



Poinciana Today

NOVEMBER 2023

MESSAGE FROM THE PRESIDENT by PAT SULLIVAN

"You cannot do kindness too soon, for you never know how soon it will be too late."

Ralph Waldo Emerson.

Again, I want to thank Joyce Graham for stepping up and taking over the editorial position of the Newsletter. This is, however, a temporary position. If our residents wish to continue to have the Newsletter published, we need to have people step up and volunteer. We need an editor and someone to take over the ads. These positions may be held by 2 or 3 people working together to get the Newsletter out to our residents. Please let me know if this is something you feel you can do for your community.

Bingo at Mel's Way was a big success. Thank you to all who came and helped with their donations for our annual holiday fundraiser for Veterans and Meals on Wheels recipients. Monetary donations can also be dropped off at the Lobby Office, Monday through Friday, between 10 a.m. and 1 p.m. Checks should be made out to PCG.

Our residents continue to walk on the golf course ---some with their pets who have no leash. Coyotes have been spotted on the golf course as well as an alligator. If you have no respect for the hard work done by the Grillos and their employees, at least keep your pets safe.

This summer, extensive work was done on the bridge between the Birdie and the Clubhouse. It required extensive concrete work, new railings, and making the area around the path safer for all who use the bridge.

Thanksgiving is right around the corner. Whether you travel or stay here at Poinciana, may you be surrounded by loved ones who wish only the best for you and yours.

POINCIANA COMMUNITY GROUP 2023 BOARD OF DIRECTORS

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PCG Clubhouse

Clubhouse Email: pcgclub@comcast.net

Clubhouse Telephone: 561-439-4733

Website: www.Poinciana.club

Please sign up to receive our Monthly Newsletter and Weekly Updates.

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FROM THE EDITOR
Joyce Graham

Hello from New Jersey, where Fall has arrived. It's been in the 50s and 60s in the morning and warming up to the low 70s during the day. Perfect! I have mums on my porch and deck and have the inside of the house decorated with all things Fall.

As I finish editing the newsletter this month, I want to reiterate what Pat said in her President's report – someone from your community needs to take over responsibility for the newsletter. If you and a friend or two would consider taking this on, I will be happy to help you.

I have the entire process written out, and my checklists are available. I will be happy to guide someone through the process.

When I lived in the community, I was always surprised at how few people volunteered to take on responsibilities. And I understand that you're retired and have done your work. But, when you live in a community, you can do a few small things to help the community be better.

So, this month, I'm offering some outstanding volunteers, all the resources, and my time to help transition to a new editor.

Have a wonderful Thanksgiving.

We at the Poinciana Newsletter are approached by many companies and individuals looking to advertise in our Newsletter.

***Please note the following:**

Allowing these companies and individuals to advertise in our newsletter does not constitute an endorsement of them or their products.



VETERANS DAY

Pinning Ceremony

We will be honoring our Veterans with a pinning ceremony. A light continental breakfast will be served with refreshments.

SATURDAY

11 NOV 2023

9:00AM TO 11:00AM

CEREMONY WILL BE HELD IN THE POINCIANA COMMUNITY ROOM

RSVP to the Lobby Office
561-439-4733. Please leave your name+guest and number.

BARCLAY BITS

by Ina Baron

First on my mind is a sad note to report that our aspiring actor Vinnie has made his final curtain call. He will be missed by many. Also, Jennie Houck passed away while we were gone, and I just found out about it today. She was one of the original owners here at the Barclay.

The first of the snowbirds to come back to roost for the winter is Madeline and Hank. Great seeing you!

Ina Baron and John Harvie ventured up to Virginia so John could see his family. They were accompanied by Ina's daughter, Debra, from Connecticut. They visited Richmond, where John acted as a guide to all the historic places and to visit his daughter and many old friends and family.

The trip continued down to the Norfolk/Virginia Beach area, where there were more family and friends to celebrate his visit. They even had a belated 95th birthday party for him. The trip was wonderful but long and tiring.

While we were gone, the railings on the third floor were replaced, the second-floor railings were repaired in some places, and the rest were replaced. We also have two new doors on the first floor. One door is for the Pump Room, and the other is for the Electrical Room.

We welcome Joy Schneider and Henry Neuss, who came to us from The Lenox.



SHREDDING EVENT AT

When: Monday, November 6th, 2023

Time: 10am to 11am

Where: Clubhouse Parking Lot

All owners and Associations are invited to come and have your unwanted paper Shredded for free.

Staples are permitted.

NO CARDBOARD AND NO PAPER CLIPS

The AMBASSADOR by Sandi, Shirley, and Annette

November is upon us, and we look forward to seeing our snowbirds return.

At our first Condo meeting on October 10th, our President, Pat Sullivan, shared that our Reserve Study and Engineer Inspection were completed before the deadline. On a disappointing note, we were informed that many of our everyday and necessary costs (including insurance) in maintaining a condo building will likely increase. Somehow, we'll get through this!

We're all excited that our "Monday Night BBQs" by the pool with the Barclay will return as soon as our Master Chef Monique arrives. She'll flip your burgers and make sure your steaks, chicken, or hot dogs are cooked to perfection while conversing and keeping us smiling with her infectious laugh! We chip in \$1.00 per person to pay for propane and to replace the grill when needed. Come down at 4:30 p.m. with your drinks and appetizers. The grilling starts at 5:00 p.m. Please remember to bring your own sides and remember, **No Glass Containers!**

We will be starting our **Monthly Birthday** celebrations on November 13th. Come and celebrate with some cake and good wishes. Please let Sandi, Shirley, or Annette know your birthday month and day. No Year necessary!! (We know we are OLD!)

To our Veterans and those serving today, Thank you for your service and for keeping us safe. Wishing all a Happy Thanksgiving! Safe travels!

NEW LOBBY OFFICE HOURS

Monday	10am to 1pm
Tuesday	10am to 1pm
Wednesday	10am to 1pm
Thursday	10am to 1pm
Friday	10am to 1pm

The people who volunteer in the office are there to assist you, answer any questions you may have about the Clubhouse and tell you about the many activities that are available. They also handle room rentals for the Community Room, sign people up for AARP classes in January and will be accepting monetary donations for our annual Christmas project.

CARLISLE CHATTER

by Lynn Sands

November is here, and our winter season is upon us. Our snowbirds will return shortly; we are happy to have them back. Carlisle welcomes our new owners and looks forward to meeting them. Carlisle Social Committee schedules both poolside and outside events for our residents each month during the season. Look for our posters and signup sheets near our mailboxes. It's a great way to meet and greet your neighbors and make new friends.

Our Condo dues include insect removal in our homes. The "bug man" comes on the second Thursday of each month. This writer has experienced a swarming of ants around my windowsills and floors. Our Pest Control Service noticed they have wings; I never knew ants could fly! I guess mom was right; you live and learn each day. Fortunately, the problem was solved.

Our garbage is placed in bags, put down our chutes and in the garbage room dumps. All recyclable paper, glass, and metal cans should be put into our marked bins located on the east and west sides of our building. Our sink garbage disposals accept all vegetation.

"Carlisle Chatter" announces birthday wishes to our residents. A birthday signup sheet is posted near our mailboxes. Your birth year is not necessary, just your name and month. You will receive congratulations on your corresponding edition. Do you have a family event you would like to share with us? A new baby, graduation, milestone birthday? Send me an email with the event, and I will post it in the next edition: Gipsee1@yahoo.com.

Want to get involved in decisions that affect your residence? Run for our Condo Board! A notice will be sent to all Carlisle owners within a few weeks about the 2024 Board Election. The correspondence will include an application and a resume of your qualifications.

Read our community newsletter, "Poinciana Today." It is distributed monthly during the season and is located in the magazine rack near our mailboxes. Pick up a copy; you will find exciting news there. Mel's Bistro restaurant offers music, dancing, food, and drink specials. Information on Thursday movies, Shows, Bingo, Yoga, and Social Clubs are included as well as many other activities you may wish to participate in.

Anyone planning on a trip via plane or ship? It appears that so many people have gotten COVID on these transports, me included. It is advisable to continue to wear N95 masks.

That's all for now.

Have a Happy Thanksgiving all!

THE GRAMERCY

by Phyllis Elrich

November already? Time is flying, and things are changing. More snowbird friends are arriving, and the air is getting cooler. November is the month for gratitude, hope, and friendship.

Our building is in great shape, and many of our neighbors have remodeled their apartments. The pads protecting the elevator have finally been removed, and the noises have stopped. Thank you to all who have had the patience for it!

What do you have to be grateful for?

1. Health is the most important one. Exercise, I am telling myself this as I write, can be gentle or more rigorous. I was going to say I can watch all those healthy people exercise all day, but I can't even do that! I am trying to commit to at least walking the catwalk on a couple of floors every so often.

2. Fresh air which is essential too. Getting out, even just sitting by our pool or the community pool, allows you to breathe gently, and you might get to mingle with some friendly neighbors. Speaking of nice neighbors, we hope to start our monthly pool get-together again. Hearing laughter and music and joining in a pizza or potluck dinner brings out the best in friends. Look over the post box by the mailboxes for information and sign-up sheets.

3. Family, if you don't live near yours, enjoy some of ours. You can always tell when guests are here. That's when the pool becomes alive! Gorgeous laughter and happy noises are delightful to hear.

4, 5, 6, and more. See how well our building is maintained. Thanks to Arelis as she sweeps by each floor, fights those spider webs, and always smiles. Be sure to say "Hola and Gracias" when you see her. The landscape people are here cutting grass, hauling away the big leaves that fall, weeding so we have lovely grounds. And, behind the scenes, all the things that go awry are taken care of with little fanfare, all these people working together to make us proud of being in the Gramercy.

There is so much more for which to be grateful.

What are you grateful for?

Where are your blessings?

We eat, play, live, go to places, and come home to be here in a safe, clean environment.

Happy Thanksgiving to all. Share your bounty. Share the smiles. Happy holiday to all!

THE DORCHESTER

by Marilyn Siegel

As we enter the Fall Season, the Dorchester has some wonderful events planned. It is hoped that all of our residents will attend the poolside BBQ scheduled for November 18; and our Annual Holiday Party at Mel's Way on December 6. Sign-up sheets will be posted by the elevators two weeks before each event.

Recently, we have had the good luck to be able to welcome JerryAnn Vitale back to our fold. Now, we are getting ready for the return of our snowbirds. It is hoped that the pool pump will have been replaced by the time they get here! Wouldn't having an open pool be nice for all of us?

The Amendment to the Documents which allows us to require minimums for the credit ratings and income of anyone seeking to buy one of our units has passed and been recorded in the County Records. This has no effect on current owners and should help to financially protect the building.

A few projects are still in the works to assure the Dorchester's continued well-being. The walkways through the two atriums and to the pool should have been repaired, sanded, and sealed by the end of October. Work on the South Elevator and the landscaping are still planned and expected to be done by the end of the year. Watch this space for any updates.

Please enjoy your extra hour of sleep as the clocks fall back for Daylight Savings Time. We wish everyone a delicious and Happy Thanksgiving.



IMPERIAL BUILDINGS 8 & 9

by Michael Appel

On September 21st, we held our assessment meeting at the library. This was a perfect opportunity to introduce Dana and Kim from Southern Shores Management and have them explain the need for an assessment.

As discussed, our financials will be posted monthly on our website and bulletin boards as we receive them. In addition, all future notices regarding meetings and other important information will be posted on our bulletin boards instead of the mailboxes.

Please break up all cardboard boxes before disposing of them. Please ask Brian or me how to dispose of bulk furniture properly.

Many people are dropping their HOA payments in the black mailbox by building 9. We check the mail twice daily and deliver all checks to the management office the next day.

Our cameras have been installed by the buildings and our satellite pool.

Our snowbirds should be showing up for the season very soon. We look forward to seeing them and starting our BBQs again.



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**Friday - Saturday
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No Checks



POINCIANA PLACE CONDOMINIUM 3 A, B and C by Ira Beckoff

I have been dreaming about grilled hot dogs. That means BBQs and Pool Parties are being planned.

Stephanie Lewis sent this special event planning update; she wrote: Louise O'Rourke and I will chair the Social Committee for 2024. Also on the committee are Fran Hood, Norm Dolch, and anyone else interested. You can text Stephanie (914-217-5161) or email her at (lonsteph1932@msn.com).

Here are some of the events for the 2024 season. We may have a holiday pop-up on December 28. That depends on what date some of our committee members arrive. We will continue with random dates for both "open grill" and "pop-up get-togethers" with the help of the Carneys and Norm and Ada. They seemed to be successful in getting folks to come out and socialize.

We want to repeat the hot dog and chili event, ice cream social (maybe with karaoke), a night at the races, international dinner, and Board appreciation. The particulars will follow once our committee meets again. Stephanie will keep me up to date so I can keep you up to date.

We're always looking for help to make each event run smoothly. Poinciana 3 owners always enjoy the good times and tasty food that is prepared by themselves or helpers. Please join in the planning and partying.

Do you grill or boil your dogs? Here's a Hot Dog cooking survey. I vote for grilling only, but some people boil for 2-3 minutes and then grill for a minute or two or boil and eat. The survey showed that most Americans prefer hot dogs straight off the grill. Seventy-five percent say grilling is their favorite way to cook a hot dog, far exceeding other cooking methods such as over a campfire (9 percent), boiling (6 percent), steaming (3 percent), frying in a pan (2 percent), or microwaving (2 percent). And, as a relish mustard wins 75% vs ketchup 25%.

Ketchup's popularity was a big surprise. Hot Dog rules of etiquette at Nathan's Coney Island say grilling and mustard are the way to enjoy the ideal hot dog. Let's all share a hotdog at the Poinciana 3 pool. We'll have mustard and ketchup on standby. Watch for emails and posters with details.

Let's recycle an old topic. Please recycle correctly; if in doubt, throw it out into the dumpster. The big metal container inside the large trash closet is called a dumpster, and the blue and yellow containers are called bins.

Yellow bins get cardboard, newspaper inserts, office and school paper, mail, magazines, food boxes, paper bags, cardboard paper rolls, and pizza boxes.

Blue bins are for plastics, glass bottles, aluminum cans, and spray bottles. Check out the posters. Only the plastic types shown on the trash room posters are acceptable. All cardboard cartons must be **flattened** and placed into yellow bins. If it's too large, it's OK to flatten the box and put it into the dumpster.

The blue bins are not for old clothing, sneakers, or handbags, no plastic or metal trays, no toasters or other appliances, no TV sets, no mats or rugs, no old plastic flowerpots, no metal or any kind of construction material.

Bulk pickup for large items can be placed near the elevator machine room on Tuesday for pickup early on Wednesday morning.

You Can Help! The planet appreciates it, and our workers don't have to sort your trash.

Thanks for reading!



Ted Suss

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POINCIANA PLACE 1 & 2 by Catherine Carcioppolo

Another upcoming season here at Poinciana brings many opportunities in the community for all residents who enjoy their hobbies, dining, and friendships. There will be quite a few holidays to share with everyone during this season as well.

We will be having our "Milestone" scheduled and will be looking for several volunteers to assist with this major inspection. The inspector will be scheduled for 3-4 hours each day and will need entry into 9, 12, and 24 units, depending on the number of units per building. If you are a building director or board member, please contact the office to volunteer to assist us.

Notification has been sent via Constant Contact, and all information is on there. If you have not registered your email for notification via Constant Contact, please come to the Poinciana office in the back of the clubhouse, and we will add your email to it.

Building Directors, please come to the office at least weekly to pick up your events to be posted on your bulletin boards. Many events will be planned for the season, and we don't want our neighbors to miss anything.

Residents are still throwing out boxes without crushing them up and NOT placing them in the yellow bins. Please use the blue bins for bottles and cans and yellow for paper and cardboard. Also, please DO NOT place unwanted items by the bench and elevator.

It will be a great season for all. Embrace kindness, get to know new residents, and live each day with a smile.

"When you give joy to other people, you get more joy in return."

Current Events by Harvey Grodensky

We invite Republicans, Democrats, and Independents to join us very Tuesday morning at 10:30 am in the Card Room on the second floor of the Clubhouse. We continue to have lively discussions about current events in our state, nation, and around the world.

For further information call:
Harvey at (561) 596-6769
Linda at (516) 779-4602



COPS by Deb Lingenfelter

This month, we welcome back our snowbird COPS members. The COPS unit still needs new volunteers. If you cannot drive, you can help by riding with another volunteer or becoming a walking COPS volunteer. Please call Jeff or Deb if you are interested or have any questions.

The Palm Beach County Sheriff's Office will provide a presentation about "SCAMS" on Wednesday, November 15, at 3:00 p.m. in the Poinciana Room at the Clubhouse.

Please sign up at the Clubhouse Activities Office so we know approximately how many people to expect. This presentation should be a beneficial topic for all of us.

Happy Thanksgiving from your COPS Unit 39.
Cpt. Jeff Marcus. 321-514-6535
Sgt. Deb Lingenfelter. 561-335-9960



PATIO HOMES by Ruth Ruttkay

The weather is starting to change, and we are looking forward to the cooler days of autumn. We continue to keep our fingers crossed until the end of this month when the hurricane season officially ends.

I was lucky enough to attend a pickleball class at the clubhouse's tennis/pickleball court area. Jim Donnelly, USA Pickleball Ambassador, provided basic instructions and some hands-on training.

Don't forget that we now have a pickleball court open to all residents. Jim informed me that he plans to be at the courts on Thursday mornings to help us newbies with information and guidance.

We continue to post community updates on our pool bulletin board. Stop by and check out the goings-on. If you don't have the pool code, check with a board member to obtain the code. Also, you can get this newsletter and weekly updates from the Community Group directly by following the instructions in this newsletter.

Reminders

Daylight Saving Time ends. We have Veterans Day and Thanksgiving coming up. Wishing all a Happy Thanksgiving. We have so much to be thankful for! I hope you enjoy the start of what seems like a never-ending holiday season!



FREE MOVIES, POPCORN, BOTTLED WATER

Thursdays @2:00 – Poinciana Clubhouse **TERRACE ROOM**

Note: The Terrace Room is accessible by elevator

November 2nd – “A Good Person”

American Drama starring: Florence Pugh, Molly Shannon, Chinaza Uche, Celeste O'Connor, and Morgan Freeman.

November 9th – “The Invisible Man”

Crime Drama starring: Elisabeth Moss, Oliver Jackson-Cohen, Harriet Dyer

November 16th – “Crisis”

Crime Thriller starring: Gary Oldman, Armie Hammer, Evangeline Lilly, Greg Kinnear, Michelle Rodriguez, Luke Evans, Lily-Rose Depp, Kid Cudi and Martin Donovan

November 23rd – **NO MOVIE** - Happy Thanksgiving!

November 30th – “Fast X”

Action/Crime starring: Vin Diesel, Michelle Rodriguez, Jason Statham



SUNDAY, FEBRUARY 25th, 2024 5 P.M.

\$22.00 Ticket Includes: \$22.00

- * Admission and Entry for Door Prizes
- * Wine and Beer
- * Sandwiches , Salads , and Snacks

* Purchase and Name Your Horse \$12.00 each
This includes entry into Private Horse Owners Drawing
WINNING PRIZE \$200.00

Winning Horse Owners Purses Are \$70.00 per Race
OPEN WAGERING ON TEN RACES

Tickets Available at The Front Office
Nov.1st, 2023 off Lobby
For Information Call

Russ Donnelly at 561-963-8252
Poinciana Front Office at 561-439-4733

PLEASE PURCHASE HORSES AS EARLY AS POSSIBLE TO ALLOW
ADEQUATE PROCESSING TIME FOR FILM AND PROGRAMS.



Poinciana Community Group

BINGO * BINGO

2023 AND 2024 SCHEDULE

WEDNESDAY DEC. 13th, 2023 7 p.m. Community Rm

WEDNESDAY JAN. 17th, 2024 7 p.m. Community Rm

WEDNESDAY FEB. 14th, 2024 7 p.m. Community Rm

WEDNESDAY MAR. 13th, 2024 7 p.m. Community Rm

WEDNESDAY APR. 17th, 2024 7 p.m. Community Rm

\$10 4 CARDS \$10

SEVEN GAMES PLUS COVERALL

GUARANTEED \$15 PAYOFF PER GAME

COVERALL PAYS GUARANTEED \$150

HALFTIME REFRESHMENTS SERVED

NAME THAT TUNE



**Workout your brain and have
FUN while doing it!**

SUNDAY, NOVEMBER 5th @ 2 pm

**Please Join Elisa Erman RN at
the Clubhouse**



Poinciana Ladies Social Club By Sandi Wolf

Our event calendar has begun! On Tuesday, October 17th, we were entertained by Psychic Deborah Graham. From Astro charts to spirituality, Deborah sends positive and supportive vibes. Whether it is questions about love, health, or finances - we came away hopeful.

Tuesday, November 14th

Join us for the installation of new officers, and a well-deserved thank you to our hard-working board members. We will meet in the Poinciana Ballroom at 12:30 p.m. Don Stansfield will entertain us. Your choices for lunch are Chicken Caesar, Vegetable and Cheese Wrap with Coleslaw, or Triple Deli Platter (tuna, egg, and chicken salad). Beverages include Iced Tea, Lemonade, Soda, Hot Coffee and Tea. Deserts are Chocolate Cake or Apple Tart. Cost: \$25/member, \$28/non-member. The chairpersons are Sandi Wolf and Carol Cohen. Please call Carol (516-376-2007) for reservations. The cutoff date is Wednesday, November 8th. Remember to write your entrée and table mates on your check.

Tuesday, December 12th

Our Annual Holiday Party will be held in the Poinciana Ballroom from 6 p.m. to 9 p.m. We are lucky to have the "Wayne L Show" return to entertain us. Dinner choices are Prime Rib, Roasted Duck a L'Orange, Blackberry Broiled Salmon, or Mediterranean Primavera. Beverages will be served at the Cash Bar. Desserts are Flourless Chocolate Cake or Cheesecake. Cost: \$45/members (spouses or significant others), \$48/non-members. Chairpersons: Sandi Wolf, Fran Fox, and Phyllis Slavin. Call Sandi (516-428-2752) for reservations. Remember to write your entree and tablemates on your check.

Tuesday, January 16th

Join us for an hour of coffee and cake in the Terrace Room from 1:30 - 2:30 p.m. and learn more about our friendly women's community group. Members and Non-Members are invited! There is no charge! Chairpersons: Phyllis Slavin and Fran Fox. Call Phyllis (561-642-3342) for reservations. The cutoff date is Wednesday, January 10th.

Finally, congratulations to our new board! They are President - Mindy Dorfman, Vice President - Helen Malka, Treasurer - Myrna Teitelbaum, Membership - Connie VanValkenburg, Recording Secretary - Carol Cohen, Corresponding Secretary - Barbara Crespy, Historian - Annette Bluestein

We hope for a fun-filled season and look forward to seeing you all at our events!



by Russ Donnelly

Well, we're all hoping that the long, hot summer will end, and we can look forward to the 2023-2024 season here at the Poinciana Clubhouse. We are preparing for a great new season, starting with the 2023-2024 Showtime productions, beginning in December, and running through March. Tickets will be on sale in the Clubhouse Lobby on Saturday, November 15, from 2 pm to 4 pm. This year, we are holding our prices at the same level as last year, and you get four great shows for \$115.00.

The other important news is that new chairs arrived over the summer, and we are sure they will enhance our theater and add to your comfort. Our first show will be a group called The Long Run, who will perform the songs of the EAGLES like no other.

Again, this year, we will start BINGO in the Community Room in December and run through April. The dates will be posted in the Lobby shortly. Lastly, our annual Night at the Races will be held on February 25, 2024. Horses and tickets will go on sale on November 1, 2023, in the Lobby Office. Be sure to get your horses purchased ASAP. Last year, we had a tremendous response and had to add an 11th Race, so don't wait until the last minute and be disappointed. We are fortunate that the yearly event gets bigger yearly, and the festivities are a great value.

In closing, I would like to get some new volunteers for ushers at Showtime and some volunteers for Night at the Races because we lost a few of our regulars last year. Interested parties should call Russ Donnelly at 561-963-8252. Thanks for your responses in advance. Volunteers are important for us to keep our Clubhouse functions going.

Craig THE HANDYMAN

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ART GROUP A PLACE FOR CREATIVE EXPRESSION By Ruth Cassell

It's time to laugh, craft, create, and say hello to your Poinciana neighbors. We've been tapping into new skills this summer. Some of us put our paint brushes aside for diamond painting, a true test of patience while waiting for inspiration. We also, this summer, have created a quilting enthusiast who rivals an entire quilting bee for output. Weekly, we are blown away by Al's beautiful and original designs.

Drop in and check us out from 1 p.m. to 3 p.m. in the art room next to the Community Room. We provide music, snacks, and snappy conversation. No prior skills are needed, and all residents are welcome. Just bring your own supplies.

Most of us have no formal training, but we get inspiration and ideas from each other. We are hoping to have a few demonstrations of technique and colors.

We are looking forward to the return of the snowbirds later this month.



SIT AND STITCH by Kathy Jordan

We welcome back some of our snowbirds. Sharon is out of the hospital and back on her feet again. We hope you recover soon!

We open this month looking at new perspective ways to create art in knitting and crocheting. Come join us and discover what you can do! We meet in the Terrace Room on the second floor of the Club House every Wednesday from 1:00 p.m. to 3:00 p.m.

For further information, call:
Leanne at **561 670-2334** or
Kathy at **917 854-1544**



The Happy Bookers by Sandi Wolf

Our first meeting was on Wednesday, October 11th. It was wonderful seeing everyone after a long hiatus. Before presenting our new book for October, we shared some of our reads from the summer.

Joyce and Tom read *The President is Missing* by James Patterson and Bill Clinton, an enjoyable political mystery that held your interest until the end. Annette also recommended *The Collector* by Daniel Silva. It is a very exciting but complicated story. It was suggested that it may help to keep a list of the various names and nationalities as you read! Shirley and Linda were so busy that there was no time to read over the summer, so they are looking forward to reading and discussing new books this year.

Our October book is *The Other Americans* by Laila Lalami. Please try to get this book on your own. I have a copy or two from Book Club in a Bag. We will discuss the book at our November meeting.

The book for November will be *The Christie Affair* by Nina de Gramont. It is a novel that reimagines the unexplained eleven-day disappearance of Agatha Christie that captivated the world. "Every story has its secrets. Every mystery has its motives."

Pick up this book on your own on Amazon, Walmart, e-book, Barnes & Noble, or the library.

We look forward to seeing more of you on Wednesday, November 8th, at 11 a.m. in the Terrace Room.



THURSDAY, NOVEMBER 9th 2023

Time, 7 P.M. in the Community Room.

Admission Fee \$ 5.00

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POINCIANA PLATES

by Toni Mirobelli

Do you enjoy tacos? Spaghetti? Then try this delicious and easy **ONE-POT TACO SPAGHETTI**

INGREDIENTS

- 2 tablespoons olive oil
- 1 pound ground beef
- ¼ cup onion, diced
- 1 packet of taco seasoning
- 10 oz can Rotel tomatoes
- 8 oz spaghetti noodles, uncooked
- 3 cups water
- 4 oz cheddar cheese, shredded

INSTRUCTIONS

Brown ground beef and onion in the olive oil. Add taco seasoning, Rotel tomatoes, spaghetti noodles, and water, and bring to a boil. Reduce heat, cover, and simmer for 15 minutes. Stir in half of the cheese and top with the other half of the cheese and the cilantro.

Enjoy with tortilla chips.

Suggestions

You could use angel hair or fettuccine in place of spaghetti. Penne or bowties would also be good. Top whichever pasta you use with your favorite taco toppings, i.e., fresh tomato or black olives.

HOLIDAY PROJECT

Reminder

The Poinciana Community is collecting donations for our holiday project. This year, we are shopping to purchase the items that Meals on Wheels and the Veterans Hospital have advised are most needed.

If you can help, please donate! You can make a check payable to Poinciana Community Group for \$5 or more. We cannot accept cash. You can also purchase gift cards from Publix, Walmart, or Walgreens.

Please leave your donation by November 30, 2023, in an envelope marked Holiday Project and drop it off at the Clubhouse office. Office hours are Monday through Friday, 10 a.m. to 1 p.m.

Association Boards - Please consider donating on behalf of your building.

If you have any questions, please call Pat Sullivan at 908-601-4338 or Toni Mirobelli at 814-207-2200.

Thank you in advance for your generosity!

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November 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Community Board Meeting Monday, November 20th			1 7:30A-Men's Golf 8A - Tennis 9A—Pilates 10A Yoga 1P—Sit & Stitch	2 9A— Pickleball Lessons 2P-Movie "A Good Person"	3 7:30A-Men's Golf 8A - Ladies Golf 8A - Tennis 8A—Pilates 9A—Yoga 10A-Chair Yoga	4
5	6 7:30A-Men's Golf 8A - Ladies Golf 8A - Tennis 9A—Shredding Event 9A—Pilates 10A Yoga 11A-Chair Yoga 1P—Art 5:30P— Pickleball Lessons	7 10:30A— Current Events	8 7:30A-Men's Golf 8A - Tennis 9A—Pilates 10A Yoga 11A—Happy Bookers 1P—Sit & Stitch	9 9A— Pickleball Lessons 2P-Movie "The Invisible Man" 7P—Bunco	10 7:30A-Men's Golf 8A - Ladies Golf 8A - Tennis 8A—Pilates 9A—Yoga 10A-Chair Yoga	11
12	13 7:30A-Men's Golf 8A - Ladies Golf 8A - Tennis 9A—Pilates 10A -Yoga 11A-Chair Yoga 1P—Art 5:30P— Pickleball Lessons	14 10:30A—Current Events 12P—Ladies Social Club Board Meeting and Installation Luncheon	15 7:30A-Men's Golf 8A - Tennis 9A—Pilates 10A Yoga 11A—Mel's Way Bingo 1P—Sit & Stitch 3P—PBCSO "Scams"	16 9A— Pickleball Lessons 2P—Movie "Crisis"	17 7:30A-Men's Golf 8A - Ladies Golf 8A - Tennis 8A—Pilates 9A—Yoga 10A-Chair Yoga	18 2:00-4:00PM Showtime Ticket Sales
19	20 7:30A-Men's Golf 8A - Ladies Golf 8A - Tennis 9A—Pilates 10A Yoga 11A-Chair Yoga 1P—Art 5:30P— Pickleball Lessons 7P—PCG Board Meeting	21 10:30A—Current Events	22 7:30A-Men's Golf 8A - Tennis 9A—Pilates 10A Yoga 1P—Sit & Stitch	23 NO Movie Happy Thanksgiving 1:00-4:00PM — Mel's Way Thanksgiving Dinner	24 7:30A-Men's Golf 8A - Ladies Golf 8A - Tennis 8A—Pilates 9A—Yoga 10A-Chair Yoga	25
26	27 7:30A-Men's Golf 8A - Ladies Golf 8A - Tennis 9A—Pilates 10A Yoga 11A-Chair Yoga 1P—Art 5:30P— Pickleball Lessons	28 10:30A—Current Events	29 7:30A-Men's Golf 8A - Tennis 9A—Pilates 10A Yoga 1P—Sit&Stitch	30 9A— Pickleball Lessons 2P—Movie "Fast X"		

Activities Office Hours - Monday thru Friday 10AM-1PM

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- SAT NOV 4TH RAY & THE RAYLETES
- FRI NOV 10TH JOHNNY L
- SAT NOV 11TH REMINISCE
- FRI NOV 17TH JOEY & THE PARADONS
- SAT NOV 18TH CRUZIN
- FRI NOV 24TH REMEMBER THEN
- SAT NOV 25TH BROOKLYN'S BEST



Tuesday

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 Lola 5-8 pm
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Thursday Ladies Night

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 Bingo from 1pm-3 pm

The Poinciana Golf Course by Paul Grillo

Poinciana Golf Course: Ready to Welcome Snowbirds Back to Sunny South Florida!

As the chill of winter begins to settle in the northern states, it's that time of year when "snowbirds" migrate south to escape the cold and enjoy the balmy climate of South Florida. For many of these winter wanderers, golf is a cherished pastime, and Poinciana Golf Course stands ready to offer them a warm welcome, lush fairways, great greens, and fun experiences.

Nestled in the heart of South Florida's beautiful landscape, Poinciana Golf Course is gearing up to usher in the season with open arms. Here's why it's the perfect destination for snowbirds seeking a golfing paradise:

- 1. Great Course Conditions:** Poinciana Golf Course boasts groomed fairways and greens, ensuring an outstanding golf experience. The course superintendent and dedicated maintenance team have been hard at work, ensuring the course is in top-notch condition, making it a golfer's destination.
- 2. Varied Playing Options:** Whether you're a seasoned golfer or just picking up the clubs for the first time, Poinciana offers a range of tee options to suit all skill levels. From challenging championship tees to more forgiving options, there's a choice for everyone.
- 3. Beautiful Weather:** South Florida is renowned for its sunny and mild winters, making it an ideal destination for golf enthusiasts. There is no need to battle the elements – the weather is consistently pleasant, with abundant sunshine, gentle breezes, and comfortable temperatures.
- 4. Welcoming Community:** Poinciana Golf Course fosters a vibrant and inclusive golfing community. Snowbirds will find camaraderie among fellow golf enthusiasts, fostering new friendships and memorable rounds on the course.
- 5. Exceptional Amenities:** The course offers a clubhouse with dining options at Mel's Way Bistro & a golf pro shop, ensuring your golf experience is as comfortable and enjoyable as possible.

The Poinciana Golf Course continues top of next column

Poinciana Golf Course is gearing up to make this season a memorable one for you. With lush fairways, well-maintained greens, and a welcoming golf community, it's the perfect place to tee off and soak in the sunshine. So, grab your clubs and head to Poinciana to enjoy great, affordable golf in the heart of sunny South Florida. See you soon!



LADIES GOLF By Pat Murray

Hi Poinciana lady golfers!

We have started our 2023-2024 golf season, but there is still time to join us. A few spots in our 9-hole and 18-hole leagues are still available. We are so pleased to have just about reached our maximum membership.

We are a GHIN handicapped league, and we play many different novelty games, so all levels of play are welcome.

Plans are being made for our welcome brunch to be held in January. It's always great.

I hope you will join us!

REMEMBER;

**THERE IS NO WALKING ON
THE GOLF COURSE**

**UNLESS YOU HAVE PAID TO PLAY.
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POINCIANA Tennis & Pickleball

By Doug Adams

Rain, Rain, Go Away

Torrential downpours and days of a lot of minimized outdoor activities like golf, tennis, and pickleball have plagued the last month. But things are looking up. The weather will cool off, and tennis and pickleball participation will explode as we enter the fall and winter months. The regulars are still playing, but slowly and surely, we see old and new faces showing up to keep their exercise goals in check. So, we will check in with the regulars and the snowbirds over the next month.

Until then, let's do a bit of general Q&A about tennis and pickleball and see how much you know. I will ask ten questions regarding tennis and pickleball. The answers will follow the questions. All correct; you are a professional. Nine out of ten, you are almost perfect. Eight out of ten, you are above average. Seven out of ten is not bad, and "I would be your wingman." Six out of Ten, You're coming off the bench. Five out of Ten, Okay, you're on the fence. Four out of Ten, We got some work to do. Three out of Ten - ET phone home. Two out of Ten, Okay, let's talk. One out of Ten, we really have to talk! Zero out of Ten, Okay, look at the answers before answering the questions. Let's get started!

QUESTIONS

1. Who is the #1 tennis player in the world?
Male or Female.
2. Who is the #1 pickleball player in the world?
Male or Female.
3. What is the length x width of a tennis court?
4. What is the length x width of a pickleball court?
5. Can you serve underhand in tennis?
6. Can you serve overhand in pickleball?
7. What's most popular - tennis or pickleball?
8. What's heavier - a tennis ball or pickleball?
9. Is a tennis net higher than a pickleball net?
10. What do you like personally, tennis or pickleball?

ANSWERS

1. Djokovic and Sabalenka
2. Johns and Waters
3. 78ft length by 36ft wide, including doubles.
4. 20ft wide by 44ft long
5. Yes
6. No
7. Pickleball
8. Tennis Ball
9. Yes
10. ???

Enjoy - both exercise benefits!

PICKELBALL LESSONS

Would you like to learn how to play Pickleball? Pam and Greg Hilligoss will be offering free lessons for Poinciana residents on Mondays at 5:30 p.m. Jim Donnelly is offering free lessons on Thursdays at 9:00 a.m.

Classes are open to the first eight who contact them via phone or text us at (765) 914-7460. If you text, please make sure you add your name to the text. We must have 4 participants to have a class. Balls and paddles will be provided. Class is one hour. Wear tennis shoes and bring water. Hope to see you there!



GYM NEWS

Only closed toe, rubber soled, laced shoes should be worn in the GYM.

NO SANDALS OR FLIP FLOPS PLEASE.

When using the treadmill, please attach the rope provided, around your wrist. This will automatically stop the treadmill if you trip or fall.

Remember, these rules are here for your safety while using the Gym.

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FLORIDA FUN FACTS

by Thomas Leonard

BELLE GLADE

This community on the Southern shore of Lake Okeechobee in Western Palm Beach County once had a Frontier Character. It sprang into existence in the 1920s. Engineers dug canals to drain the wetlands, and soon, a railroad was built into the area. Farmers planted green beans, sugarcane, corn, peppers, tomatoes, watermelons, etc. Farm bosses hired Haitians, Puerto Ricans, Jamaicans, and Southern Blacks. Unfortunately, poverty was a common trait among all these people. The Corporations that owned much of the land made vast fortunes.,

In these modern times of the 21st century, much of the area's history has been captured and recorded by Ms. Sofia Valiente, who grew up on Palm Beach County's East coast along the ocean. She moved into Belle Glade in 2015 and lived there for several years. She wrote a book, "Forever Glades," putting stories together with photographs of the people who live there and work on the land. This most interesting story is the history of the Western part of our county, which is not well known by most people.

THE HERBERT HOOVER

Of course, you have heard of the Herbert Hoover Dam built on the border between Nevada and Arizona. You may have taken the escorted tour while visiting nearby Las Vegas. You were undoubtedly interested in the amount of electricity generated by controlling the water. Control of the water created Lake Meade. The lake is a very large body of water in the middle of a desert.

After a terrible storm in 1928, residents of the Belle Glade community feared that they lived with the threat of hurricanes and the danger of overflow flooding from Lake Okeechobee, which could destroy life in the middle of the state. President Hoover directed the Army Corps of Engineers to construct a dike around the lake to control water and prevent it from flooding into the farmlands. This 143-mile-long and 30-foot-high dike was constructed and has served its purpose effectively. No longer did extreme weather events pose the threat of extreme flooding.

An interesting feature is that the upper part of the lake is composed of fresh water. The lower part of the lake is saltwater. Swimming is discouraged. The lake is home to an estimated 1,700 large alligators. Frequently, these creatures grow to more than 12 feet in length. Normally, they are not a threat to humans, but extreme caution is advisable. Hunting these creatures is illegal.

Fishing on the lake is a popular sport. Guides are available who have boats and equipment to assist you. However, a recent problem with algae growing just below the surface water level has contributed to bacteria in fish. Fishermen are encouraged to put all fish back and not eat them.



YOGA AND PILATES

by Shannon Alviar

Our focus on fall prevention, improving balance, agility, and our ability to get up off the floor (sounds too easy? Can you get up with NO hands?) continues in our Poinciana yoga, Pilates, and chair yoga classes. We also try to meet about once a month for lunch and to socialize. Do something good for yourself and come enjoy a fun, relaxed atmosphere, make new friends and get heart healthy exercise all in just 1 hour! Classes are only \$10 in cash per session, and discount options are available online. See instructor for details.

Chair Yoga – Appropriate for all skill and ability levels. Trouble tying your shoes? Want to improve your balance? Got chronic pain? Wrist, Neck or Low-Back Injuries? This is the class for you! If you think it will be too easy, think again. This class will definitely get your blood pumping, while still being accessible to those of us with mobility issues. Balance exercises in EVERY class!! Mondays @ 11 AM and Fridays @ 10 AM in the Community Room. *Note – Friday class is 1 hour EARLIER.

Mat Yoga – Our gentle mat yoga class includes exercises to help improve your balance, strength and flexibility so you can reach all the way down to the floor and up to the highest cupboard with greater ease. Helps reduce chronic pain! Mondays & Wednesdays at 10 AM, and Fridays at 9 AM. *Note – Friday class is 1 hour EARLIER.

Pilates – This class works everything from your neck to your knees! Our sessions will focus on core strength, balance, precision & control using a mix of light weights and other inexpensive apparatus, bodyweight exercises, and balance exercises. "In 10 sessions you'll feel the difference, in 20 you'll see the difference, and in 30 you'll have a new body." – Joseph Pilates. Classes are held Monday & Wednesday at 9 AM, and Fridays at 8 AM. *Note – Friday class is 1 hour EARLIER.

2024 Seasonal Exercise Schedule:

Monday - 9 AM Pilates - 10 AM Yoga
11 AM Chair Yoga

Wednesday - 9 AM Pilates - 10 AM Yoga

Friday - *Note times are **1 hour EARLIER!**

8 AM Pilates - 9 AM Yoga - 10 AM Chair Yoga

All classes are \$10 in cash and held in the Poinciana Community Room.

Questions? Not sure if we are having class? Call Shannon at 832-715-0146.

Come join us! What are you waiting for? We'd LOVE to have you!



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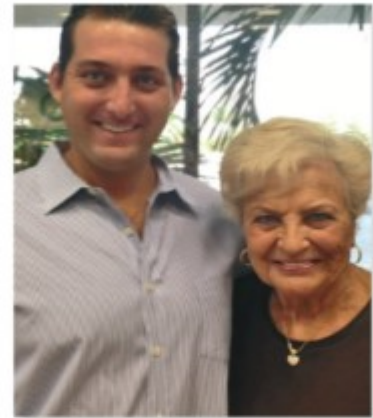


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FIRE



MOLD



LEAK



STORM

FLOODED?

IICRC CERTIFIED WATER DAMAGE FIRM

Water Damage?
Where experience counts *the most!*



Structural Drying



Water Extraction



Moisture/Leak
Detection



Roof Leaks

MOLD DAMAGE?

STATE LICENSED MOLD REM. LIC #MRSR: 1791 & MRSA: 2582

Concerned about mold?
Talk to the experts with over
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Mold Removal



Mold Testing



Toxic Black Mold
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"J & R can't be beat. These guys did a perfect job, were priced reasonably and were total pros. The results were excellent."

- Gerry T.

"J & R and his team were complete professionals. From day one they were easy to communicate with and their follow up was impeccable."

- Thomas F.

"J & R Restoration is truly a company you can trust. They did a fantastic renovation to our home. Their crew consist of highly skilled and respectable professionals."

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SCAN ME



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