



Poinciana Today

JANUARY 2024

MESSAGE FROM THE PRESIDENT by PAT SULLIVAN

Happy New Year to all our residents and their families. January, the first month of the New Year, is an excellent time to start over with new beginnings, new attitudes, making new friends and finding something to smile about and be grateful for each day.

As you can all see, when coming to the clubhouse, we have been busy creating space for our residents, Mel's Way, and the golf course patrons to park. We had hoped to have this completed by the time the season started, but it hasn't happened. The wiring for the lights needs upgrading. Hopefully, this will happen sooner rather than later.

For those tennis players who miss their wall, we apologize but on closer inspection, there were parts of the wall at the top that were in disrepair. As always, our first concern is the safety of our residents.

As you can see from your lanai, the golf course has more players every day. Mel's Way is busy hosting parties in the restaurant and the Poinciana Room. Thank you to all our residents who patronize these businesses.

On Sunday, November 17, our season's first show was held in the Poinciana Room. The Long Run is a tribute band for the Eagles. They were excellent and received a standing ovation from the residents. There are still three shows left for the season. Please check the Newsletter for dates and times.

AARP is having its safe driving course this month. If you haven't signed up, you can do so at the lobby office Monday through Friday from 10 am to 1 pm.

In this New Year, may you be kind to yourselves and others, share laughter with friends, know the love of family, and enjoy good health and happiness throughout 2024.

POINCIANA COMMUNITY GROUP 2023 BOARD OF DIRECTORS

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PCG Clubhouse

Clubhouse Email: pcgclub@comcast.net
Clubhouse Telephone: 561-439-4733
Website: www.Poinciana.club

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Send an email with "Subscribe" in the subject line to PCGClub@comcast.net

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**The AMBASSADOR
by Sandi Wolf**

Hello, 2024! We all hope it will be a year of health, strength, joy, and peace for us all.

We finally started our barbecues despite some inclement and chilly weather. We really enjoy seeing everyone and sharing what is going on in our lives. So please stop down, even just to say "hello!"

New Year's Eve has been special at the Ambassador when we join with the Barclay at our pool for hors d'oeuvres, Holiday Karaoke, some music and dancing, and have a toast to the New Year before we go off to our special dinners and watch the amazing fireworks from our catwalk.

Hopefully, this will be the month our pool heater will be installed. We have waited a long time for this to happen. We look forward to enjoying our "own" pool with friends and family.

We will be having our Annual Meeting in the Clubhouse on Tuesday, January 9th at 6 pm in the Community Room. We will welcome our new board and say a heartfelt "Thank You" to our President of 8 years, Pat Sullivan! Pat, we appreciate all your work and efforts over the years and are grateful you will still be on hand to help us navigate this difficult voluntary job! To our residents, please make every effort to attend this meeting so all questions and concerns can be addressed.

Looking forward to a safe and peaceful year! Let's all enjoy our beautiful weather and our community with its many activities. And again, Happy New Year! Let's make it the best ever!

NEW LOBBY OFFICE HOURS

Monday	10am to 1pm
Tuesday	10am to 1pm
Wednesday	10am to 1pm
Thursday	10am to 1pm
Friday	10am to 1pm

The people who volunteer in the office are there to assist you, answer any questions you may have about the Clubhouse and tell you about the many activities that are available. They also handle room rentals for the Community Room, sign people up for AARP classes in January.

We at the Poinciana Newsletter are approached by many companies and individuals looking to advertise in our Newsletter.

***Please note the following:**

Allowing these companies and individuals to advertise in our newsletter does not constitute an endorsement of them or their products.

BARCLAY BITS

by Ina Baron

The holiday trimmings are wrapped and put away. I hope everyone had a Merry Christmas, Happy Hanukkah, and a Memorable Kwanzaa. Thankfully, now the robocalls from Medicare have stopped. We are looking forward to some rain. Our ponds on the golf course are mighty low. I hope we don't have to go to water rationing.

A hearty welcome back to Steve on the fourth floor and Anna, Maria, and Guy on the second floor. Our weather may not be perfect right now. The changes are really crazy due to La Nina. But I bet it is better than where you came from.

Folks, we must remember to put items for disposal out ONLY Tuesday afternoon for pick up on Wednesday and NOT BEFORE. It is unsightly left out there for days. Also, when using the shopping carts, please return them as soon as you unload your groceries so others can use them. The flat wagon goes under the stairs, making it easier for the shopping carts to come out.

A reminder: if you have house guests who want to use our pool, you must accompany them. In addition, if they have a pet, the pet must always be on a leash and walked on the other side of the hedges by the sidewalk and not on the golf course. Always bring a baggie to pick up their waste, which can be deposited in the garbage on the first floor.

Don't forget to check the "goings on" posted in the lobby by the elevator. You might be missing out on some neat stuff.



FREE CapTel Captioned Telephones

On Tuesday, January 16th from 1:00 – 4:00 PM, Kim Grajcar will be displaying in our clubhouse lobby. If you qualify, these phones are FREE and are internet based, so no landline is required. These are amplified phones and every word your caller says is displayed on the CapTel screen, along with caller ID. Come meet Kim on the 16th and see if you qualify.

THE DORCHESTER

by Marilyn Siegel

We have been a busy place during the closing weeks of 2023. In November, we enjoyed a great pre-Thanksgiving BBQ. Our thanks to Johanne and Guy for setting up such a nice evening and to Bernie, who is always really good with a fork and spatula at the grill. Our December Holiday Party was held at Mel's Way Bistro, where we were treated to great hospitality and Lola's music, and everything was delicious. The Social Committee will meet in January to plan the 2024 calendar of holiday and pool party events to guarantee that next year is just as tasty and friendly.

As we needed to say goodbye to Eileen Massaro, we are happy to welcome new residents, Dennis and Jamie Buonocore, to our community. We hope they will come to enjoy our activities and friendship.

To maintain Liability Insurance, sprinkler heads that were corroded or defective were replaced in 13 units. Defective Water-flow Tamper Switches were also replaced in some commonly used building areas. The pool surround tiles received a much-needed professional cleaning, leaving them clean but showing their age. The tiles were then given a colorful, restorative paint job, making them look good, bright, and much younger. Our elevator contractor has confirmed receipt of the needed equipment that he will have delivered to us in January. South Elevator upgrades are then expected to begin by February 19, 2024. Lastly, Florida's State Mandated Reserves Study is planned for early in the new year. Getting an appointment has been difficult, so we are relieved to be on the schedule.

The Dorchester Annual Meeting and Election of Directors will be held on Wednesday, January 17, 2024, at 10:00 A.M. in the Clubhouse. All available owners should plan to attend the meeting, guaranteeing a sufficient quorum for the Board to proceed with the election vote.

A reminder that Board approval is needed anytime a renovation, upgrade, or even repair work is done on your unit. Appliance deliveries also need to be confirmed with the Board. Please expect to show that the contractor is Licensed and Insured.

Wishing everyone a very Happy New Year's 2024!

CARLISLE CHATTER

by Lynn Sands

It's 2024, and Carlisle snowbirds have arrived. Welcome back! December was a busy and important month for the Carlisle. Board meetings were held to discuss our 2024 budget and the costs for establishing building reserves as per mandatory state requirements. Our Management Company suggested three companies that will inspect the Carlisle's life span on our roof, elevators, pool, plumbing, and all pertinent building and property issues. The Board voted and approved of the closest and moderately priced company. Our inspection should be done within the first few months of 2024. The total of reserves necessary will be added to our 2025 condo dues. We will learn the amount in the Fall when the following year's budget is announced.

Our last 2024 meeting was held on December 28. It had been suggested that Carlisle have a Greeting Committee for all new owners. An additional committee would see that Carlisle's Rules and Regulations are maintained. Warnings and fines would be in place for owners not following our rules. This became necessary since many owners placed bulk items in our garbage rooms, huge unbroken cartons, and other items near our recyclable bins. Our committee volunteers are Lynn Sands, heading our Greeting Committee, and Lenny Genovese and Shari Hess, working our Rules Committee.

The 2024 Board Applications have been mailed. Many Carlisle owners have bought their condos in the last couple of years. Please consider applying to run for our Board. Your opinions, concerns, and suggestions need to be heard! The last meeting of our 2023 Board will be held on January 28, 2024. At that time, our 2024 Board will take control.

Carlisle's first winter event was held at Mel's Way in the main clubhouse. The next event is our Annual New Year's Brunch and Grab Bag. Our February social will be posted shortly; look for the announcement in the mailboxes. Please attend these events; our Social Committee depends upon your participation. Attending our socials allows you to meet and greet your neighbors and make new friends. If any Carlisle resident has an event suggestion, contact Lynn #105. Just knock on my door! Our monthly socials run from December until Easter and Passover, when our part-time residents leave to spend the holidays with families and return to Florida in late Fall.

Happy Birthday to our January babies: Carmel Barresi, Giovanna Governali, Estelle Schaff, Sheila Weiner, Luis Gallegos, and Gerrardo Pecchia! Am I missing someone? Shoot me an email with your name, condo number, and birth month. Your birth year is not necessary. Send to gipsee1@yahoo.com.

Happy New Year! May you all have a good one!



PATIO HOMES

by Ruth Ruttkay

Wishing all a very Happy and Healthy New Year! Also, remember that Three Kings Day is celebrated on January 6th and Martin Luther King Jr. Day on the 15th. This is a National Day of Service. You might want to consider volunteering and maybe working at the clubhouse one day a week in the Activities Office. Or how about joining the Cops program? You can find the people to contact within this newsletter.

The Board Nomination Meeting was held in mid-December, and no nominations were received either in the mail or at the meeting. As a result, no board elections will be held at the annual meeting, and the outgoing board members will remain in place.

Each indicated that they were interested in remaining in office. The Annual meeting will take place on January 17th, 2024, at 6:00 pm in the Hospitality Room of the Clubhouse.

John Pirrel, a Board member at large, resigned at the meeting.

As I write this article, we have had a good number of days that are gloomy, weather wise. I hope January is filled with warm, dry, sunny skies for us all.

Current Events by Harvey Grodensky

We invite Republicans, Democrats, and Independents to join us very Tuesday morning at 10:30 am in the Card Room on the second floor of the Clubhouse. We continue to have lively discussions about current events in our state, nation, and around the world.

For further information call:

Harvey at (561) 596-6769

THE GRAMERCY by Phyllis Elrich

Are you relaxing yet?

January is a "new direction" month! If you listen to those commercials, we should make ourselves better, healthier, and calmer. If you look at the covers of magazines on display, you can "find out how to lose fifty pounds before summer while making the best chocolate cake ever." No wonder we are trying to go in four directions at once. All kidding aside, relax, be grateful, and be content.

Pool parties, games, and traveling brighten the days of January, February, and March. This is the reason we are in Florida! The weather is gorgeous. The golf course is fabulous. West Palm Beach Airport is a delight to travel from. We have a lot to be grateful for.

We had our financial meeting last month. Our Board elections are coming up this month. Remember to be kind to our hard-working Board members. They volunteer for a job that benefits us, not them. When you think about it, would you be willing to do it?

Now that it is cooler most days, open your windows. Air out your apartment. Free yourself from stress. Be friendly. Smile at your neighbors. They are a great group of people to know.

Happy, healthy New Year to you and yours!

POINCIANA PLACE 1 & 2 by Jack Gale

In late November, our seven Poinciana 1 and 2 buildings passed the Milestone Inspection, which tested the structural integrity of our 450 units. The state of Florida mandated all condominium associations of three stories or more to pass this test before December 31st, 2024.

Recently, our association staged a 'Walking Tour' of our campus to allow owners to discuss any concerns or problems around the buildings. Approximately fifty owners joined the tour as we looked at landscaping, personal plantings around buildings, parking lots and their lighting, cleanliness of buildings, catwalks, association rules being violated, and excess cars without Poinciana stickers in our parking lots.

The following week, we offered our first 'Meet the Candidates' forum after our weekly cookout. The twelve candidates for the eleven positions on the Poinciana 1 and 2 board and the eight candidates for four spots on our Poinciana Community Group board were allowed up to three minutes to speak about their lives, board experience, and their ideas for the upcoming years. Nearly sixty people listened to the forum.

On January 1st, our annual New Year's Day Brunch will be held at our association pool area from 10:00 am to 11:30 am. All owners are invited to attend this complimentary breakfast. The menu includes bagels, muffins, fresh fruit, juices, and coffee. It's a great opportunity to meet your fellow owners.




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DID YOU KNOW ...

NEW YEAR'S DAY IS THE MOST CELEBRATED HOLIDAY IN THE WORLD. IN IRELAND, IT'S A TRADITION TO BANG ON THE DOORS AND WALLS OF YOUR HOME WITH A SPECIAL CHRISTMAS BREAD TO DRIVE OUT BAD LUCK AND INVITE IN GOOD SPIRITS. IN JOHANNESBURG, THERE IS A NEW YEAR'S EVE TRADITION OF THROWING OLD FURNITURE OUT OF WINDOWS TO SYMBOLIZE LETTING GO OF THE PAST AND WELCOMING NEW BLESSINGS. WE SEEM PRETTY CALM HERE IN THE U.S. WATCHING A CRYSTAL BALL DROP!

POINCIANA PLACE CONDOMINIUM 3 A, B and C

by Ira Beckoff

Happy New Year 2024, and farewell to 2023. I'm amazed that I'm still here to see the date January 1, 2024, on my calendar. Returning snowbirds and new owners have arrived. There are many new faces to meet and greet. Hoping to see them enjoy fun and food at Condo 3 events.

Here's the January 2024 schedule, subject to weather and surprises.

January 7	Sunday	Open Grill
January 11	Thursday	Meet and Greet
January 20	Saturday	Hot Dog/Chili Cookoff
January 28	Sunday	Open Grill

Iguanas and Thunder and Lightning, Oh My! Like the plagues of history, our Poinciana 3 elevators were damaged and disabled multiple times. Enormously powerful lightning strikes struck the elevators in Buildings A and C. The elevator's computer control equipment was fried. TKE, the elevator maintenance company, told us the computer parts needed for the repairs were unavailable: Building A for 13 days and Building B for five weeks. Stair climbing is good exercise, but not when you're a senior on the upper floors.

Eventually, computer parts were ordered, found, repaired, and installed. The elevators were going up and down most of the time. It took many service calls to get the cab doors to stop on the correct floor and open the door.

But there is more. Iguanas attacked FPL's power lines. They live in the trees and are excellent climbers. When they straddle the high-tension cables on the power poles, they short-circuit the system. That trips giant fuses and turns off power to all three of our buildings. The Iguanas blow themselves up when they try this. FPL tells us that this is a problem all over Florida. The Iguanas came to Florida as pets. When they got too big, their owners released them into the environment.

We know that elevator shutdowns and power failures were a terrible upset to all owners especially our oldest residents who live on the highest floors. We have installed lightning suppressors in each elevator control room. This should protect the computer control equipment. Only the next direct lightning strike will be proof positive of the protection.

But wait, there's more. Today, the pool filter pump system broke down.

I have three quotes for different equipment to replace and fix the problem.

Hopefully, by the time you read this in January 2024, everything will work like new. As always, it's nothing that money can't fix. Oh, my!

If all this makes you want a stiff drink, you should come to the pool social events and bring your drink of choice to share. Everyone at Poinciana 3 could use a high-powered libation. I'll drink to that!



February 20th

Public Relations 2 You is sponsoring a Lunch & Learn with Estate Planning & Guardianship attorney Carol L Grant, Esq.

Carol L. Grant, Esquire of the Law Office of Carol L. Grant, P.A. is committed to serving you in the areas of estate planning, probate, and guardianship to protect you and to preserve your legacy.

More details in the February newsletter.

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IMPERIAL BUILDINGS 8 & 9 by Dorothy Coutsakis

It is that wonderful time of year – our snowbirds are arriving daily. We are so happy to see them healthy and ready to get into the swing of things.

We are looking forward to our every other Tuesday night BBQ, although we don't really BBQ. It's more of a bring what you want to eat. All are welcome.

As most of you know by now, we were fortunate to reduce our costs due to the expert help of Southern Shores Management and Daniel Baum (our new insurance agent). Due to their work, we did not have to increase our fees this year and are on track for the reserve fund mandates. We were able to reduce our insurance costs by approximately \$125,000. We will continue to be diligent in keeping our costs low.

Our mandated inspections will be done in either March or April. Also, our new cleaning company will begin on January 1. Thank you, Brian, for all you have done these last few months- keeping our buildings clean, fixing cracks, and doing all the things we don't see.

On a sad note, we have lost people this year. Mr. Bedor in building 8 has passed. His wife has gone to live near her family. We will miss them both. William Belmont in building 9 also passed. All his neighbors will miss him.

We have heard rumors that our Fire Extinguishers are not updated. Please call the management company if you have any questions. When you look at the tags, it shows the month and the year that Lake Worth Fire Inspections inspected it. Ours were inspected in June of 2023. This means that they are good until June of 2024. Please do not repeat untrue things. It causes concern and frightens people.

We hope you all had a wonderful holiday and celebrated with your families. We look forward to our Annual Meeting, which will be held on January 30, 2024. I was hoping to see you all.



COPS

by Deb Lingenfelter

As we begin a new year in this crazy world, let's look out for each other. If you see something, say something. Help someone. Pay it forward. You can help your community by volunteering to be a part of the Poinciana Cops Unit 39. There are walking patrols (as well as driving patrols) if you want to get some exercise. Call us for more information.

Hope the new year keeps you safe, well, and happy!

Cpt. Jeff Marcus 321-514-6535

Sgt. Deb Lingenfelter 561-335-9960



Ted Suss - Notary Public

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FREE MOVIES, POPCORN, BOTTLED WATER:

Thursdays @2:00 – Poinciana Clubhouse **TERRACE ROOM**

Note: The Terrace Room is accessible by elevator

January 4th – “Sound of Freedom”

Biography, Crime, Drama starring" Jim Caviezel, Mira Sorvino, Bill Camp

January 11th – “Just Getting Started”

Comedy, Crime starring: Morgan Freeman, Tommy Lee Jones, Rene Russo

January 18th – “Midway”

Action, Drama, History, War starring: Ed Skrein, Patrick Wilson, Luke Evans, Aaron Eckhart, Nick Jonas, Mandy Moore, Dennis Quaid, Tadanobu Asano, Darren Criss, and Woody Harrelson

January 25th – “The King's Daughter”

Action, Adventure, Fantasy starring: Pierce Brosnan, Kaya Scodelario and Benjamin Walker



SUNDAY, FEBRUARY 25th, 2024 5 P.M.

\$22.00 Ticket Includes: \$22.00

*Admission and Entry for Door Prizes

* Wine and Beer

* Sandwiches , Salads , and Snacks

* Purchase and Name Your Horse \$12.00 each

This includes entry into Private Horse Owners Drawing

WINNING PRIZE \$200.00

Winning Horse Owners Purses Are \$70.00 per Race

OPEN WAGERING ON TEN RACES

Tickets Available at The Front Office

Nov.1st, 2023 off Lobby

For Information Call

Russ Donnelly at 561-963-8252

Poinciana Front Office at 561-439-4733

PLEASE PURCHASE HORSES AS EARLY AS POSSIBLE TO ALLOW
ADEQUATE PROCESSING TIME FOR FILM AND PROGRAMS.



Poinciana Community Group

BINGO * BINGO

2024 SCHEDULE

WEDNESDAY JAN. 17th, 2024 7 p.m. Community Rm

WEDNESDAY FEB. 14th, 2024 7 p.m. Community Rm

WEDNESDAY MAR. 13th, 2024 7 p.m. Community Rm

WEDNESDAY APR. 17th, 2024 7 p.m. Community Rm

\$10 4 CARDS \$10

SEVEN GAMES PLUS COVERALL

GUARANTEED \$15 PAYOFF PER GAME

COVERALL PAYS GUARANTEED \$150

HALFTIME REFRESHMENTS SERVED



**BUNCO SCHEDULE FOR
JAN 2024 – MAY 2024**

THURSDAY, JANUARY 11th 2024

THURSDAY, FEBRUARY 8th 2024

THURSDAY, MARCH 14th 2024

THURSDAY, APRIL 11th 2024

THURSDAY, MAY 9th 2024

Time, 7 P.M. in the Community Room.

Admission Fee \$ 5.00

**Bring A Small Unwrapped gift for the
loser bag prize.**

Refreshments, Prizes

Please RSVP, Mindy Dorffman

954-778-2212



Poinciana Ladies Social Club By Mindy Dorfman

On December 12, 2023, the Poinciana Ladies Social Club had its annual holiday dinner. What a great night! Thanks to Mel's staff, there were delicious meal selections, and dessert was the best cheesecake. Entertainment by Wayne L. was exceptional and had all attendees participating! Thanks to the committee for making the dinner a success.

Tuesday, January 16, 2024 GETTING TO KNOW US

Come and meet the Board and Poinciana Ladies Social Club members for a fun-filled afternoon. It will be held in the Poinciana Room from 1:30 pm to 3:00 pm. Refreshments will be served, and fun and surprise events are planned for the meeting. Ellissa Erman, from Universal Coaching Services, will lead a Trivia game with lots of questions. You will get acquainted with your neighbors and meet new friends by attending this meeting. Find out the wonderful events that are being planned for 2024. We are inviting our neighbors in the surrounding area to participate this year, so invite your nearby friends.

Bring sunshine into your life! Reservations must be made for this event by calling Phyllis Slavin at 561-642-3343 by January 10, 2024. There is no charge for this meeting, so come, have fun, and enjoy the desserts.

Tuesday, February 6, 2024 CARD PARTY

Poinciana Ladies Social Club invites you to a Card Party in the Poinciana Ballroom at noon. Bring your games - Mahjongg, Rummikub, card games, or any other game you enjoy playing with friends. Cost is \$25.00. Menu choices are Crispy BLT salad with dressing (bacon) on the side, Penne Primavera or Lox Platter, Iced Tea, Lemonade, Coffee, Tea, and cookies. The chairpersons are Phyllis Slavin, Myrna Teitelbaum, and Marcia Sarbone. Please call Phyllis at 561-642-3342 for reservations. Please write on back of check the names of table mates, entrée choices for each person, and game. The cut-off day is January 30, 2024.

Tuesday, March 12, 2024 FASHION SHOW- SAVE THE DATE!

Poinciana Ladies Social Club will have the annual Fashion Show on March 12. The models will be our members. Please watch the February Newsletter and poster in the clubhouse lobby.

Poinciana Ladies Social has lots planned for all to enjoy. Please talk it up with neighbors and friends and come out and enjoy our planned events. Hope to see everyone soon!

~~~~~



### by Russ Donnelly

We look forward to the 2024-2025 season at the Poinciana Clubhouse. Our Showtime productions have started and will run through March. Tickets will be on sale in the Clubhouse Lobby on Saturday, January 13, 2024, from 2:00 to 4:00 pm. This year, we are holding our prices at the same level as last year; you get four great shows for \$115.00. The other important news is that new seating has arrived, and we are sure it will enhance our theater and add to your comfort.

Again, this year, BINGO is being held in the Community Room and runs through April. Dates are in the Clubhouse Lobby. Lastly, our annual "Night at the Races," initially planned for February 25, 2024, has been rescheduled for March 3, 2024. Horses and tickets have been on sale since November in the Lobby Office. Be sure to get your horses purchased ASAP; last year, we had a tremendous response and had to add an 11th race. Don't wait until the last minute and be disappointed. We are fortunate that the yearly event gets bigger every year. The festivities are a great value.

In closing, I would like to get some new volunteers for ushers at Showtime and some volunteers for "Night at the Races" because we lost a few of our regulars last year. Interested parties should call Russ Donnelly at 561-963-8252. Thanks for your responses in advance. Volunteers are essential for us to keep our Clubhouse functions going.



## ART GROUP

### A PLACE FOR CREATIVE EXPRESSION

By Ruth Cassell

Albert Einstein said, "Creativity is seeing what others see and thinking what no one else thought."

Einstein must have had our group in mind. The beautiful pieces that are being created from discards from nature and everyday life are jaw-dropping. Miles sees endless possibilities in paper, plastic, metal, sponges, and almost all objects we use and discard daily. He's received recognition in Canada during the summer for his work, and there's no limit to what will be created this winter.

Al has been working on his 14th quilt since August. Phyllis created a monster when she taught him different quilting styles!! It's hard to believe that he had never used a sewing machine before then. His eye for combining colors and patterns and his hand-stitching abilities is most exciting.

Yet, some of us still paint. The time we spend together on Mondays between 1 pm and 4 pm in the Art Room, next to the Community Room, is fun and exciting. We share our work and find easy inspiration from their encouragement and suggestions. It's so enjoyable that occasionally, some folks just come for social interaction.

There's plenty of room for skilled artists, crafters, and neophytes to join us on Monday. Hope to see you there.



## SIT AND STITCH

by Kathy Jordan

Happy New Year!

Hope you all enjoyed a wonderful Christmas with family and friends.

We are looking forward to a new year with a new direction!

We meet each Wednesday from 1:00 pm to 3:00 pm in the Terrace Room on the second floor of the Clubhouse.

For further information, call:

Luann **561 670-2334**

Kathy **917 854-1544**



## The Happy Bookers by Sandi Wolf

On December 13<sup>th</sup>, we met to discuss "The Christie Affair" by Nina de Gramont. We all thought that the title was very misleading. The story took place in December 1926 when an all-out search began in England to find the missing Agatha Christie. However, the story was told from the point of view of Agatha Christie's husband's mistress - who obviously is not a famous person. The circumstances and actions of the characters in the book were controversial and well discussed. As for the theory of what really happened in the eleven days when Agatha Christie went missing - who knows the truth?! In real life, Agatha Christie maintained that she could not remember what happened - and never wavered from that statement. In fact, there are other novels voicing different theories than Nina de Gramont.

Our next book selection is "The Heaven and Earth Grocery Store" by James McBride (author of "The Color of Water"). The novel tells the story of Black and Jewish residents of the Chicken Hill neighborhood of Pottstown, Pennsylvania in the 1920s and '30s.

Please pick up this book on your own and join us for discussion on Wednesday, January 10th in the Terrace Room at 11:00 am. We welcome you to come and share books you have read and offer suggestions for future selections.

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## POINCIANA PLATES by Toni Mirobelli

Eating hearty greens like cabbage or kale is traditional to bring prosperity in the New Year. Try this delicious recipe:

### Bacon Fried Cabbage



#### INGREDIENTS

- 4 slices thick bacon, cut into 1/2 inch pieces
- 1 small yellow onion, diced
- 1 small head of green cabbage, cored and chopped into 1-inch pieces
- 2 tsp light brown sugar
- Kosher salt
- Fresh ground black pepper
- Freshly chopped parsley leaves, for serving

#### DIRECTIONS:

Light a candle (trust me, you want to do this when cooking cabbage).

In a large heavy-bottomed skillet, cook bacon until crisp, about 5 to 7 minutes. Remove the bacon to a paper towel-lined plate using a slotted spoon, leaving the bacon droppings in the skillet.

Add onion to the skillet and increase heat to medium-high. Cook until translucent, about 2 minutes. Add cabbage and brown sugar. Season to taste with salt and pepper. Cook, stirring occasionally, until cabbage is tender.

Return bacon to the skillet and toss to combine. Cook an additional minute. Top with parsley and serve hot. Enjoy with some hot bread and butter!

## Poinciana Community Group



### DRIVE ALIVE - AARP

1 SESSION ONLY

Monday January 15, 2024

8:45AM – 3:00PM

Lunch Break 12-12:30

Poinciana Clubhouse

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# January 2024

| Sunday                           | Monday                                                                                                                                                                                              | Tuesday                                                                                       | Wednesday                                                                                                               | Thursday                                                                                                 | Friday                                                                                               | Saturday                                 |
|----------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------|------------------------------------------|
| <b>Happy New Year</b>            | 1<br>7:30A-Men's Golf<br>8A - Ladies Golf<br>8A - Tennis<br>NO Pilates<br>NO Yoga<br>NO-Chair Yoga<br>NO Art<br>NO Pickleball Lessons                                                               | 2<br>10:30A—Current Events                                                                    | 3<br>7:30A-Men's Golf<br>8A - Tennis<br>9A—Pilates<br>10A Yoga<br>1P—Sit & Stitch                                       | 4<br>9A— Pickleball Lessons<br>12:30PM— Duplicate Bridge<br>2P-Movie "Sound of Freedom"                  | 5<br>7:30A-Men's Golf<br>8A - Ladies Golf<br>8A - Tennis<br>8A—Pilates<br>9A—Yoga<br>10A-Chair Yoga  | 6                                        |
| 7                                | 8<br>7:30A-Men's Golf<br>8A - Ladies Golf<br>8A - Tennis<br>9A—Pilates<br>10A Yoga<br>11A-Chair Yoga<br>1P—Art<br>NO Pickleball Lessons                                                             | 9<br>10:30A—Current Events                                                                    | 10<br>7:30A-Men's Golf<br>8A - Tennis<br>9A—Pilates<br>10A Yoga<br>11A—Mel's Way Charity Bingo<br>1P—Sit & Stitch       | 11<br>9A— Pickleball Lessons<br>12:30PM— Duplicate Bridge<br>2P-Movie "Just Getting Started"<br>7P—Bunco | 12<br>7:30A-Men's Golf<br>8A - Ladies Golf<br>8A - Tennis<br>8A—Pilates<br>9A—Yoga<br>10A-Chair Yoga | 13<br>2:-00—4:00PM Showtime Ticket Sales |
| 14<br>7P—Showtime "Scott Record" | 15<br>7:30A-Men's Golf<br>8A - Ladies Golf<br>8A - Tennis<br>8:45AM—AARP Driving Class<br>9A—Pilates<br>10A -Yoga<br>11A-Chair Yoga<br>1P—Art<br>5:30PM - Pickleball Lesson<br>7P—PCG Board Meeting | 16<br>10:30A—Current Events<br>1:00—4:00PM— CapTel Phones<br>1:30PM—Ladies Social Club Trivia | 17<br>7:30A-Men's Golf<br>8A - Tennis<br>9A—Pilates<br>10A Yoga<br>11A—Happy Bookers<br>1P—Sit & Stitch<br>7P—PCG Bingo | 18<br>9A— Pickleball Lessons<br>12:30PM— Duplicate Bridge<br>2P—Movie "Midway"                           | 19<br>7:30A-Men's Golf<br>8A - Ladies Golf<br>8A - Tennis<br>8A—Pilates<br>9A—Yoga<br>10A-Chair Yoga | 20                                       |
| 21                               | 22<br>7:30A-Men's Golf<br>8A - Ladies Golf<br>8A - Tennis<br>9A—Pilates<br>10A Yoga<br>11A-Chair Yoga<br>1P—Art<br>5:30P— Pickleball Lessons                                                        | 23<br>10:30A—Current Events                                                                   | 24<br>7:30A-Men's Golf<br>8A - Tennis<br>9A—Pilates<br>10A Yoga<br>11A—Mel's Way Charity Bingo<br>1P—Sit & Stitch       | 25<br>9A— Pickleball Lessons<br>12:30PM— Duplicate Bridge<br>2P—Movie "The King's Daughter"              | 26<br>7:30A-Men's Golf<br>8A - Ladies Golf<br>8A - Tennis<br>8A—Pilates<br>9A—Yoga<br>10A-Chair Yoga | 27                                       |
| 28                               | 29<br>7:30A-Men's Golf<br>8A - Ladies Golf<br>8A - Tennis<br>9A—Pilates<br>10A Yoga<br>11A-Chair Yoga<br>1P—Art<br>5:30P— Pickleball Lessons                                                        | 30<br>10:30A—Current Events                                                                   | 31<br>7:30A-Men's Golf<br>8A - Tennis<br>9A—Pilates<br>10A Yoga<br>1P—Sit & Stitch                                      | <b>Community Board Meeting</b><br><b>January 15th @7:00PM</b><br><b>Poinciana Room</b>                   |                                                                                                      |                                          |

Activities Office Hours - Monday thru Friday 10AM-1PM

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### Wednesday

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Lola 5-8 pm  
\$7 martini menu



### Thursday

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SAT JAN 13<sup>TH</sup> JOEY & THE PARADONS  
FRI JAN 19<sup>TH</sup> JOHNNY L

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## The Poinciana Golf Course by Paul Grillo

As we eagerly approach the threshold of a new winter golfing season, I am thrilled to share the remarkable dedication and tireless efforts of our exceptional (and some new) staff in preparing our beloved course for the upcoming days of play and camaraderie. Behind the scenes, our dedicated groundskeeping team, led by our new Golf Course Superintendent, Ray Adams, has spared no effort in tirelessly grooming every aspect of the course for your arrival. From the fairways to the challenging bunkers and the meticulously tended greens, their unwavering commitment to excellence shines through in every blade of grass, and each precisely raked sand trap. Their passion for maintaining a course that balances challenge and enjoyment is evident in the way they have prepared our grounds.

Beyond the course itself, our maintenance crew has diligently worked to ensure the surrounding flower beds have been upgraded for your enjoyment. Their attention to detail is exemplary, creating an environment that not only challenges your skills but also captivates you with its aesthetic beauty.

Simultaneously, our golf staff has been meticulously preparing the heart of our operation for your arrival. They have stocked the pro shop with the latest merchandise and apparel to cater to your needs. Our goal is to create an inviting space where the excitement of the game is complemented by warm hospitality.

We are on the cusp of a remarkable season, and it is with great pride that we unveil the culmination of these collective efforts. Our staff's unwavering dedication to providing you with an exceptional golfing experience is evident in every meticulous detail across our club.

As the season beckons, we extend our deepest gratitude to our diligent team, whose hard work and passion have brought our vision to life. We eagerly anticipate your presence and the joyous moments that await us on the greens.

Thank you for being an integral part of the Poinciana Golf Club community. We eagerly await the pleasure of your company as we embark on this exciting new chapter together.



## LADIES GOLF By Pat Murray

Hello again from Ladies Golf!

Our membership is growing in leaps and bounds, and we are thrilled to welcome all the ladies joining our ranks. We will officially welcome them and our returning members at our brunch on January 17th at Mel's Way.

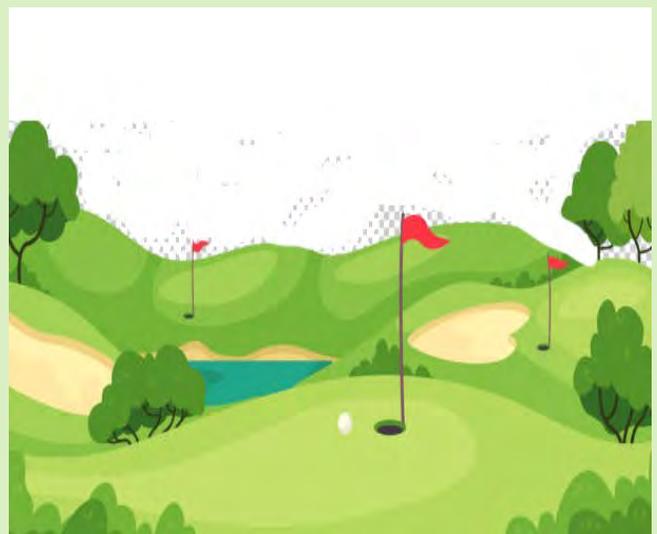
Both the nine-hole and eighteen-hole leagues are having fun playing games like NOSE and Three Blind Mice. In the game NOSE, the only holes that count are the ones that start with those letters. In Three Blind Mice, the score from three random holes is eliminated. I'll be letting you know the names of the winners at a later date.

See you out there!

**REMEMBER;**

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## POINCIANA PICKLEBALL

### By Pam Hilligoss

Interest in learning how to play Pickleball at Poinciana is growing. Open Play days are Monday, Wednesday, Friday, and Saturday, starting at 8:00 am. Monday evenings and Thursday mornings are Learn to Play times, and the courts are unavailable during lesson session times.

Open Play is averaging between 8-15 players per day. We know that number will increase. If you want to play on days other than Open Play, you must schedule your own players. You can do this on our Facebook page.

When the courts are full, and people are waiting, players should exit the court when their game is over to allow others to play. If no one is waiting, players can stay on the court.

Learn to Play class taught by Jim Donnelly is offered on Thursday at 9:00 am. The number to register for this class is (561) 281-8906. Greg and Pam Hilligoss offer classes on Monday evenings at 5:30 pm. You can register for class by calling (765) 914-7460. Paddles and balls are supplied. Please bring water.

If you want to know about Pickleball at Poinciana, join our Facebook page: Poinciana Pickleball. This page is open to residents only. You can reach out for playing partners, ask questions about the game and read about upcoming events.

Our group is fun, very social, and very inclusive. Most players are just learning, so come on out and try it.

## POINCIANA TENNIS

### By Douglas Adams

HAPPY NEW YEAR 2024!

In with the new year and out with the old year. We all have seen a lot of changes on the tennis courts in 2023. In 2023, new faces were on the courts, and a new tennis club board was elected. Two pickleball courts replaced one tennis court. We lost our practice wall for the expansion of the clubhouse and golf course parking. We will recap all the changes during the 2024 tennis season so everyone can hang on to this newsletter and compare it with the January 2025 newsletter. Let's all hope that our New Year resolutions have little to do with playing more tennis, and if you're inquisitive about pickleball, go ahead and play a couple of games. Stick with your resolutions, and 2024 will be an awesome year!

### History of Tennis Balls

The game of tennis (properly known as lawn tennis) was developed in the 1870s from the game of royal or real tennis, which has been played for centuries. Real tennis balls have been traditionally made from a spherical stitched envelope of leather or cloth stuffed with rags, horsehair, or similar material. Originally, tennis balls were made solely of rubber, but the wearing and playing properties of the balls were improved by covering them with flannel stitch around the rubber core. The ball was quickly developed by making the core hollow and pressurizing with gas. Now, it is usual to compression mold two separate "half shells," which are assembled to produce a core. The original flannel cloth was replaced by a special "melton" cloth explicitly made for the purpose, and a vulcanized rubber seam replaced the stitching. Historically, balls were either black or white, depending on the background color of the courts. In 1972, the ITF introduced yellow tennis balls because they were more visible to television viewers. Wimbledon used traditional white balls but adopted yellow balls in 1986.

In the intro-out with the old and in with the new, 2023 will see the exit of my current article writing days, and 2024 will introduce another well-published tennis club article writer after the tennis club board meets in 2024. Thanks for reading...and bye to 2023!



## YOGA AND PILATES by Shannon Alviar

Our focus on fall prevention, improving balance, agility, and our ability to get up off the floor (sounds too easy? Can you get up with NO hands?) continues in our Poinciana yoga, Pilates, and chair yoga classes. We also try to meet about once a month for lunch and to socialize. Do something good for yourself and come enjoy a fun, relaxed atmosphere, make new friends and get heart healthy exercise all in just 1 hour! Classes are only \$10 in cash per session, and discount options are available online. See instructor for details.

**Chair Yoga** – Appropriate for all skill and ability levels. Trouble tying your shoes? Want to improve your balance? Got chronic pain? Wrist, Neck or Low-Back Injuries? This is the class for you! If you think it will be too easy, think again. This class will definitely get your blood pumping, while still being accessible to those of us with mobility issues. Balance exercises in EVERY class!! Mondays @ 11 AM and Fridays @ 10 AM in the Community Room. \*Note – Friday class is 1 hour EARLIER.

**Mat Yoga** – Our gentle mat yoga class includes exercises to help improve your balance, strength and flexibility so you can reach all the way down to the floor and up to the highest cupboard with greater ease. Helps reduce chronic pain! Mondays & Wednesdays at 10 AM, and Fridays at 9 AM. \*Note – Friday class is 1 hour EARLIER.

**Pilates** – This class works everything from your neck to your knees! Our sessions will focus on core strength, balance, precision & control using a mix of light weights and other inexpensive apparatus, bodyweight exercises, and balance exercises. “In 10 sessions you'll feel the difference, in 20 you'll see the difference, and in 30 you'll have a new body.” – Joseph Pilates. Classes are held Monday & Wednesday at 9 AM, and Fridays at 8 AM. \*Note – Friday class is 1 hour EARLIER.

### **2024 Seasonal Exercise Schedule:**

**Monday** - 9 AM Pilates - 10 AM Yoga  
11 AM Chair Yoga

**Wednesday** - 9 AM Pilates - 10 AM Yoga

**Friday** - \*Note times are **1 hour EARLIER!**

8 AM Pilates - 9 AM Yoga - 10 AM Chair Yoga

**All classes are \$10 in cash and held in the Poinciana Community Room.**

Questions? Not sure if we are having class? Call Shannon at 832-715-0146.

Come join us! What are you waiting for? We'd LOVE to have you!



## GYM NEWS

Only closed toe, rubber soled, laced shoes should be worn in the GYM.

**NO SANDALS OR FLIP FLOPS PLEASE.**

When using the treadmill, please attach the rope provided around your wrist. This will automatically stop the treadmill if you trip or fall.

Remember, these rules are here for your safety while using the Gym.

## DUPLICATE BRIDGE



**INTERESTED IN PLAYING?**

**Starts: January 4<sup>th</sup>**

**When: Thursdays**

**Where: Clubhouse**

**Upstairs Card Room**

**Time: 12:30-3:30**

**PARTNERS NOT REQUIRED**

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## FLORIDA FUN FACTS

by Thomas Leonard

### THE TEST OF TIME

The Poinciana Club is a Seniors Only community. We all remember things that are unknown to younger people. We assume that everyone knows things. They don't.

### Iceboxes

At least twice a week, a ten-pound block of ice was placed in the kitchen icebox with the milk, eggs, meats, deli products, and Dad's beer.

### Black and White Television

A very welcome feature for our homes that usually only held a radio for us to listen to our favorite shows like Jack Benny.

### Coal Furnaces

Every winter, a ton of coal was delivered to the house. This served as fuel for the large furnace in the basement, which provided heat to the home.

### Party Lines

Of course, you remember the black rotary dial telephones. If you were on a Party Line, each home had its own ringtone, and all the neighbors listened for their ring! The common complaint was people listening to your conversation. So, be careful what you say when on the telephone.

### Streetcars

Certainly, you remember riding the streetcar that provided public transportation in every big city. As a young boy in Chicago, it was an adventure like nothing else. My mother would take my hand, and we'd stand on an island on Madison Street adjacent to the tracks. Soon, the streetcar came, stopped, and we boarded. Mom paid a coin to the conductor, the driver closed the doors, and we went downtown to The Loop. Sometimes, we'd walk to the nearby Lake Michigan shore and picnic by the water. Do you remember "The Trolley Song"? In 1994, Judy Garland sang the song in the show "Meet Me in St. Louis."

### Nylon Stockings

Do our ladies remember when they wore nylons when working at the office? Or even out to dinner and dancing. Do they remember the seam that ran down the back of the leg? Another feature has now disappeared.

**Bootleg Wine** Prohibition ended in 1930. But old habits die slowly. Did Grandpa continue growing grapes in the backyard and bottling Bootleg Wine in the bathtub? Once a market is established, a demand remains for the product.

**What is the Test of Time?** Have we seniors passed the test? Since the 1940s, there have been many events.

There have been wars, revolutions, insurrections, plagues, natural disasters, civil rights problems, notable court decisions changing our way of life, labor strikes in many industries, and crime problems in all areas of the country. Almost all of us have been touched to some degree by these situations.

We have been tested with difficult decisions, personal losses, and family grief over lost loved ones. Painful memories are softened with a touch of love. Time passes; Cherish the love of others.



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Medicare Annual Enrollment is Coming  
**October 15th - December 7th**  
*(Appointments Starting on October 1st)*

### **We Offer No-Cost, No-Obligation Plan Reviews**

*In-Home Appointments*

*Over-the-Phone or Virtual Appointments*

*In-Office Appointments*

### **Contracted with most major carriers, we offer many plan options:**

*Medicare Advantage Plans, HMOs, and PPOs*

*Medicare Supplements*

*Stand-Alone Prescription Drug Plans*

*Dental Plans*

*Cancer Policies*

*Major Medical Plans*

**Three Locations** in Palm Beach & St Lucie Counties  
 Serving **all of Florida**

#### **3080 S Jog Road, Greenacres**

(Buttonwood Plaza, same as Dunkin Donuts & Ci Ci's Pizza)

#### **7000 West Palmetto Road Suite 210-N22, Boca Raton**

(Corner of Palmetto and Powerline)

#### **1775 SW Gatlin Blvd Suite 104, Port St Lucie**

(Across from Sam's Club) **\*Newest Location\***



**J&R RESTORATION**  
MOLD • FLOODING • FIRE

**FREE VISUAL INSPECTION**  
**561-674-2332**



WATER



FIRE



MOLD



LEAK



STORM

# FLOODED?

IICRC CERTIFIED WATER DAMAGE FIRM

**Water Damage?**  
Where experience counts *the most!*



Structural Drying



Water Extraction



Moisture/Leak  
Detection



Roof Leaks

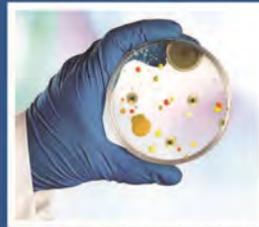
# MOLD DAMAGE?

STATE LICENSED MOLD REM. LIC #MRSR: 1791 & MRSA: 2582

**Concerned about mold?**  
Talk to the experts with over  
10+ years of experience.



Mold Removal



Mold Testing



Toxic Black Mold  
Removal

## OUR CLIENTS SAY IT BEST ★★★★★

*"J & R can't be beat. These guys did a perfect job, were priced reasonably and were total pros. The results were excellent."*

- Gerry T.

*"J & R and his team were complete professionals. From day one they were easy to communicate with and their follow up was impeccable."*

- Thomas F.

*"J & R Restoration is truly a company you can trust. They did a fantastic renovation to our home. Their crew consist of highly skilled and respectable professionals."*

- Janice T.



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**24/7 EMERGENCY RESPONSE**  
**Jnrrestoration.com**



SCAN ME



## GERI BRACKMAN, REALTOR RE/MAX OCEAN PROPERTIES

*Certified Residential Specialist, Senior Real Estate Specialist, Certified Home Marketing Specialist, RE/MAX Hall of Fame, NAMED IN BEST REAL ESTATE AGENTS IN AMERICA- 2015-2023*

*REFERRED BY YOUR NEIGHBORS TIME & TIME AGAIN -34 YRS SELLING IN POINCIANA*



*"TODAY BE THANKFUL AND THINK HOW RICH YOU ARE. YOUR FAMILY IS PRICELESS. YOUR HEALTH IS WEALTH. YOUR TIME IS GOLD."*

*-----ZIG ZIGLAR*

BARCLAY- NEAR CLUBHOUSE & POOL 2/2  
CORNER SPARKLING! UPDATES\$175K SOLD

2/2 GOLFOVIEW UPDATED KIT&BTHS205K SOLD

BIRDIE – 2/2 CORNER BEAUTIFUL VIEW, FULLY  
FURNISHED, UPSCALE \$220K SOLD

2/2- SPARKLING, JUST PAINTED, WATER/GOLF  
VIEWS, POPULAR SUBDIVISION \$179,500

2/2-GREAT WATER&GOLF VIEWS! NEW AC  
SPECTACULAR KITCHEN, FULLY TILED \$235K

CARLISLE-2/2-UPDATED, IMPACT WINDOWS,  
GOLF VIEWS, FURNISHED \$202K SOLD

DORCHESTER-2/2 FURNISHED, TOP FLR SOME  
UPDATES \$190K SOLD

2/2- SPARKLING UPDATED KIT&BTHS\$199PND

HAMLET- 3/2-1<sup>ST</sup> FLR CORNER, RECENTLY  
UPDATED \$275,500 SOLD

KENDALL- 2/2 UPDATED KIT, FLRS \$190K SOLD

MARGATE-2/2 NEW REMODEL 1ST FLR 213K SLD

2/2-DO IT YOUR WAY! TOP FLR \$162,500 SOLD

POINCIANA TOWN HOME-

CORNER, 3BR/2BTH/1CAR GAR, UPDATED KIT  
CABS, IMPACT WINDOWS, FRESHLY

PAINTED, LRG PRIVATE BACKYARD \$310,000

"You are the best experience we ever had with  
a Realtor. U R 1<sup>st</sup> class, honest & very  
caring.. Thank you for taking good care of us."

C.Acklin

**MOBILE/TEXT: 561-371-9661**