thank you to all who attended.

We addressed issues and introduced our new Board member, Biagio Cacciotti. Each of our Board members presented their area of expertise, which was followed by a question-and-answer period. Unfortunately, our meeting was cut short by the torrential rain. Some of the changes discussed were a new elevator service company, supervision of our landscapers, a new pool company, a new attorney and, of course, our new accounting company.

You may have seen Board members watching a demonstration our Power Wash company provided. By the time you read this, they will have begun power washing the buildings. We were amazed by all the dirt that was removed. As you may have seen, Brian has been busy painting and repairing our doors. It is a big job, and he is tackling it as he does everything, wonderfully! After the power wash is completed, he will begin repainting our walls.

Our Tuesday night BBQs are a success, and we have all enjoyed them. If you haven't had a chance to come, please join us. We are hoping to keep them going through the summer.

On a sad note, we lost Mike Sullivan who resided in Building 8 this winter. He will be missed by all who knew him.

We hope you all had a happy Easter and a wonderful Passover holiday with your friends and family.

To those of us who remain during the summer months, please be aware of strangers. If you see someone who doesn't belong, don't approach them, call the police. Better safe than sorry.

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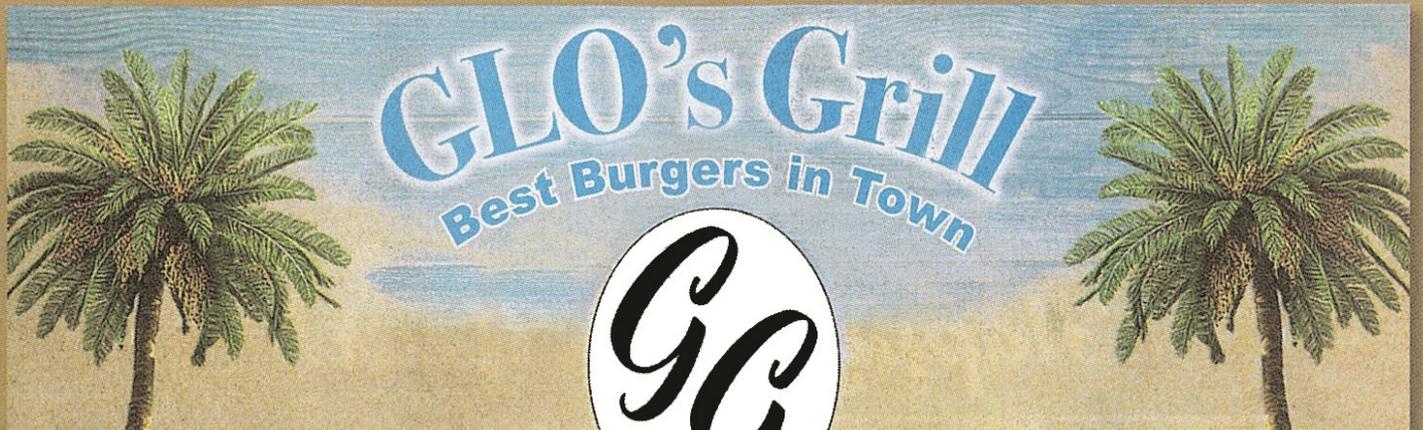


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Poinciana Community Group

Presents

Showtime for the 2022 - 2023 Season

All Shows start at 7 p.m.

December 11, 2022

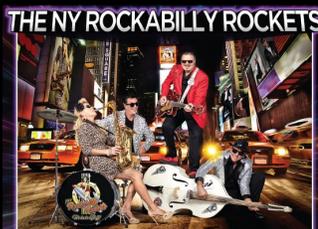
January 15, 2023

February 19, 2023

March 12, 2023



Carie Karavas



Rockabilly Rockets



Chris Ruggiero



Cece Teneal

Packaged Tickets for all Four Shows

\$109.00 per person

Advance Tickets are on Sale in the Hospitality Room

Between the hours of 12pm - 2pm

on Saturdays May 7th and May 21st

Seats are chosen when you buy your tickets

DON'T WAIT GOOD SEATS ARE STILL AVAILABLE!

POINCIANA PLACE CONDOMINIUM 3 A, B and C

by Ira Beckoff

Yes, the BBQ last March 16th was a success. More than 40 people attended. We had time to get extra hungry as we waited for some difficulties with the grill to be solved. Then everyone was able to grill and gobble down their food.

Unless you are a dog walker alongside the Birdie Drive Storm Canal, you may not have noticed that the canal was given a major clean-up and grooming. Since the palm tree line was removed, we have been waiting for this work. Called Phase 3 by the Lake Worth Water District, it involved the dredging and grooming of the canal banks. Take a walk, and you'll see that the canal is free of vegetative debris and water is rapidly flowing. If there's a hurricane, say it ain't so. The torrential rains will flow quickly out to the sea.

A board meeting was held on Thursday, March 31st. It was a last-minute meeting to give all departing snowbirds and owners a short report on the activities at Poinciana 3. One item of particular interest was a report that the Florida legislature has made no changes to the statewide building inspection process. No mandatory inspections are required statewide. Only Broward County has mandatory inspection laws; after an initial 40-year inspection, their buildings must be recertified every ten years. Poinciana 3 is in Palm Beach County. Our building's high standards pass yearly inspections by the Palm Beach County Fire Department, the state-mandated elevator inspection, and our property insurance provider.

A second item concerned condominium property insurance costs. Florida and neighboring states have seen major increases in commercial and homeowners' insurance. More increases are predicted. We have already adjusted 2023 insurance costs for an expected 30% increase. Our general insurance agency has informed us to expect higher increases - as much as a 50 percent increase is expected. Our insurance costs were \$160,000 in 2021. We had expected 2022-2023 to be approximately \$200,000. When the final insurance policies are signed this June, we may see a total cost of more than \$240,000. Covering those increases will be shared by all owners of Poinciana 3.

Goodbye to all the snowbirds. See you next year. That's the good and the bad news from Poinciana Place 3 for this month.

PATIO HOMES by Ruth Ruttkay

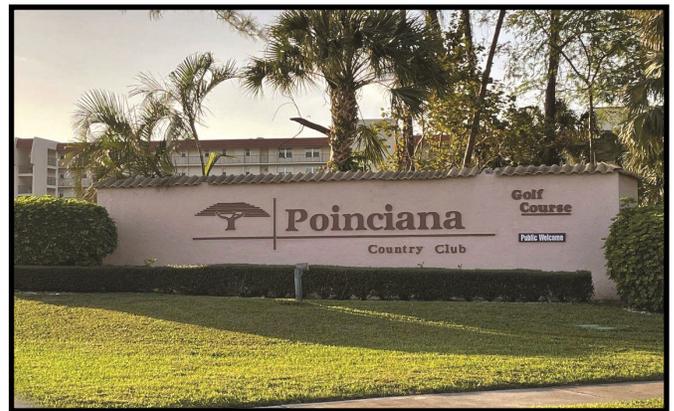
Several of our homeowners are headed back north for the summer months. If you are remaining in town, be sure to check out the Memorial Day events at the Clubhouse! For those leaving, hope you enjoyed your stay and safe travels!

With the heat and humidity rising, if you see the gardening crew, it might be nice to offer them a cold drink. We have had some recent sales in our community and are happy to welcome the new owners!

The pool is almost ready for its unveiling. Just a few finishing touches before we can move forward and open her up. Thanks to all for your patience during this time.

Best wishes to all for good health and stay safe!

~~~~~



## THE POINCIANA HISTORICAL SOCIETY By LA Glickman

We are gathering information on the history of the Poinciana Community and need your input, please. It will be presented in this newsletter for everyone to enjoy.

I know some of you have been here for years and have some knowledge that needs collecting, so it's not lost forever. Please share. I heard that a famous comedian was the headliner at the opening of the Poinciana Room, then called the Challenger Room. Do you know who that was?

Email: [glickmanla46@gmail.com](mailto:glickmanla46@gmail.com)

If you don't feel like writing and just want to pass on information verbally, please call LA Glickman at 954-997-7757. Does anyone have photos? Thank you!



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**Join Us!**

**MEMORIAL DAY PARADE & CEREMONY**

**Monday, May 30<sup>th</sup> at 10:45 AM**

**Poinciana Club House and Via Poinciana**

**All-American Lunch**

**12:00 PM Mel's Way Bistro**

**\$12 per person includes:**

**1 Hamburger, 1 Hot Dog,  
potato salad, coleslaw & baked beans,  
Ice tea or lemonade.**

**Tickets on sale as of April 4th at  
PCG Clubhouse Activity Office and Mel's Way Bistro.**



## POINCIANA PLATES by Toni Mirobelli

As we approach summer, we can think about all the delicious desserts we can make with fruit. Try this easy peach cobbler!

### PEACH COBBLER

#### Ingredients:

##### *Fruit Base:*

- 3 cups frozen peaches
- 1 teaspoon lemon juice
- ¼ cup sugar
- 1 ½ teaspoon cornstarch

##### *Topping:*

- 1/3 cup plus 1 tablespoon sugar
- ¾ stick salted butter
- 1 egg, beaten
- 1 cup minus 2 tablespoons all-purpose flour
- 1 ½ teaspoons baking powder

#### Directions:

Thaw the frozen peaches and drain liquid if there is a lot of liquid. Preheat oven to 350 degrees. Butter the inside of pie dish or similar sized baking dish.

Add the peaches to a large mixing bowl and squeeze lemon juice onto the peaches. Mix the cornstarch and sugar in a separate bowl and then pour it over the peaches and mix gently. Place the sweetened peaches into the buttered pie dish.

Sift the flour and baking powder into another bowl so they are evenly mixed. Cream the sugar and butter until light and fluffy. Beat in the egg and gently fold the flour/baking powder mixture into the bowl without overmixing. Drop large spoonfuls of the dough onto the peaches and gently spread over the surface.

Bake for 35 – 45 minutes or until the topping is golden brown and baked through. Allow to cool slightly before serving. If you like, top it with vanilla ice cream or whipped cream and enjoy!



## Poinciana Social Committee by Russ Donnelly

The Poinciana Community Group would like to thank everyone who turned out to purchase the Showtime tickets on April 9th! We are off to a great start for the upcoming 2022– 2023 season. Tickets will be on sale again on May 7<sup>th</sup> and May 21<sup>st</sup> between 12 pm and 2 pm in the Hospitality Room in the Clubhouse Lobby. You can also make arrangements to buy tickets ahead of time by calling Russ Donnelly at 561-963-8252.

Unfortunately, we had to cancel several events this year because of Covid, but we are all hopeful that we can get back on track next season. I want to thank everybody again for supporting us this year.

**Just a reminder:** Showtime tickets are open to everyone. You do not have to live in Poinciana to purchase the show tickets. If you have friends that do not live in Poinciana, you're more than welcome to invite them to buy tickets. In the future, remember that more participation in these shows will help us provide better and better entertainment in the following year. Thanks again!



### FREE MOVIES, POPCORN, BOTTLED WATER

Thursdays @2:00 – Poinciana Clubhouse Community Room

#### May 5<sup>th</sup> – “The Courier”

Espionage Thriller starring Benedict Cumberbatch & Merab Ninidze

#### May 12<sup>th</sup> – “The Secret: Dare to Dream”

Romantic Comedy starring Katie Holmes & Josh Lucas

#### May 19<sup>th</sup> – “Honest Thief”

Action Thriller starring Liam Neeson & Kate Walsh

#### May 26<sup>th</sup> – “Portrait of a Lady on Fire”

Romantic Drama starring Noémie Merlant & Adèle Haenel

## CSI Events For May

**RSVP – 561-603-7712**

### Scam Protection

**Wednesday, May 11<sup>th</sup>**

1 pm – 2 pm

**\*Must RSVP**

### Memory Screening

**Wednesday, May 18<sup>th</sup>**

10 am – 2 pm

**\*Must RSVP**

### Senior and Client Appreciation Day

**Ice Cream, Music, Prizes, Fun**

**Thursday, May 19<sup>th</sup>**

1 pm – 4 pm

**Please RSVP**



## **SIT AND STITCH** by Joan Needle

We continue to pursue our crafts all summer long. Anyone interested in any needlecraft, (embroidery, needlepoint, crocheting or knitting) should join us every Wednesday afternoon from 1 pm to 3 pm in the Terrace Room on the second floor of the Clubhouse. We are happy to assist anyone who needs help. We look forward to seeing you.

For further information call:

Luanne at (561) 670-2334

Joan at (561) 649-8960

## DID YOU KNOW.....

Not every Model T was black. Ford's famous car came in gray, green, blue, and red for the first few years of production. It was only after 1914 that customers could order "any color so long as it is black" as the dark paint dried faster than other hues.

## **POINCIANA TENNIS**

by Kathy Graves



It's hard to say goodbye to all our fine seasonal players as we will miss them and the good times with them. However, we will hold on to the memories of our competitive play on the courts and the great camaraderie we shared when off the courts until next season when they return.

We do have more-than-ever yearly players now and plan to continue organized play on Mondays, Wednesdays, and Fridays throughout the year. We invite all Poinciana resident tennis players to come out and join our group.

Our big end-of-season luncheon social event was held on Tuesday, March 29<sup>th</sup>, with about 40 attendees. The upstairs Community Room with its lovely new floors was transformed beautifully by our setup of spaced tables and chairs surrounding a dance area with beautiful decorations of yellow tablecloths, tennis-ball flower centerpieces, and inflated huge tennis "balls."

Our impressive buffet boasted pot roast, chicken marsala, roasted potatoes, fried chicken, penne marinara, green bean casserole, vegetable salad, and cake--most catered from Mel's Way. No one left hungry! In charge of our entertainment were Keh Lin of Birdie C and Richard Lee of Imperial S. Featured were vocals by Keh and Ralph Fox and a special salsa exhibition dance by Richard and guest Anna, followed by audience dance participation.

Everyone pitched in for the cleanup, too many to name, but couldn't have done without Guy Boileau of Dorchester, Willie Reynoso of Gramercy, Luanne Utter of Townhomes, and Hathi Sullivan, who all took on multiple jobs before and at the event. Klaus, Avi, Jeff, Victor, Guy W, and Kim were all right there, with others helping at the event and after. Thank you, All.

**May's joke:** Why should dog owners invest in tennis balls?

Answer: They have a high rate of return.

# May 2022

| Sunday | Monday                                                                                             | Tuesday                                                                                                        | Wednesday                                                                                                   | Thursday                                                                               | Friday                                                    | Saturday                                   |
|--------|----------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------|-----------------------------------------------------------|--------------------------------------------|
| 1      | 2<br>7:30A-Men's Golf<br>8A - Tennis<br>9A—Pilates<br>9A—Water Works<br>10A Yoga<br>1P—Art Group   | 3<br>9:30A—Chair Yoga<br>10:30A—Talk Time<br>11:30—Latin Chair Aerobics                                        | 4<br>8A - Tennis<br>9A—Pilates<br>10A Yoga<br>1—Sit & Stitch                                                | 5<br>11:30—Chi Gong<br>2P-Movie "The Courier"                                          | 6<br>7:30A-Men's Golf<br>8A - Tennis<br>9:30A—Chair Yoga  | 7<br>9A—Yoga<br>12- Showtime Ticket Sales  |
| 8      | 9<br>7:30A-Men's Golf<br>8A - Tennis<br>9A—Pilates<br>9A—Water Works<br>10A Yoga<br>1P—Art Group   | 10<br>9:30A—Chair Yoga<br>10:30A—Talk Time<br>11:30—Latin Chair Aerobics                                       | 11<br>8A - Tennis<br>9A—Pilates<br>10A Yoga<br>1—Sit & Stitch<br>1—CSI Scam Protection                      | 12<br>11:30—Chi Gong<br>2P-Movie "The Secret: Dare to Dream"<br>7P - Bunco             | 13<br>7:30A-Men's Golf<br>8A - Tennis<br>9:30A—Chair Yoga | 14<br>9A—Yoga                              |
| 15     | 16<br>7:30A-Men's Golf<br>8A - Tennis<br>9A—Pilates<br>9A—Water Works<br>10A -Yoga<br>1P—Art Group | 17<br>9:30A—Chair Yoga<br>10:30A—Talk Time<br>11:30—Latin Chair Aerobics                                       | 18<br>8A - Tennis<br>9A—Pilates<br>10A Yoga<br>10A—CSI Memory Screening<br>11A-Book Club<br>1P—Sit & Stitch | 19<br>11:30—Chi Gong<br>1P—CSI Senior & Client Appreciation<br>2P-Movie "Honest Thief" | 20<br>7:30A-Men's Golf<br>8A - Tennis<br>9:30A—Chair Yoga | 21<br>9A—Yoga<br>12- Showtime Ticket Sales |
| 22     | 23<br>7:30A-Men's Golf<br>8A - Tennis<br>9A—Pilates<br>9A—Water Works<br>10A Yoga<br>1P—Art Group  | 24<br>9:30A—Chair Yoga<br>10:30A—Talk Time<br>11:30—Latin Chair Aerobics                                       | 25<br>8A - Tennis<br>9A—Pilates<br>10A Yoga<br>1P—Sit & Stitch                                              | 26<br>11:30—Chi Gong<br>2P—Movie "Portrait of a Lady on Fire"                          | 27<br>7:30A-Men's Golf<br>8A - Tennis<br>9:30A—Chair Yoga | 28<br>9A—Yoga                              |
| 29     | 30<br>10:30A-Memorial Day Parade, Ceremony & Lunch                                                 | 31<br>9:30A—Chair Yoga<br>10:30A—Talk Time<br>11A—Charity Bingo @Me's Way Bistro<br>11:30—Latin Chair Aerobics |                                                                                                             |                                                                                        |                                                           |                                            |

Activities Office Hours - Monday - Wednesday - Friday 10-1

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## Hours

TUES-SAT  
12PM-9PM

Sundays available  
for private events

BALLROOM AVAILABLE  
PARTIES 50-250PP



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## Tuesday

Prime Rib Special  
\$24.95 w/2 sides  
KARAOKE night  
5-8pm  
With Ray the DJ  
\$5 house wines



## Wednesday

Fish fry & shrimp dinner  
\$18.95 w/ fries & slaw  
Dance to LOLA 5-8 pm  
\$7 martini menu



## Thursday 5-8pm Ladies Night

\$4beer \$5wine \$5house cocktails

## Crabcake Dinner \$24.95

MAY 5<sup>TH</sup> WE CELEBRATE  
ALL OF THOSE BORN IN  
MAY WITH LEIZA 5-8PM  
AND 5 DE MAYO SPECIALS

MAY 12<sup>TH</sup> IT'S OPEN MIC  
WITH RAY YOUR DJ 5-8PM

MAY 26<sup>TH</sup> LATIN NIGHT  
W/ JAMIR 5-8PM

LEARN THE MERENGUE &  
SALSA W/ MELYN

\$20 min pp required

## WEEKEND

## DINNER & DANCING

6-9PM RESERVATIONS REQUIRED  
\$20 MIN PP – NO COVER CHARGE  
LET'S DANCE TO YOUR FAVORITE DOOWOP, OLDIES,  
DANCE, LATIN AND MUCH MORE  
PERFORMED BY THE BEST!!

FRIDAY MAY 6<sup>TH</sup> REMINISCE

SAT MAY 7<sup>TH</sup> RAY YOUR DJ

FRIDAY MAY 13<sup>TH</sup> JOHNNY T

SAT MAY 14<sup>TH</sup> BROOKLYN'S BEST

FRIDAY MAY 20<sup>TH</sup> CRUZIN

SAT MAY 21<sup>ST</sup> REMINISCE

FRIDAY MAY 27<sup>TH</sup> LOLA & IVAN

SAT MAY 28<sup>TH</sup> MAGIC MOMENTS

## Charity BINGO & Lunch

TUESDAY  
MAY 31 st

Doors open @11 am  
Lunch from 11-1pm  
Bingo from 1pm-3 pm

*Hospice of pb*

\$22 PP CASH ONLY

INCLUDES: 5 GAMES  
LUNCH, BEVERAGE, TAX & TIP  
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## COPS

by Barbara Crespy

Spring is here, and with that comes hurricane preparedness. Make sure you have flashlights and batteries, plus bottled water. If a hurricane is predicted, fill a tub, or sink with water in case the power goes out. That way, you can flush the toilet without power. Don't drive until we're given the All-Clear.

Patrolling will begin with two-person details until we are told otherwise. Speaking of patrolling, we are now down two more members of our unit. We must get more volunteers to be effective in our community. This is now a desperate plea - WE NEED YOU!

Take care and be cautious.

Lt. Barbara Crespy. 215-813-7053

Cpt. Jeff Marcus. 321-514-6535

Sgt. Deb Lingenfelter. 561-335-9960



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- UTILITY PAYMENTS
- RANSOM



**STOP!  
IT'S A SCAM**

DON'T PROVIDE DEBIT CARD OR GIFT CARD INFORMATION TO ANYONE YOU DON'T KNOW.  
CALL 911.

## Introductory Poinciana Fitness Class Fees

|                                                        | <u>Self-Paying</u> | <u>Insurance Paid</u>    |
|--------------------------------------------------------|--------------------|--------------------------|
| WaterWorks @ 9 am April 25, May 2, 9, 16               | \$32.00/4 sessions | \$20.00 copay/4 sessions |
| Latin Chair Aerobics @ 11:30am April 26, May 3, 10, 17 | \$32.00/4 sessions | \$20.00 copay/4 sessions |
| 1 class session                                        | \$10.00            | \$50.00/all 8 sessions   |
|                                                        |                    | \$25.00 copay/8 sessions |

New sessions will start the week of June 6 with pre-registration beginning Tuesday, May 31. Check your bulletin boards for class news during the summer months or contact Drema for information.

Contact Drema 561 676 9668 myeasyfit@gmail.com



## LADIES GOLF LEAGUE

by Pat Murray

Hello again from Ladies Golf!

Our official season ended on April 29th. We really had fun this year and we appreciated playing on our refurbished course. We would like to thank all the girls who participated in the league's success, especially Karen Freeman our co-president and starter, Sheila Glazner, our secretary, Jean Arthur, our treasurer, and Suzanne Swartz our statistician.

We had our awards luncheon at Westchester Country Club on March 29th. The following winners were announced:

### 18-hole League Tournament

Flight A Low Gross Score: Rita Minton,  
 Low Net Score: Kathy Bennett  
 Flight B Low Gross Score: Heather Meaney  
 Low New Score: Ann Dell  
 Most improved: Sheila Glazner

### 9-hole League Tournament

Flight A Low Gross Score: Nora Cain  
 Low Net Score: Suzanne Swartz  
 Flight B Low Gross Score: Laura Hoard  
 Low Net Score: Gail Hall  
 Most improved: Selma Derman  
 Ann Dell and Sheila Glazner received trophies for their hole-in-ones.

In addition, cash prizes were awarded to all the weekly game winners. Congratulations to all!

Next year's Board will be Karen Freeman, President; Sheila Glazner, Secretary; Jean Arthur, Treasurer; and Suzanne Swartz, Statistician. A new Vice-President is yet to be named.

It has been my pleasure to serve as co-president for the past year. See you out there and keep swinging.

Bye Bye!



## DUPLICATE BRIDGE

by John De Maria

The Duplicate Bridge games will end on May 12, 2022. They will start again on Thursday, January 5, 2023. There will be a reminder in the December 2022 newsletter. For additional information, please get in touch with John DiMaria at **1-561-642-3265**.



## YOGA AND PILATES

by Ruth Cassel

All Yoga and Pilates classes are being held in the Terrace Room until remodeling of the Community Room is complete.

Yoga is an excellent exercise that can help us age more gracefully. Regular practice helps to build strength, stamina, and flexibility. Mat Yoga with Shannon is offered on Monday and Wednesday at 10 am and on Saturday at 9 am. The cash price is \$10. A contactless payment method is available at [ribbon.com/u/shannonsyogaspot](https://ribbon.com/u/shannonsyogaspot). Using this payment method will enable you to get discounted prices.

Chair Yoga is wonderful for those who have movement restrictions, are uncomfortable touching the floor, or have cranky joints. It is excellent for managing stress and improving over-all health. Chair Yoga is offered on Tuesday and Friday at 9:30 am.

Pilates classes are on Monday and Wednesday at 9 AM. Pilates builds core strength especially in the belly and lower back. This workout will surely get your blood pumping. Cash price is \$10, but using the website, [ribbon.com/u/shannonsyogaspot](https://ribbon.com/u/shannonsyogaspot), will offer a variety of packages and discounts.

For Mat Yoga and Pilates, please bring your own mat or materials such as blocks or towels that you might need. There is no sharing of equipment. Please silence your phone during class.

Concerned about Covid? Class size is limited, the instructor is masked and vaccinated. Most of the students are vaccinated as well.





## Chi Gong Mind, Body, Spirit Hygiene Class By Alexander Galvez

The Chi Gong Mind, Body, Spirit Hygiene Class offers participants and students an integrated set of exercises to allow balance, harmony and tranquility of their mind, body, spirit connection through ancient Tai Chi exercises and practices.

Tai Chi is a practice of slow physical movements, breathing techniques, focused intention, and meditation to gather, store, cleanse, strengthen, and circulate the vital energy within the body. Qigong practice leads to better health and vitality, a tranquil state of mind and higher self-awareness.

The class is offered by Alexander Galvez, Level 1 certified Tai Chi instructor for over ten years under the 6000-year tradition of Taoist Qi Gong and Tai Chi lineage of master Mantek Chia.

The benefits you'll receive from your Optimal Health Chi Gong training will be:

- lower your stress and anxiety.
- increase your focus.
- increase balance and flexibility.
- reduce your risk of disease.
- palatable calmness and centeredness.
- boost your immune system.
- reduce depression and improve mental health.

For more information, please contact Alexander at 917-992-8237. The cost of the class is \$10 and will be held on Thursdays at 11:30 am beginning on May 5<sup>th</sup>.



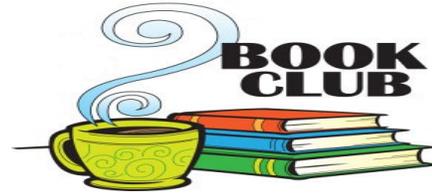
Attention Bunco Players!

Bunco is the second THURSDAY of each month at 7 PM in the Community Room.

Admission Fee is \$5.00 and a small, unwrapped gift for the Loser Bag.

Bunco will continue throughout the summer!

Reservations Required. Please call Mindy Dorffman (561) 328-8977 or (561) 778-2212



## THE HAPPY BOOKER LA Glickman

We analyzed the last book of the season, "The Taster" by V.S. Alexander, and we agree it is a contender for one of the best books so far. This Historical Fiction follows Magda, who, as a protected German girl, is thrown into Hitler's orbit as his taster. This story was based on the real Magda, who never told anyone her role in WWII until she was 95. (See last month's newsletter for more information)

We all agree this book was difficult apropos how much it mimics the war in Ukraine, now in 2022. Do we never learn?

Thank you to everyone who contributed to The Happy Booker.

If you feel you need a book club "fix," remember the Palm Beach library has book club meetings every month.

# Talk Time

by Harvey Grodensky

We are meeting throughout the summer, so come share your thoughts with us. We have had many lively discussions at our recent meetings regarding local, national, and international events. All points of view are welcomed. We meet on Tuesday morning at 10:30 am in the Hospitality Room of the Clubhouse lobby.

For further information call:  
Harvey at (561) 596-6769 or  
Linda at (516) 779-4602

# FLORIDA FUN FACTS by Thomas Leonard

## THE FONTAINEBLEAU

Who does not recognize this name immediately and knows it is one of the most iconic and famous hotels in the United States? You may not know its address, which is 4441 Collins Avenue in Miami Beach. You may have never seen or stayed at this hotel. But at some time in your past, you became acquainted with some part of its history, which became recognizable to you.

With its sweeping curves and views, the hotel was built in 1954. Even at this early time, when Miami Beach was not known for its architectural or cultural amenities, it was well known for its innovative features.

A very long history of entertainers and sporting events has taken advantage of its location and amenities with pools, restaurants, spas, saunas, personal chefs, butlers, and valets to satisfy your requests. Even as far back as the 1950's Frank Sinatra promoted a show designed to welcome Elvis Presley back from his Army tour of duty in Germany. One of the first James Bond movies, Dr. No, starring Sean Connery, had a scene in which an actress, Shirley Eaton, was murdered by the villain, Oddjob. In the 1960s, Jerry Lewis starred in The Bellboy, shot entirely in the hotel. In 1977 CBS television covered a prizefight in which Roberto Duran scored a knockout and won the fight in the 13th round. Numerous movies like Scarface, The Bodyguard, and Sylvester Stallone in The Specialist were filmed in the hotel. Currently, there is a popular TV Netflix show called "The Marvelous Mrs. Maisel." In Season III, Mrs. Maisel, actress Rachel Brosnahan, dressed in a beautiful gown, descends the elaborate Floating Staircase in the ornate lobby and creates a stunning scene without a word being spoken scene.

In 1959 the Fontainebleau became involved in a famous lawsuit. The adjacent hotel, The Eden Roc, also a famous hotel, filed an injunction against additional construction of the Fontainebleau, which would have cast a shadow over the pool area of the Eden Roc. The shadow would have had a disastrous effect on the guests who loved "Sunbathing" by the pool for a deep tan. However, the Florida District Court of Appeals ruled in favor of the Fontainebleau. The rights of vertical property rights by owners were affirmed. This decision had a nationwide impact

*Florida Fun Facts continues top of next column*

in areas of high-density metropolitan construction like New York's Manhattan.

Are you planning an event or celebrating an anniversary or birthday? Perhaps you may wish to consider The Fontainebleau. Why hesitate? Consider how good you will look in an evening gown descending the Floating Staircase before your admirers. It is an easy decision for you.



## THE GYM AT POINCIANA

It is wonderful to see so many of our residents using our gym. We are pleased to be able to offer this amenity. I hope some of you are making use of our new rowing machine.

**A word of caution:** If you are using the weight bench, please be careful with the weights. Some weights have been dropped on the floor after use and have damaged the floor. In addition, the rowing machine and weight benches are being moved and damaging the floor.

The flooring company is repairing the damaged floor. After it has been repaired, a rubber mat will be installed under the weight bench and rowing machine. In the meantime, please be gentle when placing the weights on the floor and moving the equipment.

As always, thank you for your cooperation, and enjoy the gym.



### By Ruth Cassell

The Community Room is complete, and as promised, the Art Group will meet again on Mondays 1-4 pm. Any artists wanting to share a few hours with like-minded folks are welcome. We share ideas, try new mediums, and encourage each other while listening to music. We have artists of all levels. I had never picked up a brush before joining the group. I was helped with ideas and new techniques as well as materials. Even if you don't want to join us, come by and say hi. Hope to see you soon.

## Service contract for **Poinciana**

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| Thermostat:      | Ice/Water Dispenser:    | Garbage Disposal (replacement to 1/2 h.p.) |
| Humidistat:      | Dishwasher:             | Plumbing/Electrical (all baths)            |
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| K | P | G | A | E | K | R | Q | O | T | N | E | N | C | J | CHEF        | FEAST      | NUTRITION |
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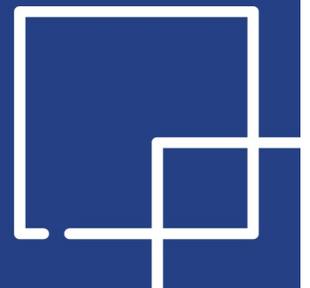
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| Heating                                                   | Included |
| Thermostat/Humidistat                                     | Included |
| Refrigerator                                              | Included |
| Icemaker                                                  | Included |
| Oven/Range (includes self-cleaning)                       | Included |
| Garbage Disposal (replacement -1/2 HP)                    | Included |
| Plumbing & Electric (2 Baths)                             | Included |
| Dishwasher                                                | Included |
| Washer/Dryer                                              | Included |
| Water Heater (up to 50 gallons)                           | Included |

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