



Poinciana Today

OCTOBER 2023

MESSAGE FROM THE PRESIDENT by PAT SULLIVAN

"Be kind whenever possible--it is always possible." Dalia Lama.

First, I would like to give a big "welcome back" to the returning editor of our Newsletter, Joyce Graham. Joyce moved to New Jersey a year ago, but stepped in to help us out when the new editor resigned. Thank you for taking on this job - again!

The Board has been busy over the summer. The two bathrooms in the back hallway by the golf entrance have been completed. We have new floors, new vanities, and new toilets. We also have two new pickleball courts by the tennis courts for the enjoyment of our residents.

We have posted some new guidelines in the gym. They address the issues of wearing proper footwear and using the cord provided on the treadmills. All of this is a way of keeping our residents safe and making your gym experience good.

Inside this Newsletter you will find information concerning activities at the Clubhouse. We have a NAME THAT TUNE on Sunday afternoon, November 5th, in the Poinciana Room, our annual shredding event on November 6th, new hours for the lobby office, Showcase Events, and information about our Holiday donations for recipients of Meals on Wheels and for our Veterans.

On October 18th, Bingo at Mel's Way will benefit the two organizations mentioned above. Please mark your calendars, gather your friends, and join us at Mel's Way.

I wanted to close with a nice quote about fall, but I don't think we have this season in Florida. - but we do have Halloween. "October was always the least dependable of months---full of ghosts and shadows." Joy Felding.

I am going to add witches to the list. I will be up in Salem, Massachusetts, looking for all those creatures of the night. Be well and be safe.

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Clubhouse Telephone: 561-439-4733
Website: www.Poinciana.club

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INDEX OF ADVERTISERS

Absolute Best Insurance	30
Carlos Datena	17
All Computer Services	28
Craig The Handyman	9
Debra Weisz Jewelry Buyers	28
Dedicated Med Center Car Wash	27
Dedicated Med Center Movie	21
Florida First Senior Care	29
Florida Kool Air	13
Geri Brackman – Realtor	32
Handyman Services	28
J & R Restoration	31
Keller Williams Reserve - Alan Jacobson	23
Linda Barnaby – Realtor	11
Mel's Way Bistro	15
Never Away Property Management	17
Nova	11
Palm Beach Dermatology	13
Prism Notary	16
PCG Bingo	8
PCG At The Movies	8
PCG Calendar	14
PCG Night at the Races	8
PCG Showtime	19
PCG Veterans Day Ceremony	12
Restore and More	25
Rides by Rossi	28
RN Homecare Services	21
Tomatoes Pizzeria	7
Ultra Air Conditioning	21

We at the Poinciana Newsletter are approached by many companies and individuals looking to advertise in our Newsletter.

****Please note the following:***

Allowing these companies and individuals to advertise in our newsletter does not constitute an endorsement of them or their products.

FROM THE EDITOR**Joyce Graham**

There's no place like home – Dorothy in The Wizard of Oz

Well, here I am again! I've resigned as editor twice, and I keep coming back. I guess I'm here for the season or until we find someone (anyone???) to take over the newsletter. I've done this for several years and have a process that works for me. The best part is that almost all of the writers have been doing this for years, and they're wonderful to work with, so it works.

It's been almost a year since I moved back to New Jersey. It wasn't a move I took lightly (although I did buy a house over the phone). I've lived all over – Washington, Pennsylvania, Arizona, New York City (twice), and I knew it was time to come home. My biggest worry was the financial difference. Interestingly enough, my car and home insurance are much less here than in Florida. Everything else is basically the same. Even with the state tax, it works.

Today, my brother and I spent the morning watching my six-month-old great-nephew. We laughed a lot at what we don't know, especially about changing a diaper. Afterward, I drove to a farm market near my house and bought some fresh Jersey tomatoes, peppers, and a huge bouquet of freshly cut zinnias.

I like being back here, but there are things I miss. I miss my friends. Although I have family and friends here, I've made some wonderful friends and miss them a lot. I really miss going to Mel's Way! I haven't found any place with better cheeseburgers, and trust me, I've tried! I miss working with Pat Sullivan, Ted Suss, and Russ Donnelly and being part of the PCG board of directors. I loved working with them and what we could accomplish while on the board.

There are things I don't miss. I don't miss the summer heat. It was over 90' here for about ten days this summer. Whenever someone said, "Isn't the heat awful?", I'd say, "Not as hot as FL!". It was a very easy summer. weatherwise. I don't miss pumping my own gas – ever!

I love going almost everywhere on backroads. I'm happy that I can get fresh fruits and vegetables at a farm stand ten minutes from my house. I love that my family stops by to say hi or comes to dinner. I'm happy to reconnect with family and old friends. My life is very good here. I'm happy. But I'm also glad to step in and help the PCG community.

I hope that you are all well and that life is good.

Be safe, be kind. Joyce

BARCLAY BITS

by Ina Baron

Here at the Barclay, we look forward to welcoming our snowbirds back for the winter season. It has been a very hot and humid summer here and, I am sure, in their respective states. Our air conditioners have been running full blast, twenty-four-seven. With our storm shutters down, most of the time, it has been like living in a mole hole. The torrential rains have benefited the golf course, which is greener than ever, and the state of our ponds, which were at their lowest.

Mother nature has warmed our pool water, as FPL has not come and installed the new equipment. Trees have been trimmed, and some have been cut down and removed on the golf course. New lighting was installed in the parking lot and at our canopy.

A few of our residents have been on trips since our last Newsletter. Larry and Sheila had a wonderful trip to Ireland. They came back exhausted. Guy and Maria took a cruise to Alaska and then crossed the big pond to Spain. Jill and Mario visited New York for Jill's son's engagement party. Ina Baron and John Harvie spent ten days up in Connecticut. Some have had visitors. Ina Baron and John Harvie entertained Ina's daughter for her birthday and Mother's Day. John's granddaughter and her two children spent a week with us, leaving us tired but happy. Our President, Miriam Valdes, has moved to New Jersey to be with family. She will be missed. Taking her place as President will be Vice President Bruce Mustello.

Since you were gone, we had an awesome Mother's Day celebration at Mel's with a wonderful brunch. The food was out of this world in deliciousness. The Memorial Day Parade was lovely, and the hot dogs and hamburgers were a welcome reprieve from the heat. July Fourth weekend was great. There was a Pool Party and BBQ at Mel's Way. The BBQ ribs and chicken were yummy. There was a DJ and singer of patriotic songs and raffles.

As a reminder, if you have house guests who would like to use the pool, tennis courts, new pickleball courts, gym, or see a movie, you must accompany them.

Please remember that for anything that requires the use of either the key card or a physical key, the owner or renter must accompany guests. Please do not give your key card or pool key to anyone else to use. Pets are not allowed in the pool area at any time. If you have house guests, please advise them that walking on the golf course is prohibited.

Barclay Bits continues top of next column

In addition, there is absolutely NO FISHING in the ponds on the golf course, and you are not permitted to feed the wildlife.

If anyone has guests coming by air with a small child and needs a child seat for their car, I have one that is approved to lend. You will have to have it installed by the Fire Department. You will need to make an appointment to do so. I will need at least a week's notice to get it from my storage unit. Just leave a note on my door – 403.

~~~~~

## The AMBASSADOR by Annette Weinberger

Welcome back to all our snowbirds after a long, hot summer. A very special welcome to our new residents: Jackie and Thierry, and Luz and Edgar.

We are saddened to say that our longtime resident, Cecilia, passed away this summer. She was a sweetheart and will be greatly missed. Another longtime resident, Myrna, has moved to a senior facility nearby, and we will try to meet her for lunch occasionally. Pat and Al have also moved nearby, and I'm sure they will keep in touch. People in our condo building become family.

On a brighter note, we will resume our Monday BBQ Night with the Barclay building this month. Our resident chef, Monique, will once again be working the grill. Bring your food, and she will gladly cook it for you. The cost will still be \$1 per person. This money will go to the cost of the propane and replacing the grill when necessary. Please come down and enjoy the evening with us.

We would also like to have a Birthday Night once a month. So let us know your birthday month - no year is necessary -- and we can all share some cake at the BBQ.

### DID YOU KNOW ...



**t**he earliest footballs were round and were made of inflated pig bladders, hence the name "pigskins". Today's footballs are made with cowhide.

## CARLISLE CHATTER

### by Lynn Sands

It's October, and we are back in print! Summer has been hot and rainy; we are all looking forward to some cooler autumn weather.

Many of our established owners are selling their condos due to recent insurance and maintenance increases. We wish them luck in their sale and relocation efforts. They will be missed.

A Happy Belated Birthday to our summer babies: Norma Menocker, Beth Kushner, Haydee Gallegos, Helene Ponton, Margarita Solina, Ellen De Maria, Giuseppe Governali, Marjorie Mendez, Jim Donnelly, Nancy Donnelly, Roz DeFreitas. Additional Birthday Congrats to our October babies: Fred Sparks and Lynn Sands. All Carlisle residents missing birthday congratulations in our Carlisle Column; there is a signup sheet located near the mailboxes. Only your name and birth month are needed, not your birth year.

It has been a continuous problem in having Carlisle residents place their garbage in the appropriate disposal bins. Recyclable paper cartons should be broken up and put in yellow bins. Glass and plastics should be placed in the blue bins. Please do not place any recyclable items in plastic bags. This is necessary since the Recycle Center needs to view each item for proper disposal. All other garbage is to be placed in the bin in the garbage room or down your chutes in bags. All vegetation goes into your sink disposal. Should you need pickup disposal of larger items, including old furniture, kitchen appliances, etc., call Waste Management at 561-697-2700 two days in advance. They schedule pickup on Wednesdays. On Tuesdays, place these large items next to the recycle bins located outside both the East and West sides of our building. Remember, a clean Carlisle helps to maintain your condo's value. Let's keep Carlisle in good order!

Our Board has had many issues to resolve. Among reviews of our various building contracts and all other items, they are investigating the costs of new bridges across our roof to gain access to all sides of the building. Should you ever need assistance with any problem or have questions, call CMC Management Company at 561-641-1016.

Carlisle had a 2023 Potluck Labor Day Party at the poolside. The food was delicious; we didn't know Carlisle had such good cooks! Our Social Committee is in the process of planning some interesting Meetups for the Winter Season. Posters and Signup Sheets are always posted near the mailboxes. We count on a good turnout to continue our efforts. Please, everybody, Sign Up!

## THE GRAMERCY

### by Phyllis Elrich

In the play, Hamilton, the Marquis de Lafayette, returns from France and asks, "What did I miss?". Well, he missed A LOT, and our returning snowbirds missed a lot too.

At the Gramercy, some people moved out, and some new people moved in. Most of the new residents worked hard to fix up, change, and redecorate their apartments. Dear Snowbirds, you missed LOTS of banging, pounding, drilling, and dropping! Thank you to those neighbors who had to bear it! Thank you to those who continue to upgrade our beautiful building.

What else did the snowbirds miss? Heat, more heat, and more humidity. Many residents stayed in with the A/C and went to air-conditioned movies and restaurants. Now that we can expect cooler temperatures, we hope to start our pool parties again.

Look around at how clean our building is! That is a combination of maintenance and good neighbors. Let's keep up the good work, please.

Meet the new neighbors and smile! Take a minute to get to know each other. I, for one, love having a Canasta game in the building. I enjoy going to the movies in small groups or going out to lunch.

Please read the bulletin board notices and check any listed forms if you are doing renovations. Change those A/C filters. Clean those lines. Recycle the trash.

Oh, yes. WE missed YOU. Welcome back and have fun. Stay hydrated and healthy. See you around. I will be smiling.

### NEW LOBBY OFFICE HOURS

|           |             |
|-----------|-------------|
| Monday    | 10am to 1pm |
| Tuesday   | 10am to 1pm |
| Wednesday | 10am to 1pm |
| Thursday  | 10am to 1pm |
| Friday    | 10am to 1pm |

The people who volunteer in the office are there to assist you, answer any questions you may have about the Clubhouse and tell you about the many activities that are available. They also handle room rentals for the Community Room, sign people up for AARP classes in January and will be accepting monetary donations for our annual Christmas Drive to support those that receive assistance from Meals on Wheels and our Veterans. Stop in and say 'hello.'

## THE DORCHESTER by Marilyn Siegel

It's autumn and so nice to have a bit more comfortable weather. Between summer's heat and raindrops, the Dorchester has been a very busy place. We had a few poolside get-togethers enjoying a Brunch, a BBQ, a Pizza Party, and a Night of International Cuisine. Many thanks to Zona, Vashti, Andrea, and Karen for each hosting one of these friendly and delicious events. Hopefully, many will sign up for our Bud's Chicken Night in late October.

In the months since our last article, the Dorchester said goodbye to Stanley Mannelein, Lori Votel- Kaukianen, and Phil and Barbara Antico, wishing them well in their new homes. We have also welcomed new residents Philip Stillman, Genia Barmak and Laura Sapozinikov, Claire and Ernst St. Julien, Esther Martinez and Denis Gutierrez, Sylvia Menchaca and Matthew McElwain. As always, it is hoped they will enjoy living here and will join us at our Poinciana events. We are also happy to offer our congratulations and good wishes to Bishop Dr. Jeffrey Webb who celebrated 25 years of service to the community at the Church of God Prophecy.

The Board of Directors have been hard at work on the Dorchester's repairs. The roof replacement with updates to meet current codes was completed last May, which guaranteed our ability to renew the building's insurance coverage. From there, the building had a complete power washing followed by a paint job with refreshing new colors. Due to the inclement weather, it took a while to get the different jobs done; but as usual, the residents were good-natured about being available to leave doors open when needed for edges to be properly trimmed; and for again moving their cars to accommodate the assorted rigs and forklifts in the parking lot. In late June we had the mandated building inspection. It went well. The final report stated that our building was "well-maintained, in good condition" and "with no concerns for the primary structural system". Then, for a little something extra, the PBC Water Utilities changed out our 10-year-old water meters! Dates still need to be set for two upcoming projects. They are the completion of the re-designed landscaping; and, a major overhaul of the south-side elevator.

Assessments were unfortunately necessary to pay for the considerable increase to insurance costs, but that is the nature of these times. Speaking of money, our Financial Reserves are still to be reviewed to ensure that there is full funding for any future repairs. This is being mandated by the end of 2024 for all condominiums.

*The Dorchester continues top of next column*

It is believed that we are well on our way to meeting this requirement before the review.

To financially protect the Dorchester, a new Amendment to the Documents has been drafted. The purpose is to establish a minimum credit score and annual income level for all new owners in our building. The amendment will not affect any of our current owners and is in compliance with other HOA's and Condominiums across the country. No vote has been held to pass this amendment due to an insufficient quorum in July. A new vote is being scheduled.

Please remember, if you have a dog, there are laws that require the dog to be walked on a leash and the dog's waste must be picked up. Staying with rules, everyone must shower before entering the pool to stay in compliance with a Palm Beach County Health Department rule. And finally, since being towed isn't fun for anyone, please park your car in your assigned space, with the proper sticker on the rear window while also being sure to get a visitors pass or sticker for any guest staying overnight or longer.

Now for two very different holidays. We wish anyone who celebrates Rosh Hashana, a good and sweet New Year. Next up, we wish everyone a Happy Halloween, when sweetness comes as individually wrapped candies, oh yum!



## Pizzeria

**641-0200**

*DELIVERY AVAILABLE AFTER 5:00 P.M.*

**5815 Lake Worth Road  
Greenacres, Florida**

**Monday - Thursday  
11:00 A.M. to 8:00 P.M.**

**Friday - Saturday  
11:00 A.M. to 9:00 P.M.**

**Closed Sundays**

No Checks



# IMPERIAL BUILDINGS 8 & 9

by Michael Appel

I want to start by welcoming Michael Steinke as the board's newest member. He will be a tremendous asset to our team, and we thank him for volunteering his time.

We completed our parking lot repairs, painting, and repaving project in May. It was a process that was well worth it. Our lots never looked better.

We've interviewed a new insurance broker as we approach the last quarter of the year. We had a two-hour meeting, which resulted in some very helpful information to help with our insurance needs. We all are aware of the insurance crisis in Florida. Our personal policies are affected as well.

We will be scheduling our mandatory state-building inspections in early 2024. In addition, all three elevators are required to be retrofitted.

In July, we had seven leaks in our satellite pool. We received three estimates and waited three weeks for an appointment. After the job was done, our pool service company had to get the water levels correct. This was a huge expense for us. We're proud to say the pool reopened on July 29th, a day later than expected.

Regarding the vacant land opposite Building 9, we have hired an attorney specializing in land matters. The new owner is trying to have us move our pipes located on his property at our cost. This is highly unacceptable. We are looking forward to seeing our snowbirds return.



By Pat Sullivan

"Reading is to the mind what exercise is to the body" Joseph Addison

It is always nice to meet our residents browsing in the library for a good book to take home.

New books are purchased regularly. If you have any book you would like to see on our shelves, please leave the Title, Author, and your name and number in the container on the library desk. I will see about making the purchase and call you when the book arrives.

Please remember to return your books when finished so that others may enjoy them.

See you around the library.

# POINCIANA PLACE CONDOMINIUM 3 A, B and C

by Ira Beckoff

Welcome to the first newsletter for Poinciana 3 for 2023. Keep your fingers crossed. We're near the end of the 2023 hurricane season, and we have been spared so far this season. Remember to have a full tank of gas and bottles of water if a hurricane is predicted for our area.

On the other hand, we've had lots of rain with major thunder and lightning strikes. The lightning was very close to the C building and caused an electrical power surge that burnt out the sensitive electronic control. It was a very difficult time for building C. The elevator was out of service for 17 days, and it wasn't a planned workout program. Our elevator service company finally located and installed the new circuit boards. The circuit boards are like the ones that are preventing the sales of new cars. The new cars sit on the factory floor, unusable until their chips show up.

The annual hurricane protection tree trim was done in late July. It is always amazing how fast the hard-cut trees regrow their branches and leaves, seemingly overnight. The trees appreciated all the rain, as did the newer plantings along the Birdie Drive canal. Slow down and see what's growing,

Rumor has it that some owners are planning social events and parties for Poinciana 3. Join in for great food and fun poolside. From planning to food servers or cleanup crews, you can help make these events a success. And you might get some delicious leftovers to take home! More info next month.



## SHREDDING EVENT AT

**When: Monday, November 6<sup>th</sup>, 2023**

**Time: 10am to 11am**

**Where: Clubhouse Parking Lot**

**All owners and Associations are invited to come and have your unwanted paper Shredded for free.**

**Staples are permitted.**

**NO CARDBOARD AND NO PAPER CLIPS**

# POINCIANA PLACE 1 & 2

by Catherine Carcioppolo

Welcome back to our 2023-2024 monthly newsletter. We welcome our seasonal residents back and warmly welcome the "New Residents" of Poinciana Place 1 and 2.

Our new season will bring together the weekly BBQs at the pool and the usual fun-loving events we all have come to enjoy at Poinciana Place 1 and 2. We hope to continue the camaraderie and enthusiasm. The Bocce and Shuffleboard courts will hopefully be fully repaired by November. The Princeton will begin getting prepped soon and be ready for the building to be painted in November.

The weather had not been too cooperative during some severe storms that struck Oxford and Princeton elevators, but we are up and running with patience and perseverance. The only issue we had was one elevator in each building was accessible, and although challenging at times, cooperation among the residents kept everything in perspective.

We invite all the residents to continue attending the monthly board meetings, and if you have not submitted your email to our office to be added to the Constant Contact list, please contact our office at 561-967-7420. The office sends out "notices" to all buildings, Jamison, Kendall, Lenox, Margate, Norfolk, Oxford, and Princeton periodically and in emergencies. It could be all the buildings involved or perhaps specifically for just one. We urge all residents to sign up at your convenience.

We welcome all to participate in the amenities of being a community member.

"Change is the rule of nature. Make sure you change for goodness. Have a great day."

## Current Events by Harvey Grodensky

We invite Republicans, Democrats, and Independents to join us very Tuesday morning at 10:30 am in the Card Room on the second floor of the Clubhouse. We continue to have lively discussions about current events in our state, nation, and around the world.

**For further information call:**

Harvey at (561) 596-6769

Linda at (516) 779-4602



## COPS

by Deb Lingenfelter

Interested in helping your community? Enjoy making new friends? Like to get out and about? Do you have three hours per week (to drive) and one hour per month (to attend meetings)? The Poinciana COPS Unit 39 needs you! Training will be provided, as well as a uniform shirt. You will get to know your community better and assist in adding a layer of security to our area. Please call Jeff or Deb if you are interested or have any questions.

The Palm Beach Sheriff's Office will be providing a representative to lead a seminar about scams, which, as we all know, are everywhere and pop up every day. Watch this newsletter and your building's bulletin board for details to be announced.

The seminar will be held in November at the Poinciana Clubhouse.

Cpt. Jeff Marcus. 321-514-6535

Sgt. Deb Lingenfelter. 561-335-9960



## PATIO HOMES

by Ruth Rutkay

We are looking forward to welcoming back our snowbirds later this month. I'm sure they will appreciate the greenery produced by the rainy season. Just remember to set your sprinklers to run, even when you are away, to ensure that we continue to have the green lawns we love seeing.

Luckily, we dodged a bullet when Hurricane Lee decided to pass us by. Hopefully, we will remain lucky during the rest of the season. In any event, Carlos and his team trimmed the palms in the event we aren't so lucky next time! Thanks, Carlos!

If you need any assistance or have any questions, please feel free to contact Mary Anne Pirozzi, President of our HOA, at 561-649-8188. Leave a message, and she will return your call.

We wish you a sweet New Year and an easy fast for all our Jewish friends who celebrate Rosh Hashanah and Yom Kippur.



**FREE MOVIES, POPCORN, BOTTLED WATER**

Thursdays @2:00 – Poinciana Clubhouse Community Room

**October 5<sup>th</sup> – "Apex"**

Action Adventure starring Neal McDonough and Bruce Willis

**October 12<sup>th</sup> – "Blacklight"**

Action/Drama starring Liam Neeson and Emmy Raver-Lampman

**October 19<sup>th</sup> – "Ambush"**

Action/War Thriller starring Jonathan Rhys Meyers, Aaron Eckhart, Connor Paolo

**October 26<sup>th</sup> – "As Good as Dead"**

Action/Crime starring Michael Jai White, Tom Berenger, Guillermo Iván



SUNDAY, FEBRUARY 25<sup>th</sup>, 2024 5 P.M.

\*\*\*\*\*  
\$22.00 Ticket Includes: \$22.00

- \* Admission and Entry for Door Prizes
- \* Wine and Beer
- \* Sandwiches , Salads , and Snacks

\*\*\*\*\*  
\* Purchase and Name Your Horse \$12.00 each  
This includes entry into Private Horse Owners Drawing  
WINNING PRIZE \$200.00

Winning Horse Owners Purses Are \$70.00 per Race  
OPEN WAGERING ON TEN RACES

\*\*\*\*\*  
Tickets Available at The Front Office  
Nov.1<sup>st</sup>, 2023 off Lobby  
For Information Call

Russ Donnelly at 561-963-8252  
Poinciana Front Office at 561-439-4733

\*\*\*\*\*  
PLEASE PURCHASE HORSES AS EARLY AS POSSIBLE TO ALLOW  
ADEQUATE PROCESSING TIME FOR FILM AND PROGRAMS.



*Poinciana Community Group*

**BINGO \* BINGO**

**2023 AND 2024 SCHEDULE**

- 
- WEDNESDAY DEC. 13<sup>th</sup>, 2023 7 p.m. Community Rm**
  - WEDNESDAY JAN. 17<sup>th</sup>, 2024 7 p.m. Community Rm**
  - WEDNESDAY FEB. 14<sup>th</sup>, 2024 7 p.m. Community Rm**
  - WEDNESDAY MAR. 13<sup>th</sup>, 2024 7 p.m. Community Rm**
  - WEDNESDAY APR. 17<sup>th</sup>, 2024 7 p.m. Community Rm**
- 

**\$10                      4 CARDS                      \$10**

**SEVEN GAMES PLUS COVERALL  
GUARANTEED \$15 PAYOFF PER GAME  
COVERALL PAYS GUARANTEED \$150**

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**HALFTIME REFRESHMENTS SERVED**





## Poinciana Ladies Social Club

### By Sandi Wolf

We are very excited to welcome you to the 2023-2024 season of the PLSC! Firstly, some business: our dues are \$20 for the year and worth every dollar! Please mail your checks to Connie VanValkenburg (our Membership Chairperson) at 3593 Birdie Drive, #A608, Lake Worth, FL 33467. And now for the "fun" part!

Tuesday, October 17<sup>th</sup>, 2023 - Our first event will be held in the Terrace Room at 11:30 am. "Psychic Deborah Graham" will entertain and enlighten us with her spiritual guidance and insight into the past, present, and future. We'll enjoy "Bagels And..." before the presentation so please be on time. Surprise dessert after. Cost is \$10/ members and \$15/non-members. Chairpersons are Mindy Dorffman and Myrna Teitelbaum. Please call Mindy (561-328-8977) for reservations ASAP. (Tables of 4). Don't forget to list your tablemates on your check. Cutoff date - Wed. Oct.11<sup>th</sup>. Tuesday, November 14<sup>th</sup>, 2023 - Join us for the "Installation of New Officers" and a well-deserved "thank you" to our hard-working Board Members. Meet in the Poinciana Ballroom at 12:30. We will be entertained by Don Stansfield. Your choices for lunch are: Chicken Caesar or Vegetable Cheese Wrap with Cole Slaw or Triple Deli Platter (tuna, chicken and egg salad). Beverages include Ice Tea, Lemonade, Soda, Hot Coffee and Tea. Dessert: Chocolate Cake or Apple Tart. Cost: \$25/member, \$28/non-member. Chairpersons are Sandi Wolf and Carol Cohen. Please call Carol (516-376-2007) for reservations. Remember to write your entree and tablemates on your check. Cutoff date - Wed. Nov.8<sup>th</sup>. Tuesday, December 12<sup>th</sup>, 2023 - Come celebrate with us! Our annual "Holiday Party" will be held in the Poinciana Ballroom from 6 p.m. to 9 p.m.

More events - more information - in the next Newsletter. We are hoping that we will have some new members this year. Every event takes many hands working behind the scenes. So please consider stepping up this year. The results are very rewarding.

Looking forward to a great year!

Congratulations and the best of luck to our new President Mindy Dorffman!



by Russ Donnelly

Well, we're all hoping that the long, hot summer will be coming to an end, and we can look forward to the 2023-2024 season here at the Poinciana Clubhouse. We are preparing for a great new season, starting with the 2023-2024 Showtime productions, beginning in December and running through March. Tickets will be on sale in the Clubhouse Lobby on Saturday, October 16, from 2 p.m. to 4 p.m.. We are holding our prices at the same level as last year, so you get four great shows for \$115.00. The other important news is that new chairs arrived over the summer, and we are sure they will enhance our theater and add to your comfort. Our first show will be a group called The Long Run, who will perform the songs of the EAGLES like no other.

Again this year, we will start BINGO in the Community Room in December and run through April. Dates will be posted in the Lobby shortly. Lastly, our annual "Night at the Races" will be held on February 18, 2024. Horses and tickets will go on sale November 1, 2023, in the Lobby Office, so be sure to get at least your horses purchased ASAP. Last year, we had a tremendous response and had to add an 11th Race. Don't wait until the last minute and be disappointed. We are fortunate that the yearly event gets bigger every year. The festivities are a great value.

In closing, I would like to get new volunteers for ushers at Showtime and for "Night at the Races." We lost a few of our regulars last year. Interested parties should call Russ Donnelly at 561-963-8252. Thanks for your responses in advance, volunteers.

**Craig THE HANDYMAN**

Don't Sweat It, You Won't Regret It  
Just Sit Back, Relax & Make The Call  
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**ART GROUP**  
**A PLACE FOR CREATIVE EXPRESSION**  
**By Ruth Cassell**

It's time to laugh, craft, create, and say hello to your Poinciana neighbors. We've been tapping into new skills this summer. Some of us put our paint brushes aside for diamond painting, a true test of patience while waiting for inspiration. We also, this summer, have created a quilting enthusiast who rivals an entire quilting bee for output. Weekly, we are blown away by AI's beautiful and original designs.

Drop in and check us out from 1 p.m. to 3 p.m. in the art room next to the Community Room. We provide music, snacks, and snappy conversation. No prior skills are needed, and all residents are welcome. Just bring your own supplies.

Most of us have no formal training, but we get inspiration and ideas from each other. We are hoping to have a few demonstrations of technique and colors.

We are looking forward to the return of the snowbirds later this month.



**SIT AND STITCH**  
**by Kathy Jordan**

We start this new season hoping to learn more about knitting and crocheting.

Join us in the Terrace room on the second floor of the Club House every Wednesday from 1:00 pm to 3:00 pm.

For further information, call:  
 Leanne at **561 670-2334** or  
 Kathy at **917 854-1544**



**The Happy Bookers**  
**by Sandi Wolf**

Another season is starting. I hope everyone had a great summer.

Join us on Wednesday, October 11<sup>th</sup> at 11 am in the Terrace Room. Let's share some of our great "reads" and perhaps explore the books we would like to read this upcoming year. Again I would like to say that we need your input as well as your help in choosing books and leading discussions.

Books can be found in the form of e-books, audio or large print. Let's not just depend on the "book club in a bag" that the library offers.

I will, however, have copies of "The Other Americans" by Laila Lalami (2019) to start our reading for October. It is a novel about the suspicious death of a Moroccan immigrant that is at once a family saga, a murder mystery, and a love story, all of it informed by the treacherous fault lines of American culture.

Looking forward to seeing everyone again.  
*Sandi*



**Bunco is the second Thursday of each month.**  
**Time, 7 P.M. in the Community Room.**  
**Admission Fee \$ 5.00**  
**Small Unwrapped gift for the loser bag prize.**

**Refreshments, Prizes**

**Please RSVP, Mindy Dorffman**

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# VETERANS DAY

## *Pinning Ceremony*



We will be honoring our Veterans with a pinning ceremony. A light continental breakfast will be served with refreshments.



SATURDAY

**11 NOV 2023**

9:00AM TO 11:00AM

CEREMONY WILL BE HELD IN THE POINCIANA COMMUNITY ROOM



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# October 2023

| Sunday | Monday                                                                                                                  | Tuesday                                                                                                        | Wednesday                                                                                                  | Thursday                                   | Friday                                                                           | Saturday                                      |
|--------|-------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------|--------------------------------------------|----------------------------------------------------------------------------------|-----------------------------------------------|
| 1      | 2<br>7:30A-Men's Golf<br>8A - Tennis<br>9A—Pilates<br>10A Yoga<br>11A-Chair Yoga<br>1P—Art                              | 3<br>9:30A—Chair Yoga<br>10:30A—<br>Current Events                                                             | 4<br>7:30A-Men's Golf<br>8A - Tennis<br>9A—Pilates<br>10A Yoga<br>1P—Sit&Stitch                            | 5<br>2P-Movie<br>"Apex"                    | 6<br>7:30A-Men's Golf<br>8A - Tennis<br>8A—Pilates<br>9A—Yoga<br>10A-Chair Yoga  | 7                                             |
| 8      | 9<br>7:30A-Men's Golf<br>8A - Tennis<br>9A—Pilates<br>10A Yoga<br>11A-Chair Yoga<br>1P—Art                              | 10<br>9:30A—Chair Yoga<br>10:30A—<br>Current Events                                                            | 11<br>7:30A-Men's Golf<br>8A - Tennis<br>9A—Pilates<br>10A Yoga<br>11A—Happy Bookers<br>1P—Sit&Stitch      | 12<br>2P-Movie<br>"Blacklight"<br>7P—Bunco | 13<br>7:30A-Men's Golf<br>8A - Tennis<br>8A—Pilates<br>9A—Yoga<br>10A-Chair Yoga | 14<br>2:00-4:00PM<br>Showtime<br>Ticket Sales |
| 15     | 16<br>7:30A-Men's Golf<br>8A - Tennis<br>9A—Pilates<br>10A -Yoga<br>11A-Chair Yoga<br>1P—Art<br>7P—PCG<br>Board Meeting | 17<br>9:30A—Chair Yoga<br>10:30A—<br>Current Events<br>11:30A—<br>Ladies Social Club—Psychic<br>Deborah Graham | 18<br>7:30A-Men's Golf<br>8A - Tennis<br>9A—Pilates<br>10A Yoga<br>11A—Mel's<br>Way Bingo<br>1P—Sit&Stitch | 19<br>2P—Movie<br>"Ambush"                 | 20<br>7:30A-Men's Golf<br>8A - Tennis<br>8A—Pilates<br>9A—Yoga<br>10A-Chair Yoga | 21                                            |
| 22     | 23<br>7:30A-Men's Golf<br>8A - Tennis<br>9A—Pilates<br>10A Yoga<br>11A-Chair Yoga<br>1P—Art                             | 24<br>9:30A—Chair Yoga<br>10:30A—<br>Current Events                                                            | 25<br>7:30A-Men's Golf<br>8A - Tennis<br>9A—Pilates<br>10A Yoga<br>1P—Sit&Stitch                           | 26<br>2P—Movie "As<br>Good as Dead"        | 27<br>7:30A-Men's Golf<br>8A - Tennis<br>8A—Pilates<br>9A—Yoga<br>10A-Chair Yoga | 28                                            |
| 29     | 30<br>7:30A-Men's Golf<br>8A - Tennis<br>9A—Pilates<br>10A Yoga<br>11A-Chair Yoga<br>1P—Art                             | 31<br>9:30A—Chair Yoga<br>10:30A—<br>Current Events                                                            | <b>Community Board Meeting</b><br><b>Monday, October 16th @7:00PM</b><br><b>Clubhouse Community Room</b>   |                                            |                                                                                  |                                               |

Activities Office Hours - Monday thru Friday 10AM-1PM

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With Ray the DJ  
\$5 house wines



### Wednesday

Fish fry & shrimp dinner  
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Let's Dance To  
Lola 5-8 pm  
\$7 martini menu



### Thursday

*Ladies Night*  
\$4beer \$5wine \$5house cocktails

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JOEY & THE PARADONS

SATURDAY OCT 7<sup>TH</sup> REMINISCE

FRIDAY OCT 13<sup>TH</sup> JOHNNY L

SATURDAY OCT 14<sup>TH</sup> IT'S MOTOWN

WITH RAY FEATURING MS. JONES

SATURDAY OCT 21<sup>ST</sup>

REMEMBER THEN

FRIDAY OCT 27<sup>TH</sup> CRUZIN

## HALLOWEEN

## PARTY

OCT 28<sup>TH</sup> 6-10PM

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# BINGO

Wed oct 18th

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& closes at 12 pm  
Lunch from 11-1pm  
Bingo from 1pm-3 pm

# POINCIANA PLATES

by Toni Mirobelli

I have found that people either LOVE anything “pumpkin” or TOTALLY HATE it! I am in the LOVE family and I have an easy PUMPKIN FLUFF recipe for you to try.

### INGREDIENTS

- 15 oz can pumpkin puree
- 1 oz box sugar-free instant vanilla pudding mix
- 2 teaspoons pumpkin pie spice
- 1 teaspoon vanilla extract
- 8 oz sugar-free Cool Whip, thawed

### INSTRUCTIONS

In medium-sized bowl, whisk together the pumpkin puree and pudding mix until smooth. (Try this with instant cheesecake pudding mix instead of vanilla pudding mix.) Add the pumpkin pie spice and vanilla extract and stir. Then fold in the cool whip until blended into a smooth consistency. Cover and refrigerate for at least two hours. Serve chilled with a bit of whipped cream.

You could also make this into a pie: spread in a pre-made graham cracker crust and refrigerate. Another serving idea; use it as a dip with low-fat graham crackers, ‘nilla wafers, pretzels or apple slices.

Enjoy!!



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## FOOTBALL

|   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |              |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|--------------|
| Y | S | A | T | F | P | S | A | C | B | G | S | D | H | B | AUDIBLE      |
| T | T | U | L | M | U | H | R | R | W | N | I | A | N | L | BRONCOS      |
| E | E | D | T | E | A | M | O | N | I | K | L | X | O | O | BUCCANEERS   |
| F | E | I | L | M | A | N | B | H | H | F | Z | E | I | U | COACH        |
| A | L | B | O | L | C | G | P | L | T | C | R | H | T | G | DEFENSE      |
| S | E | L | N | O | U | L | U | I | E | O | A | G | P | O | DOLPHINS     |
| G | R | E | S | I | O | T | M | E | C | C | Y | O | E | A | FIELDGOAL    |
| G | S | S | I | D | D | E | N | S | J | E | E | R | C | L | FUMBLE       |
| S | R | E | E | N | A | C | C | U | B | S | S | P | R | P | GOALPOST     |
| F | I | E | L | D | G | O | A | L | R | N | N | U | E | O | HALFTIME     |
| T | T | E | M | L | E | H | G | E | T | E | E | N | T | S | HELMET       |
| K | I | C | K | O | F | F | K | I | E | F | F | T | N | T | INTERCEPTION |
| L | R | E | V | I | E | C | E | R | U | E | F | E | I | A | KICKER       |
| P | I | G | S | K | I | N | S | D | J | D | O | R | H | N | KICKOFF      |
| B | Q | R | E | K | C | A | B | E | N | I | L | X | C | P | LEAGUE       |
|   |   |   |   |   |   |   |   |   |   |   |   |   |   |   | LINEBACKER   |
|   |   |   |   |   |   |   |   |   |   |   |   |   |   |   | OFFENSE      |
|   |   |   |   |   |   |   |   |   |   |   |   |   |   |   | OMAHA        |
|   |   |   |   |   |   |   |   |   |   |   |   |   |   |   | PIGSKIN      |
|   |   |   |   |   |   |   |   |   |   |   |   |   |   |   | PUNTER       |
|   |   |   |   |   |   |   |   |   |   |   |   |   |   |   | RECEIVER     |
|   |   |   |   |   |   |   |   |   |   |   |   |   |   |   | SAFETY       |
|   |   |   |   |   |   |   |   |   |   |   |   |   |   |   | SCORE        |
|   |   |   |   |   |   |   |   |   |   |   |   |   |   |   | STEELERS     |

WORDS CAN GO IN ANY DIRECTION. WORDS CAN SHARE LETTERS AS THEY CROSS OVER EACH OTHER.



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Hablo Español



## LADIES GOLF By Karen Freeman

Welcome back!

Where does the time go? It seems like yesterday that many of us headed north to cooler climates for the summer to visit family and friends. Now, autumn has arrived, and it is time for many of us to begin our southern migration back to Florida. To those who have already returned, welcome back! For our travelers, have a safe journey!

The Poinciana Ladies Golf League is set to begin the 2023-2024 season. We look forward to greeting our returning members and to welcoming new members. For those who are returning, please email Karen Freeman at:

karenmfreeman@ymail.com to let her know approximately when you will be returning and beginning play. Anyone interested in joining should contact Karen Freeman at 973-331-9762 or Nancy Scolnick at 978-973-2800. The cost is \$40 per league or \$70 for both. Membership checks should be made out to Poinciana Ladies Golf League, Inc.

All members must join the USGA GHIN so Suzanne Swartz can calculate your handicap for each game to win prizes. Vinny and Paul Grillo have said that the price to join the GHIN will be free because we are the Poinciana Ladies Golf League.

The 9-Hole League will officially begin its season on Monday, November 6, and run through the end of April. We meet every Monday morning with tee times starting at 8:00 a.m. The 18-hole League officially begins on Friday, November 3. It, too, runs through the end of April and meets each Friday, with tee times beginning at 8:00 a.m. The weekly tournaments have been set, and once again, it should be a fun, challenging season. As always, weekly winners will be determined, and cash prizes will be awarded at the end-of-season awards banquet.

Our email notification system, which has worked out well, will continue to be implemented to let each member know their foursome and tee time each week. To each member, be sure to update your contact information on a registration form, which can be found in the ladies locker room. Please make sure I have your email address and phone number. Paul will need this for the GHIN.

Weekly signup sheets will now be at the counter as you pay at the pro shop. The tournament calendar for each league will be posted on the bulletin boards in the locker room. Our Welcome Back Brunch and the Awards Banquet are yet to be determined.

Have a great season!

## The Poinciana Golf Course by Paul Grillo

Dear Golfing Enthusiasts,

We look forward to seeing our snowbird golfers for a memorable winter season in South Florida! As the temperatures begin to dip up north, it's that time of year again when our beloved snowbird golfers migrate south to bask in the warmth of South Florida. At Poinciana Golf Course, we're eagerly preparing to extend a warm welcome to all our winter guests and enthusiasts from colder climates.

### What to Expect:

- 1. Excellent course conditions:** Our dedicated grounds crew has been meticulously caring for the course, ensuring that it will be in peak condition. Expect an overall top-notch golfing experience.
- 2. Social Events:** Join us for a season filled with social gatherings and themed events. It's the perfect opportunity to meet fellow golfers and make lasting memories on and off the course.

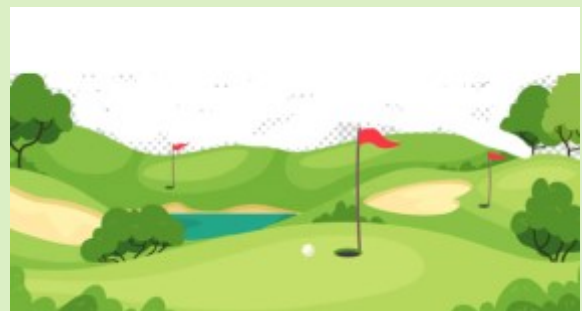
Poinciana Golf Course eagerly anticipates the arrival of our cherished snowbird golfers. We can't wait to share this winter season with you, filled with great golf, sunshine, and camaraderie.

Warmest regards, The Poinciana Golf Course Team

# REMEMBER;

## THERE IS NO WALKING ON THE GOLF COURSE

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**Scott Record**  
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With Special Guest  
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Iris Revson**



Sunday, Feb. 18<sup>th</sup>, 2024 - 7PM

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Sunday, Mar. 10<sup>th</sup>, 2024 - 7PM

# NAME THAT TUNE



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### TIME:

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## FLORIDA FUN FACTS

by Thomas Leonard

### GET AWAY DAYS:

We all love living here in Poinciana. We have almost everything we love very close to us or certainly within a short distance. But aren't there occasional times we just feel the need to get away to a vacation resort or a ship cruise for a short vacation? Is it possible to find a good Florida location and avoid excessive travel?

If you would enjoy a bit of foreign travel and still not venture too far from home, you might consider Ocho Rios, Jamaica. The surrounding countryside is lush with vegetation, mountain vistas, agricultural plantation tours, and rum distilleries. A popular spot is the Dunn River Falls, with the river spilling down a hillside to the same beach where Sean Connery's James Bond met Ursula Andress wearing a white swimsuit and looking for shells. You probably will not find her there today, but there is little danger that the villain in the Dr. No movie will find you there.

I believe it is easy to find good, interesting places and avoid the high prices of expensive resorts and cruises. The following are some of my choices from among many Florida State Parks. These and many others offer a wide choice of wide beaches, fishing, hiking, boating, and swimming. There are often canoe and kayak rentals available. With some exceptions, most are available by driving directly to the park location. When this is not possible, the park is located on an island with ferry transportation available.

### HONEYMOON ISLAND

This State Park has white sand beaches, stunning sunset views, and a bird watchers paradise. It is just a few miles north of Clearwater on Route 19 before you turn West on the Dunedin Causeway. There are four miles of open beaches and a three-mile-long trail through a forest of Pine trees. You will see eagles, ospreys, and owls nesting in this wooded area. Popular activities include fishing, shelling, and bicycling. Also, if you are interested, there is a Ferry Terminal to access the nearby park on Caladesi Island.

### CALADESI ISLAND

This island is a State Park, only accessible by private boat or ferry. It is untouched by modern life. The most popular activity for visitors is a kayak-boat tour through a Bayside Mangrove Forest. There is a Nature Trail walk to the historic Scharer Homestead in the island's interior.

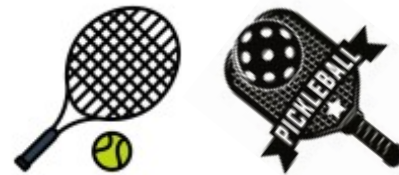
### AMELIA ISLAND

Amelia is a barrier island thirty miles from Jacksonville. It offers beautiful scenery and beaches

made of natural quartz sand and enclosed by high sand dunes. A "downtown" area on the Amelia River is referred to as Fernandina Beach. The central business area is along Center Street. There is a planned community and resort nearby called The Plantations. This secluded area has 900 homes and 1200 condominiums.

### EGMONT KEY ISLAND

Egmont Key is a National Wildlife Refuge of 328 acres. Of course, it is also a State Park located at the mouth of Tampa Bay. It is southwest of Fort De Soto Park and can be reached by boat or ferry. The surrounding water is crystal clear and shallow, making it ideal for safe swimming. The island provides a habitat for resting sea turtles, tortoises and 30,000 nesting birds. It is a refuge for all wildlife to rest, nest and feed. No one lives here except for Wildlife Staff members. The ferry provides the times for return trips off the island.



## POINCIANA TENNIS & PICKLE BALL NEWS

The 2023 summer season is ending, and soon, we will welcome the fall/spring tennis players back to our great Poinciana community. Some exciting tennis has been played on the ATP and WTA tours in the last couple of months. Who can forget the W&S Open or the US Open matches featuring the greats like Coco, Sabalenka, Swiatek, Pegula or Djokovic, Alcaraz, Medvedev, and Shelton?

Here at the Poinciana Open, we have our own greats who have played every week, braving the searing temperatures, like Willie, Richard, Palo, Mike, Anatoly, Enyo, and Chicago. They don't play for the millions as seen on TV; they play for good old-fashioned exercise and fun!

Speaking of fun, Poinciana Pickleball is here! There are now two new courts painted over the court nearest the "Great Wall." Instead of having to venture out to Okeeheelee Park (3.0-5.0 players), John Prince Park (2.5-4.0 players), or Freedom Park (2.5-3.5 players), any skill level is welcome to try out the courts.

Let's all get out there and hit those "yellow" balls around. See you on the courts!



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## YOGA AND PILATES by Shannon Alviar

Our focus on fall prevention, improving balance, agility, and our ability to get up off the floor (sounds too easy? Can you get up with NO hands?) continues in our Poinciana yoga, Pilates, and chair yoga classes. We also try to meet about once a month for lunch and to socialize. Do something good for yourself and come enjoy a fun, relaxed atmosphere, make new friends and get heart healthy exercise all in just 1 hour! Classes are only \$10 in cash per session, and discount options are available online. See instructor for details.

**Chair Yoga** – Appropriate for all skill and ability levels. Trouble tying your shoes? Want to improve your balance? Got chronic pain? Wrist, Neck or Low-Back Injuries? This is the class for you! If you think it will be too easy, think again. This class will definitely get your blood pumping, while still being accessible to those of us with mobility issues. Balance exercises in EVERY class!! Mondays @ 11 AM and Fridays @ 10 AM in the Community Room. \*Note – Friday class is 1 hour EARLIER.

**Mat Yoga** – Our gentle mat yoga class includes exercises to help improve your balance, strength and flexibility so you can reach all the way down to the floor and up to the highest cupboard with greater ease. Helps reduce chronic pain! Mondays & Wednesdays at 10 AM, and Fridays at 9 AM. \*Note – Friday class is 1 hour EARLIER.

**Pilates** – This class works everything from your neck to your knees! Our sessions will focus on core strength, balance, precision & control using a mix of light weights and other inexpensive apparatus, bodyweight exercises, and balance exercises. “In 10 sessions you’ll feel the difference, in 20 you’ll see the difference, and in 30 you’ll have a new body.” – Joseph Pilates. Classes are held Monday & Wednesday at 9 AM, and Fridays at 8 AM. \*Note – Friday class is 1 hour EARLIER.

### **2024 Seasonal Exercise Schedule:**

**Monday** - 9 AM Pilates - 10 AM Yoga  
11 AM Chair Yoga

**Wednesday** - 9 AM Pilates - 10 AM Yoga

**Friday** - \*Note times are 1 hour EARLIER!

8 AM Pilates - 9 AM Yoga - 10 AM Chair Yoga

**All classes are \$10 in cash and held in the Poinciana Community Room.**

Questions? Not sure if we are having class? Call Shannon at 832-715-0146.

Come join us! What are you waiting for? We’d LOVE to have you!



## GYM NEWS

Only closed toe, rubber soled, laced shoes should be worn in the GYM.

NO SANDALS OR FLIP FLOPS PLEASE.

When using the treadmill, please attach the rope provided, around your wrist. This will automatically stop the treadmill if you trip or fall.

Remember, these rules are here for your safety while using the Gym.

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**FOR MORE INFORMATION**

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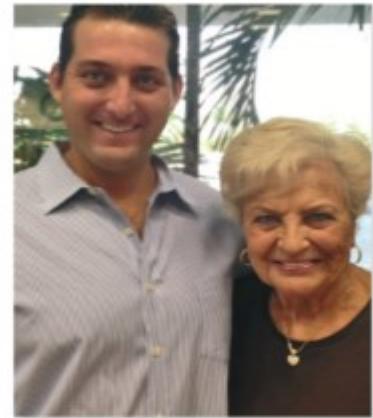


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