



Poinciana Today

MARCH 2024

MESSAGE FROM THE PRESIDENT by PAT SULLIVAN

For the last few months, many discussions/debates have been about providing more pickleball courts for our residents and where to put them. We removed the handball wall next to the tennis courts due to cracking at the top and rain getting inside the structure. We did not want any debris to come loose and injure our residents.

Many residents playing pickleball would love to use the space created by the wall coming down for additional courts. Also, we need more parking for our residents who enjoy the facilities offered at the Clubhouse, those who come to Mel's Way for a delicious meal or a drink with friends, and others who come to play golf on our excellent course. All these activities and the tennis and pickleball players need a place to park.

We are currently getting proposals for pickleball courts and additional parking spaces. Neither of these things is going to happen soon. We must first install the new lift so those who need it can access the billiard room, art room, and Community room. The cost for the lift is approximately \$38,500. We ask for your patience during construction and while proposals are collected. We will pass on all proposals to the board of directors.

In other news, we have one more show in March—the Orange Sunshine band. Inside this Newsletter, you will find a host of events in March. Please take advantage of all the exciting things planned for your enjoyment and enrichment.

Happy St. Patrick's Day to all. Wear something green, watch a parade, have some Irish soda bread, and celebrate the day with a friend. "May the Leprechauns be near you to spread luck along the way. And may all the Irish angels smile upon you March 17 and every day after".

POINCIANA COMMUNITY GROUP 2024 BOARD OF DIRECTORS

Officers:

President – Pat Sullivan
Vice President – Ted Suss
Secretary – Gail Hoffman
Treasurer – Russ Donnelly

Directors:

Michael Appel
Annette Remer Bluestein
Peter Clayton
Jim Donnelly
Joy Finer
Jack Gale
Tony Iacovangelo
Matt Laskowski
Angel Milanes
Bruce Mustello
Faith Padgett
Larry Ross
Ruth Ruttkay
Laura Sternberg
Allan Zinn

PCG Clubhouse

Clubhouse Email: pcgclub@comcast.net
Clubhouse Telephone: 561-439-4733
Website: www.Poinciana.club

Please sign up to receive our Monthly Newsletter and Weekly Updates.

Send an email with "Subscribe" in the subject line to PCGClub@comcast.net

INDEX OF ADVERTISERS

Absolute Best Insurance	30
Carlos Datena	24
All Computer Services	28
Book Talk Event	19
Craig The Handyman	7
Debra Weisz Jewelry Buyers	28
Dedicated Med. Farmer's Market	15
Dedicated Med. Luncheon	25
Dedicated Med. Bingo Social	29
Florida First Senior Care	26
Florida Kool Air	13
Geri Brackman – Realtor	32
Handyman Services	28
J & R Restoration	31
Linda Barnaby – Realtor	11
Mel's Way Bistro	17
Never Away Property Management	24
Nova	11
Palm Beach Dermatology	13
Prism Notary	23
PCG Bingo	8
PCG Steal Bingo	8
PCG At The Movies	8
PCG Calendar	16
PCG Night at the Races	8
PCG Showtime	12
Restore and More	21
Rides by Rossi	28
RN Homecare Services	22
Sara Finkelstein Financial Consultant	23
Sara Finkelstein Financial Class	27
Tomatoes Pizzeria	4
Ultra Air Conditioning	22

**The AMBASSADOR
by Sandi Wolf**

Hope everyone had a "sweet" Valentine's Day! It is so lovely to see our building busy in season! Firstly, a special welcome to our new residents - Jean and Stephen! We are a very friendly building, and we hope you will enjoy life in Poinciana.

We did have some warmer days and many special visits. Shirley and Frank's family finally arrived after weather and health delays. Gessie and Monique had friends from Canada visit before and after their cruise. Marlene had a bi-coastal surprise for her birthday - her son from New Jersey and her daughter from Oregon! It is terrific meeting the family and friends of our residents.

Our barbecues are up and running. The grill contains delicious food, and Monique is a superb chef! We still would like to see more of our residents on Monday - not necessary to grill - just come down and spend time with us!

Our condo board is assisting our new management company with the transition. It is incredible how much knowledge, work, and effort it takes to run our building smoothly. Hopefully, our pool heater will be operational by this time. It will be so convenient to come to our pool rather than walk or drive to the Clubhouse.

One special request to our residents: our "guest parking" has been rather busy. We ask that our residents let a board member know if they park there permanently or for an extended period. If you have a "guest" parking there, please see Annette for a "guest pass" to be displayed in the car. Please remember to return the pass to Annette.

We are holding our annual Rummikub Tournament at our pool on Saturday, March 16th, from 1 to 3 pm. If it rains, it will be in the Clubhouse. The cost will be \$10.00. Please call Pat (908-601-4338) to register. Limit 30 people. First come, first served—March 10th deadline. Bring your drinks, and two slices of pizza will be provided.

A special wish that Gene has a speedy recovery and can join us for St. Paddy's Day!

We wish everyone a fabulous St. Patrick's Day and a wonderful Easter!

We at the Poinciana Newsletter are approached by many companies and individuals looking to advertise in our Newsletter.

***Please note the following:**

Allowing these companies and individuals to advertise in our newsletter does not constitute an endorsement of them or their products.

THE DORCHESTER

by Marilyn Siegel

The election for the 2024 Board of Directors was a success. The Board has done such a good job we've elected the majority to serve again. President - Bernie Jessen, Vice President - Bob Ford, Treasurer - Patti Bialke-Clayton, and Director - Frank Impastato- are returning for another round. We convened a special Zoom meeting to appoint Fernando Rodriquez as Secretary. We appointed Peter Clayton as our representative on the PCG Board. We wish them well as they continue their work to maintain and even upgrade the integrity of the building. Jim McKeown, who chose not to run again after productively serving for many years as our representative on the Dorchester and PCG Boards, receives our most profound appreciation.

There have been two Pool Parties this year. A tasty assortment of appetizers made up the first party of 2024, followed a few weeks later by a delicious Soup Night. It's lovely to see our residents come together to set up the pool area, contribute the food, have an old-fashioned friendly time, and then clean up before going home for the night. The upcoming Pizza Night should be another yummy experience. "Save the Date" lists the calendar of the forthcoming parties and was emailed to everyone for whom we had an email address. A printed copy was then attached to the recent Newsletter and delivered to each occupied unit. As well-attended as our parties are, we hope that even more residents will choose to participate. We happily welcome back snowbird Carol to our nest.

Our sympathy goes to Philip Stillman on the passing of his beloved mother, Rachel Stillman. Rachel had only lived here briefly but had made friends who had already missed her.

Landscaping: Trim work around the borders of the shrubs and walkways is complete, as well as replacing all interior fire sprinkler heads.

Vent cleaning: Vent cleaning is a process that is required to guarantee that there's no accumulated lint to catch fire. The Board thanks everyone who allowed easy access to their fire sprinklers and dryers.

A few cars in the lot are without the needed stickers or visitor passes. No one wants to tow your vehicles for non-compliance. To get your car correctly permitted in our parking lot, email the Board at Dorchesterboard3@gmail.com. As previously noted, plastic bags and Styrofoam egg cartons are garbage and should not be put in recycling containers. And while I'm being a

nag, to those who allow their dogs to relieve themselves on our restored landscaping, you must walk or carry your dogs to the appropriate area on Arcara Way and then pick up after them. Please respect your neighbors and all those who pay their Condo fees to care for our shared property.

While we prepare to lose an hour of sleep while we "Spring Forward," we wish everyone a Happy St. Patrick's Day and a Blessed Easter Sunday.



A NOTE FROM THE EDITOR

by Sheri Blaney

First and foremost, we are grateful to Joyce Graham for taking on the role of editor for the past four years and continuing after moving up north. Joyce has done a fantastic job, and we wish her all the best. No doubt, I will have big shoes to fill. We owe a big thank you to Toni Mirobelli for working with Joyce as our proofreader for the past several years. I'd also like to thank each writer for sending support notes when Joyce announced my taking over as editor. What a terrific group of volunteers I get to work with. Thanks to all of you for your service to the community. If anyone is interested in selling, advertising, or helping, contact me at 617.909.0030 or sheri.pcgnewsletter21@gmail.com.

Remember to "Spring Forward" on March 10th, 2024, and reset your clocks as we welcome an extra hour of daylight!

To all who celebrate, we wish you a happy, healthy, and safe Easter and St. Patrick's Day!

NEW LOBBY OFFICE HOURS

Monday	10 am to 1 pm
Tuesday	10 am to 1 pm
Wednesday	10 am to 1pm
Thursday	10 am to 1pm
Friday	10 am to 1pm

The people who volunteer in the office are there to assist you, answer any questions you may have about the Clubhouse and tell you about the many activities that are available. They also handle room rentals and sign people up for events.

BARCLAY BITS

by Ina Baron

It is almost spring. The weather has been seesawing between warm and cold. Dress for the weather with layers. This past winter has been one for the books, it was far from ordinary. Beware The Ides of March!

We welcome three new people to The Barclay: Estela Nendizabel, Niloufar, and Yasmin Mirzabeigi. A special THANK YOU goes out to Larry Binder for repairing the big supermarket cart and replacing the broken wheels.

Please keep an eye out for slow-moving cars in our parking lot. They may be looking for a particular model. Try to get their license plate number. Make sure your car doors are locked and that nothing valuable is showing.

Reminder: the Annual Assessment Meeting is on March 25 at 4 P.M. in the Terrace Room at the Club House. There is an elevator for those who cannot use the stairs.

For those who celebrate Easter, have a Happy one.

CARLISLE CHATTER

by Lynn Sands

Carlisle welcomes our new Board: President Walter Charles, Vice President Lenny Genovese, Treasurer Jim Donnelly, Secretary Angie Hardnett, and Board Member Harold Knapp. Thanks for stepping up to this most important job. We wish you much success keeping The Carlisle in good working order while keeping our expenses down. Additional thanks to our 2023 Board for their service. Job well done, guys!


Happy Birthday to our March babies: Eileen Sadoff and Ed Weiner. Any Carlisle resident wishing to receive birthday announcements may knock on my door #105. Your name will appear in the "Poinciana Today" corresponding issue.

A Cuban restaurant outside event happened in February. The social committee is planning a March Pool Pizza Party before our snowbirds head home for the Easter holidays. Look for our poster and sign-up sheet near the mailboxes. Who doesn't like pizza?!!

One of our residents had something "quite wonderful" happen to her a few weeks ago. Mary Zahler, who resides with owner Gary Wilcher, lost her driver's license somewhere around The Carlisle. She assumed somebody would never recover it since it was a Michigan license and didn't show a Florida address. Mary, not listed as an owner of the Carlisle, assumed her last name would not be familiar. A few hours later, Mary received a private message from a Facebook friend asking if she lost her driver's license. One of our owners, Walter Charles, apparently discovered the Michigan license in the parking lot. He went into Facebook and couldn't get into Mary's account but could privately message Mary's friend, who then messaged Mary. Somebody recovered the license! Many thanks to Walter for knowing how to assist and help a neighbor!

Carlisle welcomes all our new owners and wishes them happy and healthy residencies. Our social committee hopes they join us in our community events. We schedule events during the winter season, starting in October and ending in April. We try to alternate pool parties and outside events every month. Always look for these notices posted near the mailboxes.

Have a wonderful Easter! We wish our part-time residents a happy and healthy spring and summer. We look forward to seeing you again in late Fall.



Tomatoes Pizzeria

641-0200


DELIVERY AVAILABLE AFTER 5:00 P.M.

**5815 Lake Worth Road
Greenacres, Florida**

Monday - Thursday
11:00 A.M. to 8:00 P.M.

Friday - Saturday
11:00 A.M. to 9:00 P.M.

Closed Sundays
No Checks



IMPERIAL BUILDINGS 8 & 9 by Dorothy Coutsakis

It was touch and go for a while whether or not we would have our BBQ at our pool after the annual meeting. We were lucky the clouds parted, and the weather was beautiful for our day. We thank Jeff Rice at Building 8 for his excellent BBQ skills. Our hamburgers, hot dogs, and pilaf were perfect. Thank you again, Jeff.

Each Director presented and spoke about upcoming projects, our budget, and what the Board envisioned for our future projects and answered questions. We also requested the following:

Please call Marco Rubio's office to request that he remove the wording from the Corporate Transparency Act that all community association directors must disclose all personal and private information to the government. Not-for-profit associations should be exempt. His number is 561-775-3360.

The state legislature is trying to pass a bill (Senate Bill # 278/House Bill 979) making associations pay all estoppel fees. We would no longer be able to charge the buyer these fees. Doing this would necessitate a raise in our monthly maintenance fees. Please write or call our representative, Bobby Powell, 2715 North Australian Ave., Suite 105, WPB, FL 33407, or call 561-650-6880.

On a sad note, Francine Mandarino passed away. She was beautiful on the outside and a beautiful and sweet person inside. We will miss her — our condolences to her husband, Joe, and family.

Please ensure you register any visitor staying overnight and parking a car in our lot; you must inform the management company and request a temporary guest parking tag. We check the lots regularly for any vehicles that do not belong. For our safety, we need to know who is on our property. You can either come to the Southern Shores office or email your information to them. The forms are on our website for you to complete and submit.

If you have a clogged sink or need a similar repair, please call the management company to submit a work order. They know what the Association is responsible for and what the owners are responsible for. Please do not stop the Directors or Brian regarding these matters. Requests must go through the management.

We have many units that are for sale in all of Poinciana. At last count, there were 67 units. If you know someone who is considering buying, let them know we are a great community offering many amenities.

Have a wonderful winter. Stay safe and healthy.

HAMLET by Russell Donnelly

Things are relatively quiet at the Hamlet this month. The only thing of importance is the continuation of our roof project. Currently, the air conditioners are at their new proper height. The new electrical boxes that require replacement are on the units. Remember that each of the 46-unit owners who receive a new electric box gets a bill on their maintenance account for the cost of their new unit. We are now awaiting the necessary inspections and the beginning of the roof replacement.

Unfortunately, the first floor on the West side still has residents who refuse to adhere to the recycling rules. Fully loaded garbage bags are put in recycling bins daily. Doing this requires someone else to handle your garbage and put it in the proper place. If this continues, we will find the unit owner responsible and levy appropriate fines. This situation has been going on for far too long.

It is now apparent that the unit owner(s) accountable for this do not care or respect simple rules:

- The yellow containers are for paper only.
- The blue container is for glass and metal objects only.
- Other trash is to go in the GREEN dumpster. If you cannot distinguish where to put something, place it in the large GREEN dumpster.

The Hamlet Board meets every third Wednesday of the month at 10 a.m. at the pool. The President has notified us that meetings must be open to all residents, eliminating our periodic open poolside meeting. Someone will send a monthly notice to everyone regarding the Board business, and we will only be required to have our annual budget meeting and our annual meeting to elect our officers. Suppose you cannot attend and wish to know the discussion. In that case, the Hamlet secretary will notify you of the board minutes prepared each month.

In closing, I wish everyone a happy St. Patrick's Day wherever you will be.



POINCIANA PLACE CONDOMINIUM 3 A, B and C by Ira Beckoff

Hello to Poinciana Place Condo 3.

Our biggest story to report is that Alex Miranda, our do-it-all maintenance man, and David Brogan, our building's spit and polish worker, have both retired. There was a farewell celebration under the pool awning at our last board meeting on February 8th, 2024. The dessert was a delicious, beautifully decorated Publix Bakery Cake. The guys received a big farewell and thanks for their long service. David worked here for more than five years and Alex for 24 years. If Alex had worked at Poinciana 3 for one year more, he could have received his twenty-five-year golden watch. I made a short farewell speech. Everyone wished them well in their future lives.

We are already breaking in a new man to replace them. His name is Jimick Adams. He's OK with Jimmy or Jim but prefers Jimick. He started working last Friday, February 9th and had an excellent first day. Many of you have already said hello to him. He has much experience working in condominium communities like ours and is excited to learn new skills. Say hello when you see him around the property.

A Meet and Greet was held on January 11th with approximately 50+ people in attendance despite the weather. The Social Committee presented a fantastic appetizer, dessert, and cookies. The wine provided was the topping on the cake! Everyone had a wonderful time.

The Hot Dog/Chili event on January 20th drew approximately 50 people. The Luongo Brothers provided music, a plus for our dancing residents. The Chili event was another triumphant crowd-pleaser, with four different chili recipes entered. Carmelle prepared the winning chilies in First Place Building A, Louise in Second Place in Building B, and Laura in Third Place in Building A.

Our resident grill master and chef, Richard Charney, provided us with deliciously prepared hot dogs. All had a great time.

Over 45 people attended our Ice Cream Social on February 8th, which included vanilla ice cream with various toppings and delicious cupcakes. DJ Lou Turiano played a mix of great oldies from the 50s, followed by the melodic tunes of the Jackie Gleason Orchestra. The weather was a perfect plus, and everyone had a good time.

"Wait, there's more!" A Pizza and Salad night was held February 29th. Please remember that sign-up sheets are by the elevators in each building for every event.

March 15th will be our big International Night event. A sign-up sheet will be near the elevators as the date gets closer.



POINCIANA BUILDINGS 1 & 2 by Jack Gale

At our January 4 Annual Meeting, we welcomed our new board members:

Directors at Large: Diane Cote, Dianne Kling, Darla Solorzano, Annette Bluestein, Ramona Bradlyn, Casey Gilkey and Larry Weser.

Officers: Secretary Carl Berger, Treasurer Jeanette Rittgers, Vice President Chip Beckwith, and President Jack Gale.

Our representatives to the Poinciana Community Group are Ted Suss, Joy Finer, Annette Bluestein, and Jack Gale.

Our weekly cookouts continue on Tuesday nights at 5:00 p.m. with Klaus on the grill, including Hot Dog night, Pizza Night, and International Night in the upcoming weeks. Come down to enjoy the evening and meet your neighbors.

With the weather warming up, please stop at the pool for a dip and sit in some of our newly strapped chairs.

We held our annual Pizza Night at our weekly cookout in mid-February. Eighty-four residents enjoyed salad, pizza, brownies, and live entertainment. Other upcoming events include an ice cream social on February 27, a potluck-covered dish night on March 19, and a hot dog night on April 9. There will not be any grilling on those nights.

With the improving temperatures in mid-February, our pool attendance has jumped tremendously. Numerous residents are enjoying our new pickleball courts. Come down and give it a try. The Poinciana Golf Course is in excellent condition, and the fairways are full on many days. When coming to the courts, golf course, or Mel's Way, please walk or carpool to help alleviate parking problems.

The painting of Princeton will be done in early March after the back side of the building is closed after pipe repairs.

THE GRAMERCY by Phyllis Elrich

It's been pretty cool of late. I, for one, love the cooler weather. The heat of the long summer makes me weary, so now is the time to do everything we do to have fun. There have been parties, happy hour at the pool, barbeques, pizza parties, friends and family visits, and many happy smiles at neighbors.

March has many holidays, and we welcome the change of clocks. Although we miss an hour of sleep, we will have sunlight for an extra hour each evening.

Some of us may be going away to be with others for the holidays, and even by the end of the month, some snowbirds will leave here until next season. Can you believe that? How the time flies!

For everyone, especially those leaving for a few months, check everything in your apartment. There is that condensate line for the air conditioning and the need to change the filter. Check the smoke alarm batteries. Make sure there is someone to check on your apartment every so often.

Some reminders for those staying:

Recycling is simple.

Blue is for glass and plastic, that's all.

Yellow is for paper, no bags, no Styrofoam, that's all.

If something falls out of a bag, please pick it up.

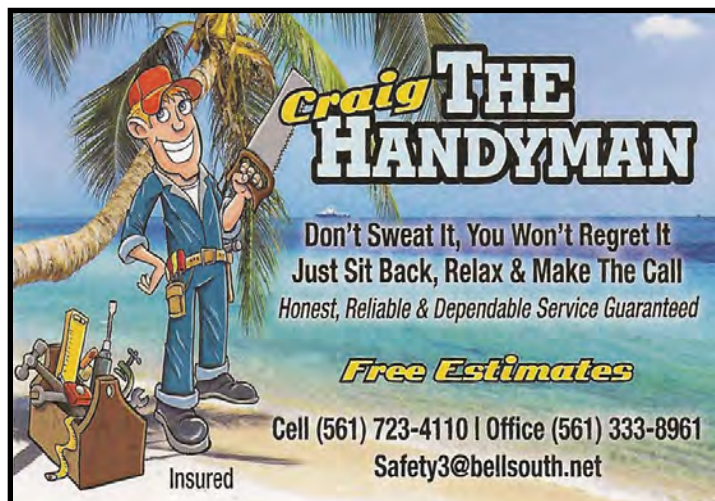
Break down all the boxes and bring them down to the first-floor room.

Don't put bulk items out until Tuesday night for pick up early Wednesday morning.

If you miss that, please wait for the following Tuesday evening.

May all of your holidays bring you serenity.

May all of your days be healthy ones.



Craig THE HANDYMAN

Don't Sweat It, You Won't Regret It
Just Sit Back, Relax & Make The Call
Honest, Reliable & Dependable Service Guaranteed

Free Estimates

Cell (561) 723-4110 | Office (561) 333-8961
Safety3@bellsouth.net

Insured



COPS by Deb Lingenfelter

Caring for our community

Observant on duty

Patrolling for your safety

Steadfast in our mission

Please consider volunteering for a very worthwhile community service. You will feel great making a difference! Training is provided as well as a COPS uniform shirt.

Call Jeff or Deb for additional information:

Captain Jeff Marcus 321-514-6535

Sergeant Deb Lingenfelter 561-335-9960



PATIO HOMES by Ruth Ruttkay

Daylight Savings is happening this month. I am sorry to say we'll lose an hour, but isn't it wonderful that we have more daylight to enjoy more time in the sun?

Spring is here, and so is St. Patrick's Day and Easter. To all who celebrate, enjoy your holiday! I see a party in our future!

I regret to inform all that a beloved member of our community has passed away way too soon. We will miss Mary Ann Ferretti—condolences to Paul and family.

Best wishes to all for good health, and stay safe!



BUNCO SCHEDULE FOR JAN 2024 – MAY 2024

THURSDAY, MARCH 14th 2024

THURSDAY, APRIL 11th 2024

THURSDAY, MAY 9th 2024

Time, 7 P.M. in the Community Room.
Admission Fee \$ 5.00

Bring A Small Unwrapped gift for the loser bag prize.

Refreshments, Prizes

Please RSVP, Mindy Dorffman
954-778-2212



FREE MOVIES, POPCORN, BOTTLED WATER:

Thursdays @2:00 – Poinciana Clubhouse **TERRACE ROOM**

Note: The Terrace Room is accessible by elevator

March 7th – “Maybe I Do”

Romantic Comedy, starring: Diane Keaton, William H Macy, Richard Gere & Susan Serandon

March 14th – “The Upside”

Comedy-Drama, starring: Kevin Hart, Bruan Cranston & Nicole Kidman

March 21st – “Ford V Ferrari”

Biographical Sports Drama, starring: Matt Damon & Christian Bale

March 28th – “John Wick: Chapter 4”

Action Thriller, starring: Keanu Reeves



SUNDAY MARCH 3rd at 5:00 P.M.

\$22.00 Ticket Includes: \$22.00

* Admission and Entry for Door Prizes
* Wine and Beer

* Sandwiches , Salads , and Snacks

* Purchase and Name Your Horse \$12.00 each
This includes entry into Private Horse Owners Drawing
WINNING PRIZE \$200.00

Winning Horse Owners Purses Are \$70.00 per Race
OPEN WAGERING ON TEN RACES

Tickets Available at The Front Office
Nov.1st, 2023 off Lobby
For Information Call

Russ Donnelly at 561-963-8252
Poinciana Front Office at 561-439-4733

PLEASE PURCHASE HORSES AS EARLY AS POSSIBLE TO ALLOW
ADEQUATE PROCESSING TIME FOR FILM AND PROGRAMS.



BINGO * BINGO

2024 Schedule

Bingo will be held in the Terrace Room
accessible by stairs or elevator

Wednesday, March 13th @7:00PM

Wednesday, April 17th @7:00PM

\$10 4 CARDS \$10

Seven Games Plus Coverall

Guaranteed **\$15** Payoff per Game

Coverall Pays Guaranteed **\$150**

Halftime Refreshments Served



March 24th

Place: Poinciana Club House Time: 1 - 4:00pm

Ticket: \$15 Reserve your tables of 8-10 people

Bring: A \$15 wrapped gift

50/50 Full Card \$5

Serving coffee, tea, water and homemade desserts

Get your groups together, make checks payable to the
American Heart Association and call Ginny Vogel
(717) 333-4543 Hamlet Bldg. #409 to register or drop
off at the clubhouse office complete with names of
people at your table.

Come for an afternoon of fun!

**Proceeds being donated to the
American Heart Association**



Poinciana Ladies Social Club by Mindy Dorfman

The Poinciana Ladies Social Club held a successful card party in February. It was a busy afternoon with various card games, Mah-Jongg, Rummikub, and poker, enjoyed by all. A big thank you to Phyllis Slavin and the committee for an excellent job! Also, we want to welcome our new members.

FASHION SHOW:

Tuesday, March 12th, 2024

Poinciana Ladies Social Club will have the annual fashion show with clothes from Chico's. Our members will model the clothing. There is a full lunch menu with a choice of Haddock, Chicken Franchise, or Penne Primavera, including coffee, hot tea, and dessert. Chairpersons are Marcia Sarbone and Carol Cohen.

For reservations please contact:

Carol Cohen: 516-376-2007. The cost is \$28.00 for members and \$33.00 for non-members. Please include your choice of entree and table mates on the back of your check.

CARD PARTY LUNCHEON:

Tuesday, April 16th, 2024

Poinciana Ladies Social Club will have a luncheon and card party at the Westchester Country Club. Bring your games, friends, and happy faces. Let us know who you will be playing with and your game.

Order of events: Cards and games: 11:00 am-2:00 pm. Lunch: Noon until whenever.

The menu includes Chicken Quesadilla, Par Three Platter, Oriental Chicken Salad, Fuji Apple Salad, Caesar Salad with Grilled or Blackened Chicken, Smoked Salmon on platter, Club Sandwich, and Deli Board.

For reservations please contact:

Helen: 561-433-9873; or Connie: 845-807-1793. Cost: \$25 per person. Add-on Dessert: \$29 per person. The cutoff date is April 7th, 2024.

Poinciana Ladies Social Club has activities planned for members and friends. Please always check the board in the lobby and our monthly newsletter, *Poinciana Today*. We have a monthly board meeting upstairs in the clubhouse Terrace Room at 10 am every second Tuesday. Members are always welcome. If you have any questions, please call Mindy Dorfman at 954-778-2212.



by Russ Donnelly

We had our third show of the February 2024 season with comedian Stu Moss and singer Iris Revson on the 18th, which followed the successful previous shows of "The Long Run" and Scott Record. In keeping with the new agenda of bringing Poinciana top entertainment, I have secured the following shows for the 2025 season.

The 2025 season is going to be a little different than previous years. There will be no December show, as many of our snowbirds do not return until January. We will have a separate Holiday Show on January 12th, 2025, with Chris Ruggiero, returning by popular demand. Tickets for his Show are sold separately from our three-show season tickets. Tickets for Chris's show will have three price categories: Center Orchestra will be \$55.00, left and right stage sections are at \$45.00 and \$35.00.

Our main season ticket package for three shows starting in February and continuing through March and April is \$115.00 for all three shows. For February, we have signed on James Steven, a hard-working comedian and performer. We have Daybreak, who will perform classic songs by Barry Manilow with backup singers for March. April will close the season with Abbra Cadabra singing the contagious music of ABBA and the hit show "Mama Mia."

Due to the high costs of providing exceptional entertainment, we had to separate our presentation into the Holiday Show and three shows for the 2025 Season. You will not be disappointed! Tickets for the Holiday Show and 2025 Showcase will go on sale in April 2024. Bingo will be in January, February, March, and April, and "Night at the Races" will be held in February or March. The dates for all of the above are forthcoming.

FOR INFORMATION ON TICKET SALES, CALL RUSS DONNELLY AT 561-963-8252. IF YOU GET ANSWERING SERVICE, LEAVE CONTACT INFORMATION, AND I WILL RETURN YOUR CALL.



THE ART GROUP
A PLACE FOR CREATIVE EXPRESSION
By Ruth Cassell

Going to art each week has been an adventure. Not only has the room been transformed into a lovely, comfortable workplace space, but it's also a joy to meet with fellow artists who have become dear friends each Monday. In class, we help each other to improve our art.

Some have taken art classes and are willing to share their skills with others who want to learn. One of the latest techniques to be shared (one that excites me) is one-stroke painting. Donna Dewberry has popularized this technique.

There's plenty of room for new artists to join us. With all of the donations we have received, it's not necessary to bring your materials. However, we suggest that you provide your own.

We meet on Mondays from 1-4 pm in the Art Room next to the Community Room. I hope you come to see what we are doing!



SIT AND STITCH
by Kathy Jordan

March is a month to enjoy St Patrick's Day with green beer and parties. And we celebrate Easter with flowers, colored eggs, and candy.

We welcomed a snowbird to our group. She participated in working on her project and joined us for lunch.

We meet each Wednesday from 1 pm to 3 pm in the Terrace Room on the 2nd floor of the Clubhouse.

For further information, call:
Luanne: 561 670-2334
Kathy: 917 854-1544



The Happy Bookers
by Sandi Wolf

We read "The Secret Life of Sunflowers" by Marta Molnar this past month. Again, it seemed to be a difficult book to find. Barnes and Noble didn't carry it, the library had a waiting list (as did Kindle), and I ended up ordering the book from Amazon! Ironically, Amazon delivered on a Monday, and the library came through the next day!

The Book Club met on Wednesday, February 14th -- only five members were present. Those who did read the book enjoyed it. There was much in the book to relate to in our own lives. If you attended the Van Gogh exhibit in Miami a few years ago, the book was informative.

I am at a loss for continuing with so few monthly responses. I also care for the library and know we are borrowing many books! I hope that some of you will give our book club a try. I would also suggest that if you have a book you are interested in reading, call me at (516) 428-2752.

We are reading "Song of the Lion" by Anne Hillerman this month. The author is Tony Hillerman's daughter, who is continuing her father's work. It's a current story that is an engaging mystery. It takes place on the Navajo tribal lands of Arizona and New Mexico. It is the third in a series, but it can stand alone. Easier to find! Please read it and join us on Wednesday, March 13th at 11 am in the Terrace Room of the Clubhouse (next to the library).

Happy Booking!

Current Events
by Harvey Grodensky

We invite Republicans, Democrats, and Independents to join us very Tuesday morning at 10:30 am in the Card Room on the second floor of the Clubhouse. We continue to have lively discussions about current events in our state, nation, and around the world.

For further information call:
 Harvey at (561) 596-6769

YOUR NEIGHBORHOOD is MY NEIGHBORHOOD

Resident Since 2004

LINDA BARNABY, Broker Associate / Realtor®

Senior Real Estate Specialist®, Power Agent, Certified Negotiation Expert

Email: LJBStarRealtor@gmail.com / Website: LindaBarnaby.com

561-967-3131 Cell/Text



Work with the Best to Solve all your Real Estate Needs

Thank you all who referred your neighbors and friends to me in selling and buying a condo in Poinciana. I really appreciate your referrals and trust in me. Feel free to contact me for a Free condo pricing strategy or just to say hello. I'm never too busy for a neighbor.

561-433-9035

NOVA Air Conditioning

SALES - SERVICE - INSTALLATIONS
COMMERCIAL & RESIDENTIAL

"QUALITY WORK
AT AFFORDABLE
PRICES"

**SERVING THE POINCIANA COMMUNITY FOR
OVER 15 YEARS!**



- TRUSTWORTHY, HONEST & RELIABLE
- SPECIAL YEARLY MAINTENANCE CONTRACTS FOR POINCIANA RESIDENTS
- \$120 A YEAR FOR 2 PREVENTATIVE MAINTENANCE VISITS
- 15% OFF ON REPAIRS & PREFERRED SERVICE
- 100% CUSTOMER SATISFACTION GUARANTEED
- FREE ESTIMATES!

3965 Investment Lane A-8
Riviera Beach, FL 33404

www.novaairfl.com



THE TOWNHOMES by Sheri Blaney

We are back! If you haven't noticed, The Townhomes have been absent from the newsletter for over two years.

Welcome—to those who are snowbirds and the many new residents who moved to the Townhomes over the last 24 months. We hope to see you at our meetings and future social events and become active participants in our vibrant community. Please visit the Clubhouse any time between Monday and Friday to purchase a "Pass Card" to enter the upstairs facilities. The cost is \$5.00 for a lifetime entry, only checks, no cash. You'll find a poolroom, gym, card tables, library, art room, Pilates, and yoga classes. Outside, there is golf, pickleball, and tennis. As an active participant, I've made many new friendships with folks from Poinciana and nearby communities. Check out the lobby posters, events, and our monthly calendar in the newsletter. Also, note that the restaurant, Mel's Way, is closed on Sundays and Mondays but open Tuesday through Saturday with entertainment and dancing every night.

For a brief update, we have a new Board of Directors this year who work hard to meet our community needs:

Robert Artola, President; Sam Zutshi, VP; Cindy Maunder, Treasurer; Lyn Croteau, Secretary; and Brenda White, Director. We look forward to new beginnings, friendships, and mutual support for each other and our community. We also appointed Matt Laskowsky as our PCG representative.

Our board meeting is held the second Tuesday of every month at 6:00 pm at the Poinciana Clubhouse, upstairs in the Terrace room. Thanks to Luanne and Jerry for setting up our meeting signs and delivering the PCG newsletter to each mailbox. Our next meeting is on March 12, 2024, in the Terrace Room of our Clubhouse.

A special thank you goes to several of our residents who pitched in to help with various needed repairs and landscaping. Bill and Paul on Quince re-laid the brick path between Strawflower Way, creating a safer walkway that was buckled and dangerous. Robert, on Clover, had his team secure our pool bathroom sink and fill in a pothole at the entrance to Strawflower Way. Cindy, Bill, and their son David helped me clean out and organize our pool storage and pump room, which needed a significant overhaul.

Our Landscaping Committee, headed by Brenda and Sam, created a team of volunteers to remove the dying Ficus from one side of our pool and replace it with a new Clusia hedge. A special shout-out goes to our volunteer webmaster on Clover Court, Neil, who has done a first-class job setting up and maintaining our new website at pptha.com.

On a sad note, we mourn the loss of Alex Ballum, who passed away on September 20, 2023, at the age of 91. Alex has lived on Lupin Lane for many years and served on the Board of Directors. The neighbors described him as a kind and thoughtful person. Our heartfelt sympathy goes out to his partner, Nan.

On a happier note, we hope you all had a sweet Valentine's Day!

I am seeking a volunteer to write or contribute to our Townhome news for this spot. Please text or call me at 617.909.0030 or email me at sheri.pcgnewsletter21@gmail.com.

The 60's Revisited Starring **ORANGE SUNSHINE BAND**



Sunday, Mar. 10th, 2024 - 7PM

**REFRESH THE AIR
YOU BREATHE
INSIDE YOUR HOUSE
24/7 AC Repair**



- Tune-up \$39 includes 1 lb. of Freon
- Off Season Special Prices on New A/C System
- Maintenance Plan Agreement
- Pool Heaters • Ultra Violet Bulbs

Air Duct Cleaning

- Unlimited # of Vents per A/C \$89
- Filter Replacement Plan
- Dryer Vent Cleaning \$69
- Air Duct Seals

Appliances

- Hot Water Heaters
- Garbage Disposals
- Dishwashers

Lic. # CMC 1249345 Ins.

**Florida Kool A/C
561-202-4774**

YOUR AIR CONDITIONING AND APPLIANCE CONTRACTOR



Palm Beach Dermatology

Welcoming New & Returning Patients to our New location in the Poinciana Professional Plaza



3918 Via Poinciana Dr. Ste 10

Lake Worth, FL 33467

for more information check our website

palmbeachdermatology.com

Peggy O. Hunter MD, Brian Lambert, PA-C, and the friendly staff you've come to know and trust

CALL NOW 561.440.7546(SKIN) To Book Your Appointment

Winter Golf Season is in FULL SWING! by Paul Grillo

As the sun sets on another spectacular day at Poinciana Golf Club, we extend our heartfelt gratitude to each of our valued customers and strive to make our club a beacon of excellence in the South Florida golfing community. We are happy to hear the many good comments and fun stories of your days on the golf course here.

To all the golf enthusiasts who graced our course with their presence, we thank you for choosing Poinciana as your preferred destination for leisure and recreation. Your passion for the game and unwavering support have driven our success, and we are truly grateful for the opportunity to serve you.

From the seasoned lower handicap golfers who showcase their skills with grace and precision to the beginners who take their first swing with determination and enthusiasm, each player has played a pivotal role in making this season one to remember. Poinciana has flourished through your dedication and love for the sport; we are eternally thankful for that.

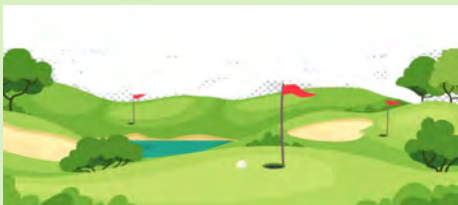
As we are now in full swing of another memorable first half of the winter golf season, we look forward to seeing all of you on the links for the latter half of the season. Whether you're a returning guest or a first-time visitor, we eagerly anticipate welcoming you back to Poinciana Golf Club for many more rounds of camaraderie, competition, and cherished memories.

Please call us at 561-439-4721, go to our website, www.poincianagc@gmail.com, or pop into the golf shop to make your next reservation for play. We look forward to seeing you!

REMEMBER;

**THERE IS NO WALKING ON
THE GOLF COURSE**

**UNLESS YOU HAVE PAID TO PLAY.
THANK YOU**



LADIES GOLF by Pat Murray

Hello again from Ladies Golf!

Well! What a lovely brunch we had at Mel's on Jan 17th. Twenty-seven members were in attendance. President Karen Freeman introduced the new members and reviewed some play rules.

Our weekly games continue, and some of the January winners were Nora Cain, Kathy Iacovangelo, Ann Dell, Bonnie St. Denis, Gaylene Vitale, Joy Finer, Sheila Glazner, Penny Silver, and Marianne Rice. Christie Hamilton, JoAnn King, Cathy Elliot, Marie Valchius, and Diane Baker. Good golfing, ladies!

Excitement is building for our March tournaments when we compete for low gross and low net championships. I'll tell you all about it next time. See you on the course.

POINCIANA PLATES by Toni Mirobelli

This recipe uses only 6 ingredients and makes a warm and comforting entrée.

SMOTHERED CHICKEN BAKE:

INGREDIENTS:

- 3 slices bacon, chopped
- 1 cup diced red bell pepper
- 4 boneless skinless chicken breasts
- ½ teaspoon ground pepper
- ¼ cup basil pesto
- 1 jar (15 oz) alfredo pasta sauce

DIRECTIONS:

- Heat oven to 350 degrees. Cook bacon in a 10 -inch nonstick skillet over medium-high heat for 3 to 5 minutes, stirring frequently, until crisp. Remove bacon with a slotted spoon from the skillet and drain on a paper towel-lined plate. Leave bacon drippings in the skillet.
- In the same skillet, cook bell pepper in bacon drippings over medium-high heat for 1 to 2 minutes until crisp-tender. Remove from the skillet with a slotted spoon.
- Sprinkle chicken breasts with pepper. Cook chicken breasts in bacon drippings over medium-high heat for 2 to 4 minutes, turning once, until browned.
- Place chicken breasts in an ungreased 11 x 7-inch (2 qt) baking dish. In a medium bowl, stir bell pepper, pesto, and alfredo sauce until blended. Cover with foil and bake for 30 to 35 minutes or until the mixture is bubbly and the juice of the chicken is clear when the center of the thickest part is cut. Sprinkle with bacon. Serve with a vegetable side dish or salad and warm rolls. Enjoy!



**Dedicated Senior
Medical Center**
A CHENMED COMPANY

www.Dedicated.care



Farmer's Market

Nutrition and health go together like peas and carrots.

Join us for our farmer's market day to learn more about Dedicated and receive a free care package of fresh fruits and vegetables.

LOCATION:

Poinciana Hospitality Room
3530 Via Poinciana
Lake Worth, FL 33467

DATE:

March 7th, 2024

TIME:

10:00am-12:00pm

RSVP today!
Cynthia Greig 561-646-7655

Space is limited and promotional value is nominal.

March 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p align="center">Community Board Meeting March 18th @7:00PM Poinciana Room</p>					<p>1 7:30A-Men's Golf 8A - Ladies Golf 8A - Tennis 8A-Pilates 9A-Yoga 10A-Chair Yoga</p>	2
<p>3 5P-Night at the Races</p>	<p>4 7:30A-Men's Golf 8A - Ladies Golf 8A - Tennis 9A-Pilates 10A Yoga 11A-Chair Yoga 1P-Art NO Pickleball Lessons</p>	<p>5 10:30A-Current Events Noon-Ladies Social Club Meeting</p>	<p>6 7:30A-Men's Golf 8A - Tennis 9A-Pilates 10A Yoga 11A-Mel's Way Charity Bingo 1P-Sit & Stitch</p>	<p>7 9A- Pickleball Lessons 10A-Farmer's Market 12:30PM-Duplicate Bridge 2P-Movie "Maybe I Do"</p>	<p>8 7:30A-Men's Golf 8A - Ladies Golf 8A - Tennis 8A-Pilates 9A-Yoga 10A-Chair Yoga</p>	9
<p>10 7P-Showtime "Orange Sunshine Band"</p>	<p>11 7:30A-Men's Golf 8A - Ladies Golf 8A - Tennis 9A-Pilates 10A -Yoga 11A-Chair Yoga 1P-Art 5:30PM - Pickleball Lesson</p>	<p>12 10:30A-Current Events Noon-Ladies Social Club Fashion Show</p>	<p>13 7:30A-Men's Golf 8A - Tennis 9A-Pilates 10A Yoga 11A-Happy Bookers 1P-Sit & Stitch 7P-PCG Bingo</p>	<p>14 9A- Pickleball Lessons 10A-Retirement Financial Strategies 12:30PM-Duplicate Bridge 2P-Movie "The Upside" 7P-Bunco</p>	<p>15 7:30A-Men's Golf 8A - Ladies Golf 8A - Tennis 8A-Pilates 9A-Yoga 10A-Chair Yoga</p>	16
<p>17 3P-St Patrick's Day Party at Mells Way Bistro</p>	<p>18 7:30A-Men's Golf 8A - Ladies Golf 8A - Tennis 9A-Pilates 10A Yoga 11A-Chair Yoga 1P-Art 5:30P- Pickleball Lessons 7P-PCG Board Meeting</p>	<p>19 10:30A-Current Events</p>	<p>20 7:30A-Men's Golf 8A - Tennis 9A-Pilates 10A Yoga 11A-Mel's Way Charity Bingo 1P-Sit & Stitch</p>	<p>21 9A- Pickleball Lessons 10A-Name That Tune/Luncheon 12:30PM-Duplicate Bridge 2P-Movie "Ford V Ferrari"</p>	<p>22 7:30A-Men's Golf 8A - Ladies Golf 8A - Tennis 8A-Pilates 9A-Yoga 10A-Chair Yoga</p>	23
<p>24 1P-Steal Bingo</p>	<p>25 7:30A-Men's Golf 8A - Ladies Golf 8A - Tennis 9A-Pilates 10A Yoga 11A-Chair Yoga 1P-Art 5:30P- Pickleball Lessons</p>	<p>26 10:30A-Current Events</p>	<p>27 7:30A-Men's Golf 8A - Tennis 9A-Pilates 10A Yoga 1P-Sit & Stitch</p>	<p>28 9A- Pickleball Lessons 10A-Bingo/Social 12:30PM-Duplicate Bridge 2P-Movie "John Wick: Chapter 4"</p>	<p>29</p>	30

Activities Office Hours - Monday thru Friday 10AM-1PM

Please support your Golf Course & Bistro

Mel's Way Bistro.

IN POINCIANA COUNTRY CLUB
 www.MELSWAY.com 561-530-7947
 3536 Via Poinciana Lake Worth Fl 33467
 OPEN TUES-SAT 11-9PM RESERVATIONS REQUIRED

HAPPY HOUR

TUES-THURS 11AM-8PM FRI & SAT 11AM-6PM



NO SHARING ALLOWED

Tuesdays

SLOW ROASTED PRIME RIB

W/ 2 SIDES \$24.95 NO DISCOUNTS

Ready at 5pm Must order ahead limited amount-no sharing allowed

KARAOKE NIGHT

w/Ray your DJ 5-8pm



NO SHARING ALLOWED

Wednesdays

FISH FRY & SHRIMP \$18.95

W/ FRIES AND SLAW NO DISCOUNTS NO SUBSTITUTIONS

\$7 SPECIAL Dance w/ LOLA 5-8pm
MARCH 6TH & 27TH

MARTINI MENU LEIZA MICHAELS 5-8PM
MARCH 12TH & MARCH 20TH



NO SHARING ALLOWED

Thursdays

LUMP CRAB CAKE DINNER

W/ 2 SIDES \$24.95 NO DISCOUNTS

LATIN FOOD SPECIALS

\$5 MARGARITAS
 PINA COLADA
 MOJITOS



LATIN NIGHT THURSDAYS W/ YAMIR 7-10PM

\$20PP MIN REQUIRED NIGHTLY

ST. PATRICK'S DAY PARTY

SUN MARCH 17TH
 DINNER STARTS AT 3PM-8PM



RESERVATIONS REQUIRED

ADD A SOUP OR SALAD \$3

CORN BEEF AND CABBAGE DINNER \$25

With red potatoes, carrots, rye bread and grain Dijon mustard

SHEPHERD'S PIE \$25

Layered ground beef peas, carrots topped with mashed potatoes and cheddar cheese

NO SUBSTITUTIONS

NO DISCOUNTS

HAPPY HOUR ALL DAY !!! LET'S DANCE TO THE TUNES BY RAY THE DJ

Easter Sunday Brunch

Sunday March 31st 11:30am- 3pm

Reservations Required

APPETIZER STATION

Shrimp cocktail, bruschetta tomatoes, Fruit and cheese, deviled eggs, cucumber smoked salmon canape, tomato feta strudel, hummus platters, cucumber salad, seasonal salad and chopped house salad

HOT STATION

Hand carved PRIME RIB, Ham Roast Lemon herb Chicken Breast, Broiled Cod Parmesan crusted, red mashed potatoes, sauteed green beans

SCRAMBLER STATION

DESSERT STATION

\$39pp

Plus tax and svc chg

Assorted mini desserts coffee and hot tea

We require \$20pp deposit for reservations

WEEKEND DINNER & DANCING

6-9PM
 \$20 PP MIN REQ nightly

FRI MAR 1ST MAGIC MOMENTS
 FRI MAR 8TH JOEY & THE PARADONS
 FRI MAR 15TH JHONNY L
 FRI MAR 22ND CRUZIN
 FRI MARCH 29TH REMEMBER THEN

SAT MAR 2ND REMINISCE
 SAT MAR 9TH BROOKLYN'S BEST
 SAT MAR 16TH GREG & RACHEL
 SAT MAR 23RD RAY N THE RAYLETES
 SAT MAR 30TH JOEY & THE PARADONS

BEAUTIFUL BANQUET ROOM FOR ALL YOUR PARTY NEEDS * 50 TO 250 GUEST * AFFORDABLE PACKAGES
 QUINCES*WEDDINGS*SHOWERS*CELEBRATION OF LIFE*CARD PARTIES*FASHION SHOWS*BIRTHDAYS

POINCIANA PICKLEBALL

by Pam Hilligoss

As cited in the Sports & Fitness Industry Association Topline Participation Report, pickleball has continued its incredible rise in America, increasing by 85.7 percent year-over-year and by an astonishing 158.6 percent over three years. (And yes, that number was, in fact, 158.6 percent.)

With 8.9 million participants in 2022, the number of new participants in pickleball exceeded the total number in 2021. As the number of players of all ages continues to increase, so does the need for more courts. Per a recent discussion with a realtor, she shared that “pickleball” and “golf” are now the most searched amenities by buyers.

Did you know? 68% of pickleball players are between the ages of 60-79. There are over 3.3 million players in the US alone. Over 2,000 pickleball events are hosted in the US each year. Pickleball is played as singles or doubles, just like tennis. Pickleball has an 85% retention rate, meaning most participants continue playing after their first experience. The pickleball injury rate is approximately 2.2 injuries per 1,000 hours of game time. Pickleball requires very little financial outlay to get started—paddle and balls.

The number of Poinciana pickleball players continues to grow! Players are playing every morning of the week and many evenings as well. On average, there are 12-14 players for the two courts each morning, causing people to wait. Some players began playing outside Poinciana before courts were on the property. If there are more courts in the future, we hope to have some round robins and fun events. Pickleball is easy to learn, a great way to get some exercise, allows you to meet new people and is a sport you can take up at any age and succeed. Come on out and give it a try!

March will be the last month for Monday evening **Learn to Play** classes until the fall. Greg and Pam Hilligoss have a Learn to Play class on Monday evening from 5:30 to 6:30 pm; paddles and balls are supplied. Participants should bring water—a minimum of 4 players per class and a maximum of 8 players per class are required. Please check the Poinciana Pickleball Facebook page on Monday at noon to see if there are enough registered participants for the class. You must register for class by calling (765) 914-7460. Jim Donnelly teaches a Learn to Play class on Thursday at 9 am. The number to register for this class is (561) 281-8906.

Players are encouraged to join the Poinciana Pickleball Facebook page. This page allows residents to communicate with other residents about setting play times outside of “Open Play” days and learn about upcoming events. This page is for residents only, so you do not have to worry about advertisements and spam. Feel free to post anything related to pickleball.

The Poinciana Pickleball group is fun, very social, and very inclusive. We are always looking for more players.

This will be the last Pickleball newsletter submission until the fall. If you are interested in taking over for me, contact me. (765) 914-7460.

DID YOU KNOW ...

KETCHUP HAS BEEN AROUND FOR A LONG TIME? THE NAME MOST LIKELY CAME FROM KE-CHIAP (SOMETIMES ALSO REFERRED TO AS KE-TSIAP), A PICKLED FISH SAUCE POPULAR IN CHINA. IT WAS PART OF AN ANCIENT CHINESE RECIPE TO FERMENT SEAFOOD INTO A SALTY, SAVORY SAUCE THAT PHYSICIANS BELIEVED TO BE MEDICINAL AT THE TIME.

DUPLICATE BRIDGE



When: Thursdays
Where: Clubhouse
Upstairs Card Room
Time: 12:30-3:30
PARTNERS NOT REQUIRED
Call: John DeMaria
561-642-3265

Poinciana Clubhouse



**Free
Breakfast
Croissants**

Giveaways Prizes

Tuesday, March 5, 2024

BOOK TALK EVENT



Join us on Tuesday March 5th, 2024 (10am-11am).

We will host award-winning author Al Kushner who will talking about his book **“Virtual Medicare - 10 Costly Mistakes You Can’t Afford to Make”** at the Clubhouse. We will be offering FREE Breakfast Croissants for the first 50 residents. Free Giveaways and a raffle to win a FREE signed copy of his book



FLORIDA FUN FACTS

by Thomas Leonard

THE TURN-AROUND

Are you an enthusiastic traveler who roams the world seeking adventure in distant ports of call? Did you travel across European and Asian countries in your youth carrying only a passport and a few possessions in a backpack? Were you sent to dangerous war zones while serving in the Armed Forces of our country?

Today, you have the memories of youthful experiences. You remember the Eiffel Tower and the lights along the Seine River at night. The snow is still piled high along the roads in Austria and Switzerland in the spring. Didn't you talk to the Swiss Guards in Vatican City and ask them about their five hundred-yearlong assignments while still wearing the uniform from the Renaissance Period?

Remember the quiet nights in the Mekong Delta, total darkness. There are no lights and only the sounds of the night or the days and nights of street fighting in the city of Hue, with danger everywhere. Mortar explosions, machine gun fire, the fear, and the waiting, waiting, always the waiting for an end.

I know you remember it all like it was yesterday. Good for you. We are all here now. Today, with the limitations of a senior citizen's life, many of us prefer the cruising lifestyle. An ocean cruise or a riverboat cruise provides a comfortable style of life and a wide variety of choices regarding destinations. We are fortunate to have Port Everglades and the Port of Miami with easy accessibility. A good travel agent can help you find a cruise to a destination of your interest while aboard a ship you can choose. The Viking Cruises on the European rivers offer a relaxed journey through many farm and wine country regions. Yet, any major city along the river provides a multitude of urban attractions.

On December 22nd, we boarded the Carnival ship Magic in Miami. We had not been on a boat since the pre-COVID days of 2017 and were anticipating an exciting nine-day cruise.

The ship's crew refer to a day in Miami as the Turn Around Day. The ship arrives in port at 0600am. By 0830, everyone is out of their cabins and at breakfast. At 10:30 am, all passengers departed the ship. Meanwhile, all the rooms and public areas are undergoing a complete cleaning. The boat is refueled and prepared for another trip. On the dock, forklifts are driving into Deck One of the ships with loads of supplies for the coming week at sea.

After noon, thousands of new passengers are processed in the Terminal Building, submitting their boarding passes and passports for examination. They take our photograph for a combination of ID Card and Room Key. We can use this card to purchase anything on the ship. Next, we are all directed up elevators and ramps into the Deck Three Foyer, where we are welcomed aboard and given directions to our rooms. A bit later, we take a Coast Guard-Approved Safety Drill Class. Lunch is available at several locations, including the midship pool deck, where musical entertainment has started the party atmosphere. At about 4:30 pm, the ship was pulled away from the pier and, very slowly, went to the west end of the channel and came to a dead stop. It is about 200 yards from downtown Miami and in the shadow of many tall buildings. This enormous ship, almost 400 feet long with over 4,000 passengers and crew, starts a turning rotation maneuver with the bow going counterclockwise and the stern following. In a few minutes, the 180-degree Turn Around is complete, and we now face East and look out the open channel to the ocean. Slowly, we start forward, gain some speed, go past South Beach, and enter the open ocean.

An hour later, before leaving for dinner, I look over the balcony at the dark sea. There are no other ships or lights in any direction. But looking back toward Miami, the sun has set, and the city of Miami stands alone in the darkness under the glow of its city lights.

Turn-Around Day is complete, and the ship is on a Southeast course into the Caribbean Sea. Bon Voyage.





RESTORATION SERVICES

Fully Licensed & Insured • Locally Owned & Operated

*Over 15 Years of Experience in Mitigation



**EMERGENCY
WATER
RESTORATION**

- **Water Damage**
- **Mold Remediation**
- **Fire / Smoke Damage**
- **Storm Damage**



561.541.5641

www.restoreandmorellc.com

FREE MOLD EVALUATION
DIRECT INSURANCE BILLING



WATER



MOLD



FIRE



WIND



RN Homecare Services

Holding Your Hand, Every Step of the Way.

Locally owned & operated, proudly serving Palm Beach County

Home Care Services

Referring:
Home Health Aides,
Companions, R.N.s
Live-Ins or Hourly

Geriatric Care Management

Medication Management
Development of Personal Health Record
Physician Referral & Coordination
Physician & Hospital Visits, Crisis Care



Call us for a RN Evaluation

The owner is always in

POINCIANA COMMUNITY:
Mention this ad to receive a
DISCOUNTED referral fee!



All Caregivers are Level 2 background screened

23123 State Rd 7, Suite 240
Boca Raton, FL 33428
License #30211509

*We accept all credit
cards and bill ALL
Long Term insurance
companies on your
behalf*

☎ 561-771-0050 📠 561-300-2377

🌐 www.RNhomeCareServices.com

ULTRA AIR CONDITIONING

(877) 333.0189



REPLACEMENT SYSTEMS

Other Brands Available Upon Request
2 Ton System- (14 Seer) Rheem \$4,275
2.5 Ton System- (14 Seer) Rheem \$4,575
3 Ton System- (14 Seer) Rheem \$4,875
15 & 16 Seer also available upon request
(Prices subject to change without notice)

WARRANTIES

10 years complete systems / 1 year first
co Air-handler / 1 year labor on all systems
Includes: Digital thermostat, flood safety device
disconnect box, crane lift, hurricane straps,
armaflex insulation, heater, permit fee, removal
disposal of existing system, and labor

LIC: CAC1815439



REPAIR DIAGNOSIS.....\$85
MAINTENANCE CHECK UP.....\$99

Other services available upon request
Ductwork replacement, UV Light installation,
duct cleaning, emergency water leaks
(Prices subject to change without notice)



Happy 99th Birthday Helen!

Helen Rivlin, long-time Essex resident, recently celebrated her 99th birthday. Helen's son, Ron, and many friends gathered at a party to celebrate sweet Helen.

Pictured here is Helen with one of her gifts, a "99" blanket held by her close friend, Ash, and one of her caregivers, Nerlande. Sharda took a wonderful photo.



WHAT ARE YOU DOING TO PROTECT YOUR RETIREMENT ACCOUNT?

- Is your income sufficient to maintain your lifestyle?
- Are you concerned about losing YOUR money in the market?
- Do you need more INCOME?

DID YOU KNOW THAT EVEN THOUGH YOU MAY ALREADY BE RETIRED, YOU CAN STILL IMPROVE YOUR FINANCIAL SITUATION?

What are you doing to make it better?

Call/Text Sara Finkelstein
Registered Financial Consultant
561-302-5760



Sara Finkelstein
Registered Financial Consultant
Registered Social Security Analyst
Text 561-302-5760
For monthly newsletter



Ted Suss - Notary Public
In-Person & Online Notarizations
Certified Notary Trust Deliver Agent
Notarizations of POA's, Trusts, Healthcare Directives

Licensed Florida CAM
Condo monitoring for snowbirds

847-508-9177
Ted@Prism-Notary.com
www.Prism-Notary.com

NEVER AWAY

PROPERTY MANAGEMENT

Fully Licensed, Insured & Bonded
References Available
www.NeverAwaypm.com
ken@neverawaypm.com
203.943.7550

On Poinciana property daily for easy access



- Weekly house check w/ text notification
- Pre arrival open-ups and/or cleaning
- Vehicle battery check & run
- Maintenance & repairs coordination & management
- Contractor & handyman sourcing & project management



Buy - Sell - Rent

Carlos Datena

TRUSTED REALTOR®

561.319.3189

www.AreaProperties4You.com

email: pbacarlos@yahoo.com



Let me show you how our company can meet or exceed your expectations!

As a proud Poinciana Owner/Resident I have a vested interest in our community and the value of our homes. Please contact me for a free Comparative Market Report.



Like us on
Facebook



Hablo Español



www.Dedicated.care

Name That Tune/ Luncheon



Join us for the fun at our Name That Tune Event. We're serving food and fun at our Old School Music event. Bring a friend so they can play along too!

WHERE:

Poinciana Club Hospitality Room
3530 Via Poinciana
Lake Worth, Florida 33467

DATE:

Thursday March 21, 2024

TIME:

10:00am-11:30am Food Supplied

RSVP today!
Call or Text Cynthia 561-646-7655

Promotional value is nominal. Space is limited. No obligation to enroll in a plan or to choose us as your provider.

Looking for
**HIGH QUALITY HOME
 HEALTH CARE PROVIDERS?**



561-279-5470

#1 Caregivers
 #1 Customer Service

**We refer independent Aides and
 Caregivers who can provide:**

- Alzheimer/Dementia Care
- Transferring/Bathing/ Toileting
- Personal Care/Housekeeping
- Errands, Cooking and Transportation
- Live-In/Hourly Care
- Respite
- Hospice
- Post-Rehab or Hospital Care
- Short-Term or Long-Term
- And much more!



Brad Jaffe and his grandmother

Proudly Serving
 Poinciana

Accepting
 ALL forms of
 Long-Term
 Care
 Insurance &
 Private Pay!

561-279-5470

www.floridafirstshc.com

**POINCIANA RESIDENTS: Mention this
 ad to receive a discount on our fee**

Open 24 hours per day, 7 days a week

Nurse Registry License: #30211672



YOGA AND PILATES by Shannon Alviar

Our focus on fall prevention, improving balance, agility, and our ability to get up off the floor (sounds too easy? Can you get up with NO hands?) continues in our Poinciana yoga, Pilates, and chair yoga classes. We also try to meet about once a month for lunch and to socialize. Do something good for yourself and come enjoy a fun, relaxed atmosphere, make new friends and get heart healthy exercise all in just 1 hour! Classes are only \$10 in cash per session, and discount options are available online. See instructor for details.

Chair Yoga – Appropriate for all skill and ability levels. Trouble tying your shoes? Want to improve your balance? Got chronic pain? Wrist, Neck or Low-Back Injuries? This is the class for you! If you think it will be too easy, think again. This class will definitely get your blood pumping, while still being accessible to those of us with mobility issues. Balance exercises in EVERY class!! Mondays @ 11 AM and Fridays @ 10 AM in the Community Room. *Note – Friday class is 1 hour EARLIER.

Mat Yoga – Our gentle mat yoga class includes exercises to help improve your balance, strength and flexibility so you can reach all the way down to the floor and up to the highest cupboard with greater ease. Helps reduce chronic pain! Mondays & Wednesdays at 10 AM, and Fridays at 9 AM. *Note – Friday class is 1 hour EARLIER.

Pilates – This class works everything from your neck to your knees! Our sessions will focus on core strength, balance, precision & control using a mix of light weights and other inexpensive apparatus, bodyweight exercises, and balance exercises. “In 10 sessions you'll feel the difference, in 20 you'll see the difference, and in 30 you'll have a new body.” – Joseph Pilates. Classes are held Monday & Wednesday at 9 AM, and Fridays at 8 AM. *Note – Friday class is 1 hour EARLIER.

2024 Seasonal Exercise Schedule:

Monday - 9 AM Pilates - 10 AM Yoga
11 AM Chair Yoga

Wednesday - 9 AM Pilates - 10 AM Yoga

Friday - *Note times are **1 hour EARLIER!**
8 AM Pilates - 9 AM Yoga - 10 AM Chair Yoga

All classes are \$10 in cash and held in the Poinciana Community Room.

Questions? Not sure if we are having class? Call Shannon at 832-715-0146.

Come join us! What are you waiting for? We'd LOVE to have you!



GYM NEWS

Only closed toe, rubber soled, laced shoes should be worn in the GYM.

NO SANDALS OR FLIP FLOPS PLEASE.

When using the treadmill, please attach the rope provided around your wrist. This will automatically stop the treadmill if you trip or fall.

Remember, these rules are here for your safety while using the Gym.

RETIRED?

Will You Run Out of Money?

50% Of Americans Are At Risk!

MAKE SURE IT'S NOT YOU!

Will You be **PLAYING** on the GOLF COURSE or Will You Be **WORKING** on the GOLF COURSE?

BIG DIFFERENCE!

Join us on

Thursday, March 14 at 10am

In the Terrace Room

DISCOVER Strategies That Will Protect You

**Call 561-376-2207
To Reserve Your Seat**

Here are some of the issues you will face:

- Rising Healthcare Costs
- Volatile Markets
- Underestimating Your Longevity
- Rising Inflation

Light Refreshments Will Be Served

**We Buy Pre-Owned
Costume & Vintage Jewelry**

**We Come to You
Immediate Cash Payment**

**We welcome your call for a
confidential appointment**

561-429-6898

Debra A. Weisz
Licensed Throughout Palm Beach County

**HANDYMAN
SERVICES**

*Housekeeper
Maintenance*

Free Estimates

561-632-0541

All Computer Services

Locally Owned and Operated - Since 1987
4650 Hunting Trail, Lake Worth, FL 33467

**Computer Sick ?
Call Me !**

Same Day Service on Most Calls

Computer Repair - Virus Removal - Wireless Home and Office - All Makes & Models
561-967-9625 - Scott



**Rides by Rossi
Chauffer**
(561) 253-4560

- Airport Transportation
- Commuter Rail Service
- Concerts and Sporting Events
- Medical Appointments
- Work or School
- Reliable and Trustworthy Service
- Longtime Poinciana CC Resident

ADVERTISE

**FOR MORE INFORMATION
Contact Pat Sullivan at
ESULL5309@COMCAST.NET**



www.Dedicated.care



It's a Bingo Social!

We invite our senior community to come out and have some Bingo fun with Dedicated Senior Medical Center.

WHERE:

Poinciana Club Hospitality Room
3530 Via Poinciana
Lake Worth, FL 33469

DATE:

Thursday March 28th 2024

TIME:

10:00am-11:30am Food Supplied

RSVP Today!
Cynthia 561-646-7655 Call or Text

Space is limited. Promotional value is nominal.

561-420-0280 Palm Beach
772-828-2840 St Lucie



ABI
 Absolute Best Insurance

Absolute Best Insurance is your **Local Medicare Resource Center**

We are **family-owned and operated** with over **20 years of experience**.

We have **over 50 licensed agents** that are here to serve you!

Our agents speak **English, Creole, Spanish, Portuguese, Italian & Tagalog**.

Medicare Annual Enrollment is Coming
October 15th - December 7th
(Appointments Starting on October 1st)

We Offer No-Cost, No-Obligation Plan Reviews

In-Home Appointments

Over-the-Phone or Virtual Appointments

In-Office Appointments

Contracted with most major carriers, we offer many plan options:

Medicare Advantage Plans, HMOs, and PPOs

Medicare Supplements

Stand-Alone Prescription Drug Plans

Dental Plans

Cancer Policies

Major Medical Plans

Three Locations in Palm Beach & St Lucie Counties
 Serving **all of Florida**

3080 S Jog Road, Greenacres

(Buttonwood Plaza, same as Dunkin Donuts & Ci Ci's Pizza)

7000 West Palmetto Road Suite 210-N22, Boca Raton

(Corner of Palmetto and Powerline)

1775 SW Gatlin Blvd Suite 104, Port St Lucie

(Across from Sam's Club) ***Newest Location***



J&R RESTORATION
MOLD • FLOODING • FIRE

FREE VISUAL INSPECTION
561-674-2332



WATER



FIRE



MOLD



LEAK



STORM

FLOODED?

IICRC CERTIFIED WATER DAMAGE FIRM

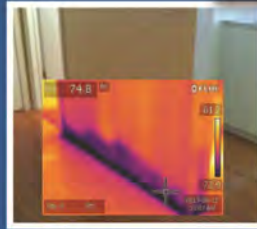
Water Damage?
Where experience counts *the most!*



Structural Drying



Water Extraction



Moisture/Leak
Detection



Roof Leaks

MOLD DAMAGE?

STATE LICENSED MOLD REM. LIC #MRSR: 1791 & MRSA: 2582

Concerned about mold?
Talk to the experts with over
10+ years of experience.



Mold Removal



Mold Testing



Toxic Black Mold
Removal

OUR CLIENTS SAY IT BEST ★★★★★

"J & R can't be beat. These guys did a perfect job, were priced reasonably and were total pros. The results were excellent."

- Gerry T.

"J & R and his team were complete professionals. From day one they were easy to communicate with and their follow up was impeccable."

- Thomas F.

"J & R Restoration is truly a company you can trust. They did a fantastic renovation to our home. Their crew consist of highly skilled and respectable professionals."

- Janice T.



CALL: 561-674-2332
24/7 EMERGENCY RESPONSE
Jnrrestoration.com



SCAN ME



GERI BRACKMAN, REALTOR RE/MAX OCEAN PROPERTIES

Certified Residential Specialist, Senior Real Estate Specialist, Certified Home Marketing Specialist, RE/MAX Hall of Fame, NAMED IN BEST REAL ESTATE AGENTS IN AMERICA- 2015-2023

REFERRED BY YOUR NEIGHBORS TIME & TIME AGAIN -35 YRS SELLING IN POINCIANA



"Acknowledging the good you already have in your life is the foundation of all abundance."

-----Eckhart Tolle

AMBASSADOR- 2/2 FURNISHED, SPARKLING,IMPACT WINDOWS,BALCONY HURR.SHUTTERS, MOVE-IN READY \$185KPND

BARCLAY-ESTATE SALE. GREAT LOCATION NEAR CLUHOUSE 2/2 GOLF/WATER VIEWS DO IT YOUR WAY\$172,500

BIRDIE – 2/2 BEAUTIFUL WATER/GOLF VIEWS UPDATED, UPSCALE KIT.,NEW AC \$235K

CARLISLE-2/2 VIEWS!FURNISHED,NEWLY PAINTED.UPDATED KITCHEN,TILED\$194,500

CARLISLE2/2-SPARKLING!POOL&GOLF VIEWS, UPDATED THROUGHOUT,MOVE-IN!\$205K

ESSEX-2/2 CORNER TOP FLR, FURNISHED \$184K

OXFORD-1/1.5- ATTRACTIVE TILED LIVING AREAS, NEWER APPLS,SLIDERS ON PATIO,WALK-IN SHOWER.MOVE-IN!\$159K

PRINCETON -PRISTINE 2/2 CORNER ,TOTAL REMODEL INCL IMPACT WINDOWS THROUGHOUT,EXTENDED LIV RM \$250K

PRINCETON-2/2 TOP FLOOR,FURNISHED, EXTENDE LIVING ROOM,UPDATED AC WATER HTR,APPLS. \$185,900 PND

POINCIANA TOWN HOME-3/2/GARAGE CORNER,UPDATED KIT,IMPACT WINDOWS,NEW PAINT SOLD 305K

MOBILE/TEXT: 561-371-9661